

NAAC ACCREDITED **GRADE 'B' COLLEGE** (CGPA 2.4)



(2018-2019)



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From Principal's Desk

Dear students

It is my proud privilege to present you the new edition of our college magazine AMBIKA. As we took a quantum jump from grade 'C' to grade 'B' with CGPA 2.4, our college has come up in the list of very few colleges in Himachal Pradesh, which are receiving RUSA grants under Equity Initiative and Infrastructure components. I congratulate entire college community for this achievement.

While acknowledging the hard work of Editorial Board in bringing out this issue of magazine in time, I congratulate the students of college for submitting the articles and making college proud by bringing laurels to college in intercollege & intervarsity activities, making this magazine wonderful compilation of college life memoir.

My good wishes are always with you.

(Alka Sharma) Principal

Photographs for "Ambika" Constitution of CSCA in the College









Activities Under RUSA Equity Initiative





Annual Prize Distribution Function











Annual Prize Distribution Function





NCC Activities in the College





Independence Day and Surgical Strike Day Celebration in the College





N.S.S. Activities in the college





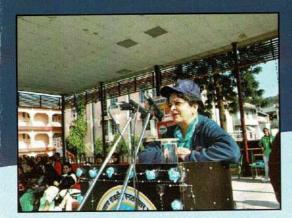








Annual Athletic Meet













Annual Athletic Meet





Principal Mrs. Alka Sharma receiving Dr. A.P.J. Abdul Kalam Award on Vidya Rattan Gold Medal on 28th August 2018 at New Delhi

SPORTS SECTION



Vishvajeet Singh BA 1st Year Gold Medal in HPU inter college Judo Championship, Gold Medal in HP State Judo Championship. Represented HPU interversity Judo championship. Represented Himachal in Junior National judo championship



Badal Chaudhary BA 1st Year Represented HPU in all India Interversity cross country championship. Won silver medal in HPU inter college atheletics championship in 5000 mts Race.



Nanhen Verma-BA 1st Year Represented HPU in all India Interversity cross country championship. Won Brownze Medal in HPU iner college athletics championship in Ten Thoushand mts Race. Best Athlete of the College



Ajay Kumar - BA 4th Semester Represented HPU in all India Interversity Cross country championship as a member of HPU cross country team



Munish Kumar Ba1st Year Represented HPU in North Zone interversity Foot ball Championship as a member of HPU Foot Ball Team.



Ms. Rama Devi B. Com. 4th semester Best Athlete among Girls

PTA OFFICE BEARERS



Prize Winners & Red Ribbon Club



AMBIKA

MAHARANA PRATAP GOVT. COLLEGE AMB UNA (H.P.)

2018-19

ENGLISH SECTION

Staff EditorAsstt. Prof. Shilpa Kochhar

Student Editor Sakshi

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As William Shakespeare has said that the world is a stage and we have to play different roles on this stage. In this way "AMBIKA" is an appropriate stage, in which I am playing the role of student Editor for English section.

It is a great pleasure for me to be appointed as the student editor of English section of our magazine "AMBIKA" College magazine is very good medium for developing the talent of writing and all the students have given an excellent response in showing their creativity and talent. I am indebted to respected Principal Smt. Alka Sharma and my teachers for giving me this opportunity.

I hope that this issue of our college magazine will give you an informative and entertaining experience. So here we present the 2018-2019 edition of our college Magazine "Ambika".

Sakshi Dadhwal
Student Editor
M.A IVth Sem.
Roll No-3101

What is Happiness?

It is a feeling of inner peace and satisfaction. It is usually experienced when there are no worries, fears or obsessing thoughts This usually happens when we do something we love to do, or when we get, win, gain ar achieve something what we value. It seems to be the out comes of positive events but it actually comes from the inside, triggered by external events.

For most people, happiness seems fleeting and temporary, because they allow external circumstances to affect it. One of the best ways to keep it, is by gaining inner peace through daily meditation. As the mind becomes more peaceful, it becomes easier to choose the happiness a habit.

Jyoti B.A. 1st year 18 EN022

The A to Z of June Success

A	is	for	Ambition.
В	is	for	Boldness.
C^{-1}	is	for	Confidence.
D	is	for	Desire.
E	is	for	Enthusiasm.
F	is	for	Focus
G	is	for	Gratitude.
$H_{\underline{a}}$	is	for	Happiness.
I	is	for	Innovation.

J	is	for	Journey.
K	is	for	Kindness.
L	is	for	Love.
M	is	for	Morality
N	is	for	Nurturing.
0	is	for	Optimism.
P	is	for	Peace of Mind.
Q	is	for	Quality.
\tilde{R}	is	for	Resilience. hoog zo to w 723 H
S	is	for	Selflessness.
T	is	for	Tenacity.
U	is	for	Uniqueness.
V	is	for	Victory.
W	is	for	Wellness.
X	is	for	Excellence
Y	is	for	Youthfulness.
Z	is	for	Zest.
The s		8	MAXA BUSHINI BALLADA Parneet Kaul

Parneet Kaur B.A. Ist Year Roll No: 18EN025

Open A Book

Open a book
And you will find,
People and places of every kind;
Open a book
And you can be,
Anything you want to be;
Open a book
And you can share.
Wondrous, world you find in there

Wondrous world you find in there

Open a book

And I will too,

You read to me,

And I'll read to you.

Ankita Sharma

B.A. 1st Year

Roll No. 18 EN011

Your Best

If you always try your best
Then you will never have to wonder
About what you could have done
If you'd summoned all your thunder
And If your best
Was not as good
As you hoped it would be.
You still could say.
"I gave today
All that I had in me".

Deeksha B.A. 1st year Roll No. 18EN004

CRICKET VERSUS EXAMS

Examination is a cricket Match. Candidate the batsman Question Paper is the bowler Examiner an Umpire Supervisor is the leg Umpire Table is the pitch Marksheet the score card Question is an over Confusing question a googly To solve the question intantly is a Sixer Distinction of course, is a century To be caught with a chit-in-hand, a run out. To give a blank answer sheet is clean-bowled To Fail is to Lose. To pass a win Re-examiantion is a follow on Still no success, on innings defeat.

Naveen Sharma B.A.-4th Sem. Roll No-17SKT005

WITH MONEY

With money you can buy food,

But not appetite.

With money you can buy bed,

But not sleep.

With money you can buy dress,

But not beauty.

With money you can buy books,

But not knowledge.

With money you can buy a good pen,

But not beautiful handwriting.

With money you can buy many things,

But not a good character.

With money you can buy a man,

But not God.

With money you can buy a house,

But not relations.

Rishav Kumar B.A. 4th Sem. Roll No. 17EO004

KNOW THE VALUE OF TIME

- * To know the value of one year'

 Ask the Student who has failed in his Exams.
- * To know the value of one month, Ask the mother who delivered a premature baby.
- * To know the value of one day,

Ask the cricket team which has lost their Match.

To know the value of one hour,

Ask the boy who has waited for his girl friend.

To know the value of one Minute,

Ask the Person who has come late for his interview.

* To know the value of one Second,

Ask the Passenger who has missed his train.

* To know the value of one millisecond, Ask the athlete who has got second Position in Olympics. So time is Extremely, Precious, Don't waste it.

> Satish Kumar B.A.-4th Sem. Roll No-PS032

QUOTES FROM MY PEN

- * "Have the courage to accept what you know, You can't do and have the guts to do what you know, you can do."
- * "Only two things have been difficult for me in the class; asking the question and answering the question."
- * "Life is full of Possibilities. If you seek for one. You will get one."
- * "One bad accident doesn't mean that you're not a good driver."
- * "I can't rule any mind but I also don't let my mind rule me."
- * "If you can express then their's no need to impress."
- * "When I win, I think my hard work paid off but when I fail, & I think luck didn't favour me."

Sachin Kumar M.A. English (IInd Sem.) 18ME003

Relationship between a Teacher and Student

Most of the students don't know the greatest and best relationship between teachers and students. The students don't understand what teacher is for students.

According to my view, the relationship between teachers and students is like a friend who try to understand our problems very well and help us to try to solve it.

Teachers can be just like a "Mother" who worries a lot about their children in their studies, sorrows, their problems etc. A teacher can be exactly like a mother who gives her all happiness, love, attention and special care towards her child.

According to my point of view, A Teacher is like a God who gives us all his blessing to be successful in each and every field.

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Ankit Kumar

MA IInd Semester

Roll No-18ME002

Competition Everywhere

Constructive or destructive struggle is the most fundamental form of social struggle. It is a natural result of the fact that all people can never satisfy all their desires. Whenever and wherever commodities which people want are available in a limited supply, there is competition.

Competition may be found even in circumstances of abundance or affluence. There is competition not only for food, shelter and other basic needs, but also for luxuries, power, name, fame, social position, mates and so on. Competition is covering almost all the areas of social living. Business people compete for customers, lawyers for clients, doctors for patients, students for ranks or distinction, athletes and sportsmen for trophies, political parties for power, young men and women for mates and so on, still no society can be said to be exclusively competitive

or cooperative.

Competition may be healthy or unhealthy. If one of two or more competitors tries to win only at the expense of others, it is destructive, Sometimes, big industrialists or capitalists resort to such a kind of competition and make the small petty businessman to become virtually bankrupt.

Monika Sharma
M.A. IInd Sem.
Roll No. 18ME004

Life at College

One of the most interesting stage in life that gives you an opportunity to explore is the College phase. Life at college is the time when the teenage years end & we all dive deep into the ocean of new beginnings & possibilities. This golden period better equips you for all the challenges you'll face in life & creates a strong foundation of knowledge.

College is a perfect blend of joy and hardships. You meet different people, you interact with them, you learn about their cultures and grow as a person. You learn how to interact with different people, how to judge their behavior, thus helping you with important life skills.

You learn to sit though a boring lecture; you try to cope up with the surprisingly strenuous syllabus & you have the opportunity to learn from some great research minds. People might try to motivate you by telling that you need to study only through your school years and chill during the college life, but that isn't true.

Another life lesson you remember is learning never ends. You find campus group or student groups where you can explore your co-curricular skills along with many other students like you, share common ideas. The life at college is the time when you can decide your career.

Priya

M.A IInd Sem.

Roll No. 18ME006

My Goals in Life

As educated, cultured persons, we all should have a goal in our lives, and only a person with a goal in life has a correct direction A person with a goal, lives purposefully, working day and night, moving inch by inch towards his goal.

Each step he takes is a step in the direction of his objective. There may be obstacles in the way, and no man, however gifted, and knowledgeable, has achieved his goal easily. The joy of victory is the joy of crossing numerous hurdles, foreseen and unforseen, and the last step towards victory is the moment of the greatest joy, for, a person, then realised how undaunted and how self confident he was, while traversing the slippery path on the way to success.

Deeksha

B.A. 1st year

Roll No, 18EN005

A Teaching Fantasy

I Teach

Ideas and wards are my business

I toss them into the air

and watch them float softly as autumn leaves.

They float around your heads,

drift in piles on your sleeves

and whisper-dance

around your ears

pond the transfer of the state of the state

Importance of Girls' Education

There was a time when people thought that it was not necesary to educate girls. But now we have begun to realize that girls education is essential. The Modern age is the age of awakening of girls. They are trying to compete with men in all spheres of life. There are many people who oppose girls 'education. They think and say that the proper sphere of girls is the home. So, they argue that the money spent on girls' education is wasted. This view is wrong because girls education can can bring about a silent resolution in the society.

Girls's education is necessary for making the homes a happy place. A man's life blossom when he is blessed with well educated women as wife and mother. Educated girls can brighten the future of their country by the good upbringing of their children. Education gives a woman freedom of thought. It broadens her outlook and makes her aware of her duties and responsibilities.

Education of rural girls is equally important. The rural girls are not getting ample opportunity for education. Education of these girls would have positive impact on both economy and society.

Many people say that girls should not go in for degrees. They are wrong, because girls have already proved their worth in all walks of life. There is no reason why girls should not get the same kind of education as men.

So I personally think that the progress of a country depends on girls' education. So, girls' education should be encouraged.

Sakshi M.A. 4th Sem. Roll No-3101

EFFECTS OF POLLUTION

The effect of Air pollution are alarming. They are known to create several respiratory and heart problems along with cancer and other threats to the body. Several millions are known to have die due to direct or indirect effects of air pollution. Children in areas exposed to air pollutants are said to commonly suffer from pneumonia and asthma. Another direct effect is the immediate alternations that the world is witnessing due to Global warming. With increased temperatures worldwide, increase in sea levels and melting of ice from colder regions and icebergs, displacement and loss of habitat have already signalled on impending disaster. Harmful gases like nitrogen oxide and sulphur oxide are released into the atmosphere during the burning of fossil fuels. When it rains, the water droplets combines with air pollutants, becomes acidic pollutants and then falls on the ground in the form of acid rain. Acid rain can cause great damage in human, animals and crops.

Pollution not only affect humans by destroying their respiratory, cardiovascular and neurological system; it also affects the nature, plants, fruits, vegetables, river, ponds, forests, animals, etc on which they are highly dependent for survival. It is crucial to control pollution as the nature, wildlife and human life are precious gifts to the mankind.

Sheetal Dadhwal

M.A. 4th Sem.

Roll No-3119

अम्बिका

महाराणा प्रताप राजकीय महाविद्यालय अम्ब, जिला ऊना (हि0 प्र0)

2018-19

हिन्दी अनुभाग

प्राध्यापक सम्पादिका कुमारी सुजाता

छात्र सम्पादिका पूजा

अनुक्रमणिका

क्रमांक	विषय	विद्यार्थी का नाम
1	सम्पादिका की कलम से	पूजा रानी
177	हिंदी भाषा	कंचन
2	एक किताब है जिंदगी	स्मृति
3	संघर्ष ही जीवन है	पूजा रानी
4	आदरणीय गुरुजन	मनजीत कौर
5	रिश्ते	अंजना कुमारी
6	फूलों सा इँसता है जीवन	कविता भाटिया
7	एक कविता हर माँ के नाम	शिवानी भारद्वाज
8	'टर' का खेल	राजरानी
9	गुरु की महिमा	शिखा
10.	बहू बेटी में अंतर क्यों ?	पूनम गोस्वामी
11	जिंदगी	शिल्पा ठाकुर
12	सत्य वचन	सुनीता देवी
13	अनमोल वचन	जुगनी
14	िपिता जी <i>andy absentlaneous by design</i>	शिवानी
15	अध्यापक राष्ट्र का निर्माण	कंचन देवी
16	'बेटी बचाओ' कन्या भ्रूण हत्या मत करो	ाममता expendent for survival. के व
17	माँ तू होती तो	and manufacture precious of the
18	हिंदी है मेरे देश की धड़कन	दीक्षित
19	मंज़िल 📗	नवीन शर्मा
20	तुम्हें प्रणाम गुरु जी	रूबिया
21	ਸ਼ੁੱਸ਼ਿਆ ਵਿੱਚ ਸ਼ੁੱ	प्रिया जिल्हा कि कि
22	जो भी है चलता जाता है	रीना देवी

14

सम्पादिका की कलम से

प्रिय साथियों.

"अम्बिका" के हिन्दी अनुभाग को आपकें सम्मुख प्रस्तुत करते हुए हमें परमानन्द अनुभूति हो रही है। "अम्बिका" विद्यार्थियों की अपनी पत्रिका है, जिसका मुख्य उद्देश्य विद्यार्थियों में संचित लेखन कला एवम् लेखन क्षमता को सजीव, प्रभावशाली बनाना है और उनमें निखार लाना है। इस पत्रिका के माध्यम से महाविद्यालय के छात्र—छात्राओं को अपने विचार प्रस्तुत करने का सुअवसर मिलता है। इस वर्ष हमारी प्रिय वार्षिक पत्रिका "अम्बिका" के हिन्दी—अनुभाग की छात्रा सम्पादिका का कार्यभार मुझे सौंपा गया है। मेरा मन बहुत आशंकित था, कि मैं कार्यभार को संभाल पाऊंगी या नहीं, किन्तु हिन्दी की प्राध्यापिका प्रो0 सुजाता तथा समस्त गुरुजनों के पूर्ण सहयोग एवम् स्नेहिल मार्गदर्शन से मेरा ये कठिन कार्य सुगमता से सम्पन्न हुआ। मैं उन सभी की हद्धय से ऋणी हूँ। अंत में, मैं उन सभी छात्र साथियों से माफी मांगना चाहती हूँ, जिनकी रचनाएँ इस वर्ष पत्रिका में स्थान प्राप्त नहीं कर पाई वे निराश न हों, हताश न हों, बल्कि अपना प्रयास जारी रखें क्योंकि प्रयास ही हमें सफलता के शीर्ष तक पहुँचाते हैं। मुझे पूर्ण आशा है कि यह सभी रचनाएँ अगले वर्ष पत्रिका में स्थान प्राप्त करेंगी। इन्हीं मंगल कामनाओं के साथ आप सब के सम्मुख हमारे महाविद्यालय की वार्षिक पत्रिका अम्बिका 2018—19 का हिन्दी—अनुभाग प्रस्तुत है।

हिन्दी भाषा

प्रकृति की पहली ध्वनि ऊँ है हमारी हिन्दी भाषा भी इसी ऊँ की देन है। देवनागरी लिपि है इसकी, देवों की कलम से उपजी बांगला, गुजराती, भोजपुरी डोगरी, पंजाबी और कई

प्रकृति की हर इक चीज़ अपने में सम्पूर्ण है हमारी हिन्दी भाषा भी अपने में सम्पूर्ण है

मन के भाव सही उभरते हैं।

हिन्दी भाषा ही तुम्हें, प्रकृति के समीप ले जाएगी, मन की शुद्धि तन की शुद्धि सहायक यह बन जाएगा।

कुछ हवा चली है ऐसी यहाँ

कहते है इस मातृभाषा को बदल डालो।

बदल सको क्या तुम अपनी माता को ?

मातृभाषा का क्यों बदलाव करो।

देवों की भाषा का क्यों तुम तिरस्कार करो।

बदल सको तो तुम अपनी सोच को बदल डालो

हर एक भाषा का तुम दिल से सम्मान करो

हिन्दी की जड़ों पर आओ हम गर्व करें।

नाम—कंचन कक्षा—बी० ए० छठा सत्र अनुक्रमाकः 16*HN*007

एक किताब है जिन्दगी

बनते बिगड़ते हालातों का
हिसाब है जिंदगी
हर रोज एक नया पन्ना जुड़ता है जिसमें
वो ही एक किताब है जिंदगी।
हर पल एक नया किस्सा,
तैयार रहता है अपना अंत पाने को,
गमों के दौर में खुशियों को
राह तकते हैं कई लोग,
तड़पते है पेड़ और पंछी पतझड़ में
जैसे बंसत पाने को।
कभी कड़ी धूप सी परेशानियाँ
जलाती रहती है दर्द की एक आग सीने में,

कभी खुशियों मैं आनंद मिलता है तो कार का प्रकार का का कि कि खुश्बू आती है पसीने में,

मजबूरियों का सिलसिला चलता रहता है सबकी राहों में, बदल देते हैं वो शख्स कायनात अपनी होती है जान होसलों की जिनकी बाहों में, छिपा कर रखती है कई राज अनजाने से कहने को वो हिसाब है जिंदगी हर रोज एक नया पन्ना जुड़ता है जिसमें वो ही एक किताब है जिंदगी।

स्मृति कक्षा-बी० ए० छठा सत्र अनुक्रंमाक 16HN013 मेजर-हिन्दी

संघर्ष ही जीवन है

संघर्ष ही जीवन है। जीवन का दूसरा नाम संघर्ष है। इस सृष्टि में छोटे से छोटे प्राणी से लेकर बड़े प्राणी तक किसी न किसी रूप में संघर्ष करते हैं, जो संघर्ष करना छोड़ दिया वह मृतपायः हो जाता है। तरह—तरह संघर्षों का सामना आए दिन हम सबको करना पड़ता है और उनसे जूझना पड़ता है जो इन संघर्षों से कतराते हैं वे जीवन में भी हार जाते हैं, जीवन भी इनका साथ नहीं देता।

सफलता तथा कामयाबी की चाह तो सभी रखते हैं, पर संघर्ष करने से कतराते हैं। हम जिन व्यक्तियों को सफलता की ऊँचाइयों पर देखते हैं, उनका भूतकाल अगर हम देखेंगे तो हमें जानने को मिलेगा कि यह सफलता जीवन के साथ संघर्ष बहुत संघर्ष करने से प्राप्त होती है। वास्तव में जब व्यक्ति अपने संघर्ष से दोस्ती कर लेता है, तो वह प्रसन्नता से उन्हें अपनाता है उत्साह के साथ चलता है और उसे कठिन से कठिन डगर को पार करने में मदद करता है। जब जीवन में एवरेस्ट जैसी मंजिल हो और उस तक पहुँचने के लिए कठिन संघर्षों का रास्ता हो, तो घवराने की बात नहीं करता, संघर्षों को अपनाने से ही मंजिल मिल जाती है।

जब हम संघर्ष करते हैं तो हमे अपने बल और सामर्थ्य का पता चलता है। संघर्ष करने से ही आगे बढ़ने का फैसला, आत्मविश्वास मिलता है और अंततः हम अपने मंजिल को हासिल कर लेते हैं।

कक्षा— बीo एo छटा सत्र अनुक्रमाक, मेजर हिन्दी 16HN024

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the state of

आदरणीय गुरुजन

जिंदगी की सच्चाईयों को समझाया आपने, ऊँचाईयों को छूना बताया आपने, हर मुश्किल वक्त में साथ निभाया आपने, खुशियों को पाना सिखाया आपने, अच्छे बुरे का फर्क बताया आपने, उंगली पकड़कर मंजिल पर चढना सिखाया आपने, इतनी उम्मीदों के दियों को जलाया आपने, और आगे हम क्या कहें,

हमें इन्सानियत के लायक बनाया आपने।

नामः मनजीत कौर कक्षा— बी० ए० छठा सत्र अनुक्रमाक, मेजर हिन्दी 16HN025

रिश्ते न वाल म पहलह मेंक प्रीक

रिश्तों को सीमाओं में नहीं बाँधा करते उन्हें झूँठी परिभाषाओं में नहीं ढाला करते।

उड़ने दो इन्हें उन्मुक्त पॅछियों की तरह बहती हुई नदी की तरह तलाश करने दो इन्हें अपनी सीमाएँ खुद ही ढूँढ लेंगे उपमाएं।

होने दो यही जो क्षण कहे । अपने कि प्रति कि प्रति

नामः अंजना कुमारी कक्षा— बी० ए० छठा सत्र अनुक्रंमाक, मेजर हिन्दी 16HN011

फूलों सा हँसता है जीवन

तीखे शूलों की डाली पर फूलों सा हँसता है जीवन कभी शीत का मृदु आतय है, कभी ग्रीष्म की दहक ज्वाला। कभी निरभ्र गगन है नीला। कभी घिरी श्यामल घन -माला। सुख-दुःख के वसन्त-पतझर में खिलता-मुरझाता है जीवन। तीखे शूलों। आज्ञा और निराशा की चल-लहरें जिसमें लहराती हैं। कभी -कभी संघर्षों के भी तूफानी दृश्य दिखा जाती है। बिरह मिलन के फूलों वाली, उस सरिता सा बहुता जीवन तीखे शूलों। कभी पिकी, सा भर मस्ती में मन विभोर होकर गाता है और कभी बुलबुल सा निशि में राय व्यथा का दुहराता है। अश्रु—हास की तिमिर—विभा की धूप दौह सा मधुपय जीवन। तीखे शूलों।

> नामः कविता भाटिया कक्षा– बी० ए० छठा सत्र अनुक्रमाक, मेजर हिन्दी 16HN020

एक कविता हर माँ के नाम

घुटनों से रेंगते—रेंगते, कब पैरों पर खड़ा हुआ। तेरी ममता की छाव में, जाने कब बड़ा हुआ। काला टीका दूध मलाई, आज भी सब कुछ वैसा है। में ही मैं हूँ हर जगह, प्यार ये तेरा कैसा है ? सीधा-साधा, भोला - भाला, में ही सबसे अच्छा हूँ। कितना भी हो जाऊँ बड़ा, माँ ! मैं आज भी तेरा बच्चा हूँ।

नाम-शिवानी भारद्वाज प्रकार कि प्रवास कि प्रकार है कि उसके कि एक है सामि प्राप्त के प्रवास कि एक छठा सत्र

<u>'टर' का खेल</u>

अगर तुम देश पर राज करना चाहते हो, तो बनिये मिनिस्टर। अगर आप लोगों की सेवा करना चाहते हैं, तो बनिये सिस्टर। अगर आज लोगों का इलाज करना चाहते हैं, तो बनिये डॉक्टर। अगर आप अपनी सेहत बनाना चाहते हैं, तो खाइए टमाटर, अगर आप देश-विदेश की खबर पहुँचाना चाहते हैं, तो बनिये न्यूज रिपोर्टर।

ई कि हारकार कि एक असल वर्ड के नाम-राजरानी कक्षा-बी० ए० छठा सत्र अनुक्रमांक-16HN017

हराहों है जिल्हा के कि कि विभिन्न शिक्ष

गुरु की महिमा

गुरु की महिमा क्या कहे, निर्मल गुरु से ही होय! बिन गुरुवर जीवन कटु-सा होय।

गुरु का ज्ञान ही इन्सान को इन्सान बनाता है। सच्चा गुरु अपने शिष्य को व्यावहारिक जीवन से रूबरू करवाता है।

गुरु वह व्यक्ति है, जो ज्ञान की गंगा बहाता है, और सच्चा गुरु अपने शिष्य को व्यावहारिक जीवन से रुबरु करवाता है।

गुरु वह व्यक्ति है, जो ज्ञान की गंगा बहाता है, और अपने शिष्य को अन्धकार से प्रकाश की ओर ले जाता है।

गुरु का ज्ञान सदा ही शिष्य के साथ होता है, उनकी ताकत ज्ञान स्वरूप शिष्य के साथ प्रतिपल छाया के रूप में रहती है।

जिसके जीवन में गुरु का आशीश नहीं, उसका जीवन एक कड़वे फल के समान होता है। जो सच्चा गुरु है, उसे आदर पाने की लालसा नहीं होती, उसके सामने अपने आप सर झुक जाते हैं।

गुरु के बिना ज्ञान नहीं,

ज्ञान के बिना कोई महान नहीं! भटक जाता है, जब इन्सान, तब गुरु ही देता है ज्ञान!

हमारी किमयों को जो बनाता है, वो गुरु है। हमें इन्सानियत जो सिखाता है, वो गुरु है। हमें जो हिर की तरह तराश दे वो गुरु है। हमारे अन्दर जो विश्वास जगा दे, वो गुरु है। जिसके पास नहीं है गुरु समझ लेना वो धनवान नहीं है।

> नाम-शिखा कक्षा-बी. ए० छठा सत्र अनुक्रमांक-16HS036

COLD TO SOME IN THE PURE TIME

बहू बेटी में अन्तर क्यों ?

बेटी बहू हिस्सा एक घर का, फिर भी जुदा किस्सा है इनका। एक पर जान, दूसरी पर इलजाम, यह किस्सा है हर घर का ! बेटी की आह पर मरते, बहू की आह पर तरसे। इन किस्सों को हो गए अरसे, काश! गुम हो जाएँ ये किस्से, हर घर के, नामुंकिंन है मिटना इनका, बेटी, बहू हिस्सा एक घर का, फिर भी जुदा किस्सा है इनका। बेटी भी है बहू किसी की, जल्लाद लगे तुम्हें सास उसी की, खुद को तो तुम देवी मानो। हंस के जलील बहू को करना जानो, बहू के मुँह पर ताने मारो, सामने हो बेटा तो गले लगा लो, यही तो है सिक्का सीधों का। बेटी, बहू हिस्सा एक घर का, फिर भी जुदा क़िस्सा है इनका। बेटी दे तो पानी भी अमृत, बहू का अमृत भी है पानी। एक दूजे घर जाने वाली तेरी हर दम यही कहानी, तू हँस के बोलेगी भी, तो भी तेरी होगी बदनामी, सास तो माँ है, तू ना बेटी, यही तो सच है इस जग भर का ! बेटी बहू हिस्सा एक घर का फिर भी जुदा किस्सा है इनका।

> नाम—पूनम गोस्वामी कक्षा—बी. ए० छठा सन्न अनुक्रमांक—16HS004

जिन्दगी

थक कर निराश हो बैठ, कभी उत्साह न खोना,
संघर्षों के लिए जिन्दगी, फिर क्या रोना।
चलना ही जब ठान लिया हो,
लक्ष्य तक पहुँचना मान लिया हो,
पथ के काँटों मे क्या करना।
बीहड़ राहां से क्या डरना।
घृणा मिले या प्यार, किन्तु साहस मत खोना,
संघर्षों के लिए जिन्दगी, फिर क्या रोना।
इतिहास गीत उसके ही गाता,
जो बाधाओं मे टकराता।
वही विश्व में पूजा जाता,
दृग जल—अर्ध्य अंत में पाता।
जीवन का उत्थान इन्हीं संघर्षों में, विश्वास मत खोना,
संघर्षों के लिए जिन्दगी, फिर क्या रोना।।



शिल्पा ठाकुर कक्षा—बी. ए. छठा सत्र अनुक्रमांक—16HS023

गीता में लिखा है की
अगर कोई इंसान बहुत हंसता है
तो अंदर से बहुत अकेला है।
रास्ते में अगर मंदिर देखो तो प्रार्थना नहीं करोगे
तो चलेगा, पर रास्ते में एम्बुलेंस मिली तो
प्रार्थना जरूर करना
शायद कोई जिन्दगी बच जाए।
जो भाग्य में है वह भाग कर आएगा।



जो नहीं है वह आकर भी भाग जाएगा। नव प्यार और नफरत दोनों ही न हो तो हर चीज़ साफ और स्पष्ट हो जाती है।

> नाम सुनीता देवी कक्षा—बी० ए० छठा सत्र अनुक्रमांक—16HS001

अनमोल वचन

शिक्षा सबसे अच्छा गुण है एक शिक्षत व्यक्ति हर जगह सम्मान पाता है शिक्षा सुन्दरता और जवानी को परास्त – बड़पन कर देती है, बड़पन वह गुण है जो पद से नहीं संस्कारों से प्राप्त होता है। परायों को अपना 'बनाना उतना मुश्किल नहीं जितना अपनों को अपना बनाए रखना। जिंदगी में जितना शांत रहोगे, अपने आप को हमेशा उतना ही मजबूत कि का आप के काम का हम का का कि कि कि कि पाओगे क्योंकि लोहा ठंडा होने पर ही

मजबूत होता है।



वार्यक है। है कि कि अर्थिक कर्म है कि अर्थिक नाम जुगनी देवी कक्षा—बी० ए.छटा सत्र अनुक्रमांक—16HN004

'पिता जी''

मेरा साहस मेरी इज्जत मेरा सम्मान है पिता। मेरी ताकत मेरी पूँजी मेरी पहचान है पिता।

घर की इक-इक ईंट में शामिल खून पसीना उनका। सारे घर की रौनक उनसे सारे घर की शान पिता।।

मेरी इज्जत, मेरी शोहरत, मेरा रूतबा, मेरा मान है पिता। मुझको हिम्मत देने वाले मेरा अभिमान है पिता।।

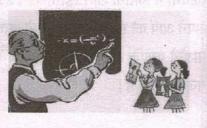
सारे रिश्तें उनके दम से सारी बातें उनसे हैं। सारे घर के दिल की धड़कन सारे घर की जान पिता। शायद रव ने देकर भेजा फल ये अच्छे कर्मों का। उसकी रहमत उसकी बेअमत उसका है वरदान पिता।।



नाम- शिवानी कक्षा- बीठ ए० चतुर्थ सत्र अनुक्रमांक-16HN029

अध्यापक राष्ट्र का निर्माण

सच्चे अर्थों में अध्यापक राष्ट्र का निर्माता है। राष्ट्र को कोई नेता या, राजनेता महान नहीं बनाता। राष्ट्र को महान बनाने में एक अध्यापक का सबसे अधिक योगदान है। अध्यापक के द्वारा जिन बच्चों को शिक्षा रूपी अमूल्य धन दिया जाता है,



उन बच्चों में से कई उच्च पदों पर आसीन होकर देश को महान बनाने में योगदान देते हैं। ये बच्चे नव राष्ट्र का निर्माण करते हैं। अध्यापक चाहे किसी छोटे से गांव के छोटे स्कूल में शिक्षा प्रदान करता हो या किसी बड़े शहर के बड़े विद्यालय में। अध्यापक—अध्यापक ही होता है। अध्यापक बच्चों में देशभक्ति की भावनायें भरता है। जनसङ्घ्या कि कार्यापक

किसी भी देश के प्रति प्रेम की भावना पैदा होने के पीछे अध्यापक का हाथ होता है यदि आप और अन्य कोई व्यक्ति यह सोचता है कि अध्यापक के द्वारा सभी को शिक्षा दी जाती है तो सभी महान क्यों नहीं बन गए होते इसके पीछे एक मात्र कारण मैं यह समझती हूँ कि जो छात्र अध्यापक के गुणों को न ग्रहण करके अवगुण की ओर ध्यान देता है। वह जीवन में कभी भी उन्नित नहीं कर पाता। मेरे विचार से वह देश जो अध्यापक का सम्मान नहीं करता वह कितना भी विकसित क्यों नहीं अपने देश के नागरिकों के अंतिम विकास की बागडोर में पिछड़ा हुआ देश है।

गुरूबह्मा, गुरूविष्णु, गुरूदैवोमहेश्वरः

गुरू साक्षात् परंबह्य तस्मैं श्री गुरवेनमः।

कंचन देवी बी० ए० चतुर्थसत्र अनुक्रमांक—16HN039

बेटी-बचाओ। कन्या भूण हत्या मत करो:-

☐ संसार का हर प्राणी जीना चाहता है और किसी भी प्राणी का जीवन लेने का अधिकार किसी को नहीं है। अन्य प्राणियों की तो छोड़ो आज तो बेटियों की जिन्दगी कोख में ही छीनी जा रही है। "यत्र नार्यस्तु पूज्यन्ते रम्न्ते तत्र देवता" अर्थात् जहां नारियों की पूजा की जाती है वहां देवता निवास करते हैं। ऐसा शास्त्रों में भी लिखा है। किन्तु बेटियों की दिनों—दिन संख्या कम होती रही। संख्या हमारे दोहरे चरित्र को उजागर करती है।

□ जीवन की हर समस्या के लिए देवी की अराधना करने वाला भारतीय समाज कन्या जन्म को अभिशाप मानता है और इस संकीर्ण मानसिकता की उपज हुई है—दहेज रूपी दानव से। अगर कुछ उचित है तो वह दहेज रूपी दानव का जड़मूल से खात्मा। एक दानव के डर से दूसरा दानविक कार्य करूणा एक जघन्य अपराध है। नारी बिना सृष्टि सम्भव नहीं है ऐसे में बढ़ते लिंगानुपात की बजह से वह दिन दूर नहीं है जब 100 लड़कों पर एक लड़की होगी और वंश वेल को तरसती आंखें कभी भी तृप्त नहीं हो पाएगी।

- 🛘 ''बेटी है तो कल है।'' 🖽 🖼 का अध्यान अध्यान है। 🖽 🖼 🖼 🖽 🖽 🖽 🖽
- 🛮 बेटी है कुदरत का उपहार, जीने का इसको दो अधिकार।" 🖼 🖟 🖼 🖽 🏗 🕮
- 🛘 ''बेटी को मरवाओंगे तो दुल्हन हो। के विश्व विश्व के प्रश्निक है। कहां से लाओगे"। है असी कि अने उन्हां के क्याइयह की है अवसे
- 🛘 ''मां चाहिए, पत्नी चाहिए, बहन हेटी बचाओ, चाहिए फिर बेटी क्यों नहीं चाहिए"। 🛘 बहुत सरल है पेट में करना मुझ 🔻 👪 📆 🚾 बचाओं! पर वार, हिम्मत है तो ऐ मां मुझको पैदा करके मार।"



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ाष्ट्र होती तो''।

नींद बहुत आती है पढ़ते-पढ़ते:- वा अधि कि विकार मधिक प्रकार करा है कि जान करा है कि जान है कि जान है कि माँ होती तो देती, एक प्याली चाय बना दो।

थक गयी जली रोटी खा खा कर। माँ होती तो कह देती परांठे बना दे।।

भीग गयी आंसुओं से आँखे मेरी, अनुस्तान अन्य कालान करने का काला करने का समाना है। माँ होती तो कह देती आँचल दे दे।।

मीम करने के के में के के में के में किए किए किए किए में किए में किए में के किए किए किए किए किए किए किए किए किए रोज़ वहीं कोशिश खुश रहने की। माँ होती तो मुस्कुरा लेती।।

देर रात हो जाती है घर पहुँचते—पहुँचते। कि कि कि कि कि कि कि कि माँ होती तो वक्त से घर लौट जाती।

ंसुना है कई दिनों से वो भी नहीं मुस्कराई। ये मजबूरियाँ न होती तो घर चली जाती।

बहुत दूर निकल आयी हूँ घर से अपने, तो तेरे सपनों की परवाह न होती तो बस चली आती।

नामः आरती / कक्षा प्राप्त के कि प्राप्त के कि ए० चतुर्थ सत्र विकास के कि ए० चतुर्थ सत्र विकास के कि ए० चतुर्थ सत्र

हिन्दी है मेरे देश की घड़कन

हमारा आभिमान है हिन्दी कन्छ के किन्दी ।

जब एक बच्चा जन्म लेता है तो वह माँ के पेट से ही बोली सीखकर नहीं आता। उसे भाषा का पहला ज्ञान अपने माता—पिता द्वारा बोले गए प्यार भरे शब्दों से ही होता है। भारत में अधिकतर बच्चे सर्वप्रथम हिन्दी में ही अपनी माँ के प्यार भरे बोलों को सुनते हैं हिन्दी हिन्दुस्तान की भाषा है। यह भाषा है हमारे सम्मान, स्वाभिमान और गर्व की। हिन्दी ने हमें विश्व में एक नई पहचान दिलाई है।

'राष्ट्रभाषा के बिना राष्ट्र गूंगा है'' यह कथन राष्ट्रपिता महात्मा गांधी का है। जिस हिन्दी को संविधान में सिर्फ राजभाषा का दर्जा प्राप्त है उसे कभी गांधी जी ने खुद राष्ट्रभाषा बनाने की बात कही थी। 1909 में प्रकाशित अपनी पुस्तक 'हिंद—स्वराज' में गांधी जी ने लिखा कि 'हर पढ़े लिखे हिन्दुस्तानी को अपनी भाषा का, हिंदु को संस्कृत का मुस्लमान को अरबी का, पारसी को परिशियन का और सबको हिन्दी का ज्ञान होना चाहिए। गांधी जी का विचार था कि 'अंग्रेजों ने नहीं बल्कि अंग्रेजी जानने वाले भारतीयों ने भारत को गुलाम बनाया।'' कांग्रेस का सारा कामकाज पहले अंग्रेजी में होता था जिसे गांधी जी के आगमन के पश्चात् हिन्दी में किया जाने लगा। लेकिन आज़ादी के पश्चात् न गांधी जी रहे न उनका सपना। सत्ता में बैठे और भाषा—जाति के नाम पर राजनीति करने वालों से हिन्दी को राष्ट्रभाषा नहीं बनने दिया।

आधुनिक हिन्दी साहित्य के जनक भारतेन्दु हरिश्चन्द्र ने राष्ट्रभाषा के महत्व को रेखाकिंत करते हुए लिखा—

'निज भाषा उन्नति अहै, सब उन्नति को मूल। बिनु निज भाषा ज्ञान के, मिटत न हिय को सूल।।

क्यों घटता जा रहा है हिंदी का महत्त्व:-

14 सितंबर, 1949 को भारतीय संविधान सभा ने देवनागरी लिपि में लिखी गई हिन्दी भाषा को अखण्ड भारत की प्रशासनिक भाषा के ओहदे से नवाजा था। यही वजह है कि हर वर्ष 14 सितंबर को हिंदी दिवस के रूप में मनाया जाता है। लेकिन आज देश की यही राजभाषा स्वयं अपने अस्तित्व की तलाश कर रही है। अंग्रेजीं के प्रचार प्रसार ने मानों हिंदी से उसका अधिकार छीन लिया है। अंग्रेजीं माध्यम में शिक्षा देने वाली संस्थाओं की संख्या लगातार बढ़ती जा रही है और यह तर्क दिया जाता है कि भूमण्डलीकरण के दौर में अंग्रेजीं में शिक्षा आवश्यक है तो यह तर्क खोखला है। भाषा को सीखना और भाषा को शिक्षा का माध्यम बनाना अलग—अलग बातें हैं। यदि एक क्षण के लिए मान भी लिया जाए तो भी इस विदेशी भाषा को ढोना कहाँ तक उचित है क्योंकि दूसरे की माँ उससे अधिक सुन्दर दिखाई पड़ती है।

कहने को तो लोग हिंदी को अपनी मातृभाषा कहते हैं लेकिन युवा, जिन्हें हम देश का भविष्य कहकर भारी—भरकम जिम्मेदारी सौंप देते हैं, खुद हिंदी के महत्त्व को नकारता जा रहा है। उनके लिए हिंदी में बोलना अपने स्टेटस को कम करने जैसा है। यूं तो हिंदी दिवस के उपलक्ष्य में लगभग सभी स्कूल, कॉलेजों में कोई न कोई आयोजन किया जाता है, जिनमें भागीदारी निभाने वालों की संख्या नग्ण्य होती है।, पर जब बोलचाल और पढ़ाई की बात आती है तो उनकी प्राथमिकता अंग्रेजीं को ही जाती है।

उपरोक्त सभी बातें जहां हिन्दी को गौरवपूर्ण इतिहास पर प्रकाश डालती है वहीं हिन्दी की बर्बादी के मुख्य कारणों को भी समान रूप से उभारती हैं। लेकिन ऐसा नहीं है कि हिन्दी को राष्ट्रभाषा का दर्जा मिल ही नहीं सकता। जानकार मानते हैं कि अगर आज भी पूरा हिन्दुस्तान एक होकर हिन्दी को राष्ट्रभाषा बनाने के लिए राजी हो जाए तो संविधान में उसे यह स्थान मिल सकता है। तो चलिए आज एक लहर की शुरूआत करें अपनी मातृभाषा को राष्ट्रभाषा बनाने के लिए। जय हिन्द, जय हिंदी।

दीक्षित अपने विकास के किया कि किया कि किया के किया के किया कि ए० चतुर्थ समैस्टर अपने विकास के मेजर हिन्दी, अनुक्रमांक—17HN001

मंजिल



आज बादलों ने फिर साजिश की जहां मेरा घर था वहीं बारिश की

अगर फलक को जिद है बिजलियां गिराने की

तो हमें भी जिद है वहीं पर आशियां बसाने की अभी तो असली मंजिल पाना बाकी है अभी तो इरादों का इम्तिहान बाकी है अभी तो तोली है मुड़ी भर जमीन अभी तो तोलना आसमान बाकी है अभी तो सफर का इरादा किया है ना हारूगां हौसला उम्र भर ये मैंने किसी से नहीं खुद में वादा किया है जिंदगी में कभी उदास न होता कभी किसी बात पर निराश न होता ये जिंदगी एक संघर्ष है चलती ही रहेगी कभी अपने जीने का अंदाज न खोना अगर सीखना है दिए से तो जलना नहीं, मुस्कराना सीखो अगर सीखना है सूर्य से तो डूबना नहीं उठना सीखो अगर पहुँचना हो शिखर पर तो राह पर

चलना नहीं राह का निर्माण सीखो निगाहों में मंजिल थी गिरे और गिरकर संभलते रहे हवाओं ने बहुत कोशिश की मगर चिराग आंधियों में भी जलते रहे कोशिश के बावजूद हो जाती है कभी हार होके निराश मत बैठना ऐ यार बढते रहना आगे हो जैसा भी मौसम पा लेती मंजिल चींटी भी..... गिर-गिर कर कई बार परिंदो को मंजिल मिलेगी यकीनन ये फैले हुए उनके पंख बोलते हैं। अक्सर वो लोग खामोश रहते हैं जमाने में जिनके हुनर बोलते हैं। मंजिल लाख कठिन आए गुजर जाँऊगा सामने हो मंजिल तो रास्ते न मोडना जो भी मन में हो वो सपना मत तोडना हवाओं से कह दो अपनी औकात में रहे हम पंखो से नहीं हौसलों से उडते हैं नजर को बदलो तो नजारे बदल जाते हैं सोच को बदलो तो सितारे बदल जाते हैं कशतियाँ बदलने की जरूरत नहीं दिशा को बदलो किनारे खुद व खुद बदल जाते हैं पानी में तस्वीर बना सकते हो तुम कलम को शमशेर बना सकते हो तुम

कायर हैं जो तकदीर पे रोते हैं जैसी चाहो वैसी तकदीर बना सकते हो तुम मंजिल उन्हीं को मिलती है जिनके सपनों में जान होती है पंखों से कुछ नहीं होता हौसलों मे उड़ान होती है मिल ही जाएगी मंजिल भटकते भटकते गुमराह तो वो है जो घर से निकले ही नहीं मुश्किलों से भाग जाना आसान होता है हर पहलू जिंदगी का इम्तिहान होता है डरने वालों को मिलता नहीं कुछ जिंदगी में लडने वालो के कदमों में जहान होता है अपनी जमीन अपना आसमान पैदा कर मांगने से जिंदगी कब मिल जाए ऐ दोस्त खुद ही अपना इतिहास पैदा कर असफलता एक चुनौती है इसे स्वीकार करो क्या कमी रह गई देखो और सुधार करो कुछ किए बिना ही जय-जयकार नहीं होती कोशिश करने वालों की कभी हार नहीं होती बुझी शमां भी जल सकती है तूफान से कश्ती भी निकल सकती है होके मायूस यूं ना अपने इरादे बदल

तेरी किरमत कभी भी बदल सकती है गम के अंधेरों में खुद को बेकरार ना कर सुबह जरूर आएगा सुबह का इंतजार कर अपने मन पर काबू कीजिए और बदलो अपनी जिंदगी तो क्योंकि यह समय फिर नहीं आएगा इसलिए जो करना चाहते हो करो जो बनना चाहते हो बनो और याद रखें। Stop Thinking Start Working

नाम-नवीन शर्मा कक्षा-बी० ए० चतुर्थ सत्र मेजर संस्कृत, अनुक्रमांक-17SKT005

तुम्हे प्रणाम गुरु जी

सुखी डाली को हरियाली बेजान को जीवनदान दिया।

> काले अंधियारे जीवन को सौ सूरज से धनवान किया।

परोपकार, भाईचारा, मानवता, हमको सिखलाई सच्चाई की है दी मिसाल, सहानुभूति क्या दिखलाई।



नाम— रूविया कक्षा— बी० ए० चतुर्थ सत्र मेजर हिन्दी, अनुक्रमांक—17*HN*028

माँ

घुटनों से रंगते—रंगते, कब पैरों पर खडा हुआ। तेरी ममता की छाओं में, जाने कब बडा हुआ। काला टिका दूध मलाई। आज भी सब कुछ वैसा है मैं ही, मैं हूँ हर जगह, प्यार ये तेरा कैसा है ? सीधा—साधा, भोला—भाला, मैं ही सब में अच्छा हूँ। कितना भी हो जाऊ बड़ा, माँ मैं आज भी तेरा बच्चा हूँ।



नाम—प्रिया कक्षा—बी० ए० छठा सत्र अनुक्रमांक—16*Hi*V045

जो भी है चलता जाता है

क्यों पीट रहा सर उस चौखट पर, जिसे समय की सीमा लांघ गई। रूकना है रूक पर याद रहे, ठहरेगा कोई साथ नहीं। जिस राह निकलकर गया समय, वो राह कहां दोहराता है। जो आज है वो कल क्या होगा, ये वही समय बतलाता है। क्यां कहूं कि उडता वो पंछी, बस तिनका लेकर जाता है। उन्नति का कारोबार सदा, सपनों के दम पर चलता है। बीज लगे जैसा दिल पर, फल बैसा लगता जाता है। जो भी है चलता जाता है जो भी है चलता जाता है। क्या सूना कभी वो विश्व कहीं, न ध्वस्त हुआ या बना नहीं। सागर थामें ये पर्वत भी, क्या कभी जगह से हिला नहीं। निर्माण नाश स्तंम्भ टिकी, परिवर्तन की अपनी गाथा है। कभी रूका नहीं.....ना रूक सकता, जो भी है चलता जाता है। जो आज है वो कल क्या होगा, ये वही समय बतलाता है। जो भी है चलता जाता है। जो भी है चलता जाता है।



नाम-रीना देवी कक्षा-बी० ए० छठा सत्र अनुक्रमांक-16*HN*015

AMBIKA

MAHARANA PRATAP GOVT. COLLEGE AMB UNA (H.P.)

Luch Live of chemical and magazine declared is a live in the second

2018-19

SCIENCE SECTION

Staff Editor

Rekha Sharma Deptt. of Physics **Student Editor**

Priya Sharma VIth Semester

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It's a matter of immense pleasure that college is bringing out its Annual college magazine "Ambika". I am extremely happy to perceive the gratifying achievements of the college since its inception under the able and dynamic leadership of the head of the institution. A college magazine is a mirror reflecting health of the institution.

Each issue of our college magazine 'Ambika' is a milestone that marks its growth, unfolds its accomplishments and gives life to creativities and positive approach of young minds.

I congratulate and thank all for their sincere efforts in bringing out the articles for the "science section".

Rekha Sharma
Staff Editor
Physics Deptt.

Life Message from Subjects

Physics:-

By dynamic in thoughts
Have static mind
Be sound in character
Then you will be like
Magnet everywhere.

Chemistry:-

Purity your ideas
filters your emotions
React against evil
A great person

Mathematics:

Add your friend
Subtract your enemies
Multiply your Sorrow
Then you will be the happiest person.

Raveena B.Sc. (Math) 6th Sem.

Role of Green Tea in memory Improvement

Your love for green tea many help improve memory as well as insulin resistance in the brain caused by a high fat and high-fructose diet, researches say. A Study, involving mice, showed that green tea contains and ingredient known as EGCG [epigallacatechin-3-gallate], the most abundant catechin and biologically active component. This component has the potential to alleviate insulin resistance-a precursor to type. In diabetes is induced by obesity as well of improve age-related cognitive decline, accompanied by peripheral inflamation. Green tea is the second most consumed beverage in the world after water, and is grown in at least 30 countries.

Pooja Devi B.Sc. 1st year

Best Diet for Students

A healthy diet is essential during examinations. A diet containing Vitamin B and iron is very necessary fo a sharp brain.

Breakfast is the most important meal as it will keep you re-charged.

Vitamin B and Iron:-

Make Sure your diet includes Vitamin B and iron in ample quantity Foods like pulses, spinach, soybean, wheat, and eggs are high on vitamin B and iron content.

Fruits:- Instead of popping pills for vitamins and iron supplements, start eating fruits which are high on nutritional value.

Eat at regular intervals:-

While you study rigorously for hour, you start feeling 10w on energy.

Eatless:-

You don't want to fall asleep during your study sessions. So, in order to avoid that situation eat in less quantity.

Do not skip vegetables:

Never skip eating green vegetables you can add broccoli, spinach and beetroot to your diet.

Have liquid diet: Drink lots of Juices green tea, and glucose drinks to stay fit all day long.

Raveena

B.Sc. (Math) 6th Sem.

16MA012

FULL LIST OF HORMONES

Epinephrine

Epinephrine Name

EPI Shoot name -

adrenal gland Glonds -

Adrenal medulla/ Tyrosine Cells -

Receptor - adrenergic receptor

Target Tissue - nearly all tissues

Effect - blood pressure, glycogenolysis, lipolysis, etc.

Calcitonin

Name - calcitonin

Short name - CT

Gland thyroid gland

Cells - parotollicular cell

Effects- CT receptor - CAMP construct

bone reduce blood Ca+2

Thyroxine

Name : Thyroxine

Short name - T4

Glands - Thyroid gland

Cells - Thyroid Follicular cell 1 Tyrosine

Receptor - thyroid hormone receptor

Target Tissue -

Effect - Similar effect on T3 but much

weaker. Converted to T3 in target cells.

Triodothyronine

Name Triodothyronine

Short name - T3

Glands - peripheral tissue of thyroid gland
Cells - Thyroid Follicular cell 1 Tyrosine

Receptor - thyroid hormone receptor
Target Tissue - nearly every cell in the body

Effect - increased metabolism.

Name: Kritika Rehal

Class-B.Sc. (1st year)

Roll No: 18CH094

Role of Internet In the Modern Era

The modern era has been now extremely advanced and basic reason for this development is actually the launch of Internet and its applicants which have provided the individuals with the earliest routine in their daily lives.

The modern era has made even the most tiring and physically demanding works on the finger tips. For example the shopping which is indeed a very complicated affair, can be easily done on the internet in the modern times, via e-commerce.

The internet has changed the face of lives of people, turning them completely into modern & latest lifestyle with its developments. Today instead of newspapers, the people use the internet to access the e-news which provides with not only the newspapers. completely but also the various different news channels from all over the world. Even like telecast of the news from the news channels can be accessed through Internet.

The modern developments through Internet have also increased the opportunities for business. The need to advertise the products of companies are no more a Major problem as the companies can develop their own web sites and information regarding products.

There are also some open opportunities of making the money through the Internet.

Internet is indeed a major advertisement in the modern era, enabling the common people to sit at home & rule the world.

Some Inspirational Sentences by Great personalities.

- 1. "Take Risks in your life"

 If you win, you can lead!

 If you loose, you can Guide:- Swami Vivekananda
- 2. Don't take rest after you 1st
 Victory, because if you fail in second,
 more lips are wating to say that
 your first victory was just luck. APJ Abdul Kalam
- 3. "The best way to predict the future is too create it-Abraham Lincoln

- 4. "Bad times have a scientific value These are occeasiosn a good learner would not miss Ralph Waldo Emerson
- 5. "The Important thing is to never stop

and obistically dependent

questioning - Albert Einstein

Archit Thakur Roll No. 021

(B.Sc. IVth Sem. Physic major)

GLOBAL CARBON-DIOXIDE EMISSIONS

Global carbon-dioxide emissions are expected to hit a record high in 2018. This is despite urgent calls for countries to cut back. Those calls have come from climate scientists international groups such as the United Nations - and kids and teens. Worldwide, fossil fuel use is projected to pump 2.7 percent more CO_2 into the air this year than in 2017. Last year such emissions totaled some 9.9 billion metric tons igigatons).

Carbond dioxide (or CO₂):- A colourless, orderless gas produced by all animals when the oxygen they inhale reacts with the carbon - rich foods that they've eaten. Carbon dioxide also is released when organic matter burns (including fossil fuels like oil or gas). Carbon dioxide acts as a greenhouse gas, trapping heat in Earths atmosphere. Plants convert carbon dioxide into oxygen during photosynthesis, the process they use to make their own food.

Name: Kritika Rehal Class: 18CH094 [1st year]

Save water

Water is a resource that must be saved. Human need water to drink and cook their food with. Water is needed for agriculture. We need water to maintain personal hygiene and to keep our homes and surroundings clean. Many industrial processes

to need water. Water is therefore an essential requirement for all life forms on planet earth. Water is not an unlimited resource. If water is wasted, it is lost. Usable water in seas and oceans is not usable due to its salinity. Polluting water bodies should be avoided as all life forms depend on water to live. Domestic and industrial wastes should not be let into water bodies. If humans pollute water and thus waste it the environment is harmed and all life forms are threatened. We must use water judicially. If there are leaking taps and pipes they should be repaired so that the leakage is stopped. Drinking water should not be wasted in gardens, as recycled water can be used for the purpose. Similarly we should not use excessive amounts of water for cleaning our homes and surroundings. Water is therefore an important resource that must be saved and wastage of water must be avoided.

Shivani B.Sc. (4th Sem) Majot Maths

[Mental Health: A big problem to tackle]

Mental health is an integral and essential component of health. The WHO constitution states: "Health is a state of complete physical, mental and social well being and not merely the absence of disease".

Mental health is a state of well being in which an individual realize his or her own abilities, can cope with normal stresses of life, can work productively and is able to make contribution to his or her community. Multiple Social, Psychological and biological factors determine level of mental health of person. For example, violence and persistent socio-economic pressure are recognized risk to mental health. Poor mental health is also associated with sexual violence, stressful work condition, gender discrimination, social exclusion, unhealthy lifestyle, physical ill-health and human right violations.

A Environment that respects and protects basic civil, political, socio-economic and cultural rights is fundamental to mental health. Without security and freedom, it is difficult to maintain high level of mental health. There are specific way to promote mental health include.

- Support to children by providing protection from threats
- Socio-economic empowerment of women
- Social support for elderly population.
- Description Program targeted at vulnerable people, including minorities indigenous people, migrants and people affected by conflict & disasters.
- Yoga, meditation in school and work places.
- Poverty reduction and social protection for poor.

Depression can be treated with psychological treatment, antidepressant medicine. The mental health Gap Action Programme (mhGAP) has produced evidence based guidance for non-specialist to enable them to better identify and manage range of priority mental health condition.

Manmohan Sharma B.Sc. VI Sem.

VALUES OF A SCIENTIST'S LIFE

- → See Failure as a beginning, not an End.
- → Never Stop Learning.
- → Assume nothing, Question everything.
- → Teach others what you know.
- → Analyze objectiely.
- → Practise Humility.
- → Respect constructive criticism.
- → Give credit where it's due.
- → Take initiative.
- → Ask the though Questions early.
- → Love what you do, or leave.

Disha

B.Sc. 6th Sem [Chem]

Roll No: 16CH016

Why is there lighting then thunder?

Thunderstorm are the most common type of storm. They happen when warm, damp air rises and them forms clouds as it cools. Thunderclouds are huge and black, and they stretch very high into the sky. The currents of air inside the cloud cause heavy rain, thunder and lightning.

Lightning is really a giant electronic, spark, which is after several kilometers long. Thunder is the noise made when the lightning causes the air to heat up and expand suddenly. When the explodes we hear the sound we call thunder.

A lighting flash, and the clap of thunder that comes from it, happens at the same time. We see the lightning first and hear the thunder later because light travels very quickly and we see it almost immediately. Sound travels much slowly and so takes longer to reach our ears. It is lightning is several kilometers away this may take a number of seconds.

Priya Sharma B.Sc. 6th Sem.

Weather Resistant Ice Cream

Scientist in Japan have come up with a "cool" solution to stop ice cream from melting before you have had time to finish it. Ice cream starts melting just a moment after it is scooped from a container and placed into a bowl or on a cone Because of this people have taken to eating it quickly. Now, researchers from Kanazana University in Japan claim to have found a way to maintain the shape of Ice cream by increasing its melting point. The product can last three hours at room temperature with hardly any melting 'The Times' reported. The researchers tested the ice cream with a hairdryer, blowng hot air it fox five minutes and it retained its shape. Scientist have adapted the ice cream by injecting it with polyphenal liquid extracted from strawberies. "Polyphenol" liquid has properties to make it difficult for water and oil to separate. Therefore, an ice cream containing this liquid will be able to retain the original shape for longer then usual and be hard to melt. The weather resistant ice cream comes in different flavours including chocolate, vanilla and strawberry.

Pooja Devi B.Sc.- 1st year 18CH030

Spoken Worlds Can't Be Retrieved

A farmer insulated his neighbour. Realizing his mistake, he went to the preacher to ask for forgiveness. The preacher told him to take a bag of feathers and drop them in the center of town. The farmer did he was told. Then the preacher asked him to go and collect the feathers and put them back in the bag. The farmer tried but couldn't as the feather had all blown away. When he returned with the empty bug, the preacher said.

"The same thing is true about your words. You dropped them rather easily but you cannot retrieve them, so be very careful in choosing your words."

Thanks

Nice Little Stories

1) That's Faith

Once, all villagers decided to pray for rain, on the day of prayer all the people gathered but only one child came with an umbrella..... That's Faith.>>>

2) That's Trust

When you throw a child in the air they laughs because they knows you will catch later..... That's trust.>>>

3) That's Hope

Every night we go to bed. Without any assurance of being alive the next morning but still we set the alarms to wake up..... that's hope.>>>

4) That's Confidence

We plan big thing for tomorrow in spite of zero knowledge of the future or having any certainty of uncertainty.... That's confidence.>>>

Thanks

Anju Rattan

Roll No: 16CM006

Class: B.Com-6th Sem.

AMBIKA

MAHARANA PRATAP GOVT. COLLEGE AMB UNA (H.P.)

2018-19

Planning Forum

Staff Editor

Rekha Gupta
Department of Commerce

Student Editor

Niraj Kumar B.Com. 6th Commerce Roll No: 16CM056

Sr. No.	Title	Name
1.	Life	Karishma
2.	Why No a girl	Neha Thakur
3.	जीवन क्या है	Neha Thakur
4.	The Power and Role of mass media	Kirti Sharma
5.	वक्त है विदाई का	Anju Rattan
6.	हरिवंश राय वच्चन की कलम से	Anju Rattan
7.	LGBT Community	Shubham
8.	Maa's Love	Sakshi
9.	Eve Teasing	Aarushi
10.	Dowry System in India	Raveena
11.	Winners V/s Losers	Anju Rattan
12.	Your Emotions	Anju Rattan
13.	Life in Struggle	Anju Rattan

Student Editor Niraj Kumar B.Com. 6th Commerc Poll No: 16CM056

Department of Commerce

Staff Editor

Life

Life is an opportunity, benefit from it life is beauty, admire it Life is a dream, realize it Life is a challange, meet it life is a duty, complete it life is a game, play it Life is a promise, fulfill it Life is Sorrow, overcome it Life is a song, Sing it Life is a Struggle, accept it Life is a tragedy, confront it Life is an adventure, dare it Life is luck, make it Life is too precious, do not destory it Life is life, fight for it

From Karishma B.Com 1st year 18cm 066

ARTICLE 19W04 of T WHY NOT A GIRL

People pray for a boy, Not for a girl, They want a man, Not a woman, which was transfer to be a subject to the second of the sec

But and that so to to A suppression with a cook above tooks For Education They go to Goddess Saraswati of all around the world. In democratic committee like For money, They go to Goddess Lakshmi For Courage, is and welled "sempowers segment booked emire and almost traditional They go to Goddess Durga, Santaga Lawa Array and Managament and Santaga Lawa Carlo then-in Why do they hesitate to have a Devi the family?

Name: Neha Thakur Roll No-17CM008 B.com-4th Sem.

जीवन क्या है।

यह एक सुहाना सफर है,
जहां सबके पास उड़ने के लिए पर हैं,
उड़ते पछी की प्यास है ये,
पुराने लम्हों की मिठास है ये,
है यह बहती नदी की तरह
जो आती जाती पुनः पुनः
चलती जाती है निरन्तर
मिल जाती है सागर में वहकर
यह हम सबकी सोच है
जिसकी सीमा नहीं है
यह ऊँचे पर्वत की चोटी है
गहरे पानी का मोती हैं।

नाम-नेहा ठाकुर बी० काँम, चतुर्थ समैस्टर अनुक्रमांक-1788008

The Power and role of mass media

The Impertance of the media, both written and electronic, cannot be overemphasized. In the modern world of quick communication and information, media plays a very crucial role. The print media today has undergone vast expansion. There are hundred of newspapers and magazines, giving information about events along with suggestions. Not to be left behind are the radio and television. While we are sitting in our drawing room at home. We can get information of all around the world, In democratic countries like India, mass media not only provide information but also influence public opinion. "George Bernard Show once said that it should be a crime to read a single newspaper". Today this applies to both the print and the electronic media if we wish to get balanced information.

Kirti Sharma B.Com 1st year Roll No. 18CM060

वक्त है विदाई का....

वक्त है विदाई का विदा हो रही हूँ, जुदा होते–होते तुमसे जुदा हो रही हूँ।

> दुआ मेरी रब से मिले दोस्त तुमसे ऐसी दोस्ती पर में फिदा हो रही हूँ। विदा लेते लेते तुमसे जुदा हो रही हूँ......

सोचा ना हमने कि ये वक्त ऐसा आएगा, मिले हुए दोस्तों को जुदा कर जाएगा। भूला न सकूँगी वो सारी बातें इस दोस्ती की वो सितारों सी यादें। ऐसी दोस्ती को मैं जबाँ हो रही हूँ, बिदा लेते—2 तुमसे जुदा हो रही हूँ...

कैसे समझाऊं मैं तुम्हें मेरी बातों से दिल का क्या हाल हुआ पूछो मेरी साँसों सेः

इस दिल को कैसे मैं बदल रही हूँ विदा लेते—2 तुमसे विदा ले रही हूँ I......

बुल्लेशाह के चंद शब्द दोस्ती के नाम।

उसदे नाल यारी कदी न रखियो,
जिसनू अपने ते गुरूर होवे।

माँ बाप नू बुरा न आखियो,
चाहे लाख उना दा कसूर होवे।
राह चलदे नू दिल न देइयो,
चाहे लख चेहरे ते नूर होवे।
ओ बुलेया दोस्ती सिर्फ उथे करियो,
जिथे दोस्ती निभावन दा दस्तूर होवे.....।

अंजू रतन रोल नं0 16*CM*006 बी0 कॉम छठा सत्र

हरिवंश राय बच्चन की कलम से.....

"रब" ने नबाजा हमें जिंदगी देकरः और हम "शौहरत" मांगते रह गए, जिंदगी गुजार दी शोहरत के पीछे, फिर जीने की "मौहलत" मांगते रह गए।।।

ये "कफ़न ये "जनाजे", ये "कब्र" सिर्फ बातें हैं मेरे दोस्त,,, वरना मर तो ईसान तभी जाता है जब याद करने वाला काई न हो.........!!!

ये संमदर भी तेरी तरह खुदगर्जं निकला, जिंदा थे तो तैरने न दिया और मर गए तो डूबने न दिया....।।।

क्या बात करें इस दुनिया की, "हर शख्स के अपने अफसाने हैं,, जो सामने हैं उसे लोग बुरा कहते है।, जिसको देखा नहीं उसे सब ''खुदा'' कहते हैं......।।।।

नफरतों का असर देखों, जानवरों का बटबारा हो गया, गाय हिन्दू हो गएं, और बकरा मुसलमान हो गया, मंदिरों में हिन्दू दिखें, मस्जिदों में मुसलमान, शाम को जब मयखाने गया, तब जाकर दिखें इसान.... [1]

> अंजू रतन रोल नं0 16*CM*006 बी0 कॉम छठा सत्र

Your Emotions

Why are people moody? This happens because they have no control over their emotions. The first step in our life is to learn how to control our emotions. After a session in general, people would say that they got peace of mind, happiness and goodness. This happens but these are mere formal truths. We need to focus on how to overcome our emotions and passions by practice.

Physical stress can be removed with simple practice. And also practice makes a man perfect. We should develop the right perspective to overcome tension. Three paths have been enumerated for attaining liberation. Only one path is leading towards emancipation. It has three

constituents:-

Right perspective, right knowledge and right conduct.

Tension occurs in the absence of right knowledge. By adding right knowledge, our perspective would leave no scope for tension. And you can enjoy a stress free life......**

LGBT [Section 377] COMMUNITY

LGBT stands for Gay, Lesbian, bisexual or transgender. In India, this community (LGBT) is fighting for there right's for long time. In India, sexual activity between people of the same gender is legal but same-sex

couples cannot legally marry or obtain civil partnership.

They fight for their rights and get a green signal when the supreme court of India, decriminalised homosexuality by declaring section 377 of the Indian Penal code. Section 377 is used to criminalize sexual activities "against the order of nature". But on 6th Sept. 2018, the Supreme Court of India ruled that the application of Sec 377 is natural or homosexual sex between adults is not crime or irrational or unconstitutional.

Shubham B.Com 4th Sememester 17CM081

Maa's Love

Aankh Kholu toh Chehra Meri maa ka ho, Aankh band ho to Sapna meri maa ka ho, Mai mar bhi jan toh koyi gum nahi, par kaffan mile to dupatta meri maa ka ho.

> Sakshi B.Com IV Sem 17CM024

Article

Eve Teasing

Our society is suffering from many Evils at this moment. One of the warst Evil is the Evil of Eve Teasing. Now eve teasing is one of the main threats for India because it is destroying the social balance. Eve teasing is a Euphemism used for sexual harassment, street harasement or molestation of women by men, with Eve being a reference to the biblical Eve. It usually involves young men annoying girls or women by making Sexual harassement in public places. School and college gates are the wayward of young men of disturbing girls or woemn. A fewed stare, a sly whistle, a well timed clap, a seemingly casual touch,, cheap gesture and many more acts which makes a woman uncomfortable includes in it. I don't think it would be wrong to say that eve teasing has become on inseparable part of every girl's life. Every man needs to be aware of 'how to treat a woman' Eve teasing in India has to do with woman empowerment and girl education. The traditional mindset often blames the eve teasing incidents on women that they provoke male by wearing Scanty clothes. This is actually a lame excuse. Even if female wear modern dresses if it doesn't give men licence to harass women. The answer lies in changing the mindset and incalculating

morals and values in our education system.

Real Problem is that girls are hesitant to inform their parents about an incident like this, because of social pressure. How ironical! I feel that parents should chat with their daughter and ask them to be bold when faced by such an issue and they should also advice their sons to not ever indulge in such cheap acts. Victims can make an Eve teaser sweat by raising a huge and cry immediately. The public should rushed to the step did of the victims girls and a more concrete step would be that of publishing photos of eve teasers in newspaper along with details of their unclean act. Stern follows up by police would help a lot.

I agree that Everyone has a pile of work to attend to, but they have to spare a few moments to take note of these aberrations in society and reprimands the Eve teasers sternly. This collective public behaviour will go a long way in curbing the menace of eve teasing.

Written by: Name:- Arushi Class-B.Com 1st year Roll No:18CM087

Dowry System in India

Dowry system is increasing day by day in our country. Dowery means the gifts given by brides family to the bridegroom's family. Bride's family gives the gifts like beds, Almirah, fridge, T.V etc. so that their daughters can live life with her husband happily. Rich people can afford to give all these things but poor people can't afford. In India the Dowry System is at high level. In news daily the bride burning cases are seen. Due to this, people don't want any female baby in they family sex ratio is also decline. This system has spread the roots in all the states It is a big concerned for all of us. We all have to aware about this problem and government should take a big step to eradicate this menance from our society.

"Any young man, who asks for dowry, not only discredits his education but also dishonors the respect of his wife and country".

Raveena 18CM065 B.Com-1st year

*Winner V/S Losers....

The Winner is always a part of answer, The Loser is always a part of problem.

The Winner always has a plan,

The Loser always has an excuse.

The Winner says, "Let met do it for you".

The winner sees an answer in any problem.

The Loser says, "That's not my job".

The loser sees an problem in every answer.

The Winner sees green near every sand trap,

The Loser sees sand trap near every green. The Winner says, "It may be difficult but it is possible",

The Loser says, "It may be possible but it is difficult."

Be a Winner Guys.....>>>

Life is Struggle

Oh Struggle, Oh Struggle, You're my best friend With your help I'll change the trend The trend of tear The trend of fears I'm lucky, God is good', you've been with me since childhood In the darkness, you give the light Tell me, with strom how to fight These are the hurdles. I find But you're with me, So I don't mind I'll hit the target, for you always offer a rope of hope Life is Struggle, all must bear in mind.....

Something Special Heart is a special word for friendship, Friendship is a special word for care, Care is a special word for all of you,

and all of you are special for me.....

Anju Rattan Roll No: 16CM006 B.Com 6th Sem.

AMBIKA

MAHARANA PRATAP GOVT. COLLEGE AMB UNA (H.P.)

2018-19

Computer Section

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Computer Application

B.C.A 6th Semester

How Google Controls Average Person?

You may be wondering and thinking: "How can this be?" The truth may strike you like lighting! Google knows each and everything about you. Google knows your address, the person you talk to the most, the place you visit often, the types of books you read, the types of brands you purchase, the types of sites you browse.

You must be wondering. "How"?!"

Well, do you remember having filled in all the persoanl details while signing up for Google Mail or any other application such as Youtube, Google Maps, Play store, Google Drive, Google Photos etc. belonging to Google?

Google knows each and everything about you. So, you see how Google controls an, average man or woman's life. All the advertisement that pop up when you are browsing, Google is behind them. The Sale promotional emails you receive; Google is behind them. Google always knows your exact presence location. Google knows when you do bank transactions and the phone bill payment schedule. It knows how much traffic you will encounter while travelling to a place.

Name: Megha Sharma, Roll No: 102

Class: BCA 6th Sem.

Good Conduct Always

Our present education system imparts the bookish knowledge and an education that confines itself to impart knowledge is no education. Such an education has produced a vast population able to read but unable to distinguish what is worth reading. Obviously education is not only learning from books memorising some fact, just to pass exam examinations. Take a degree get a job and settle down, but also learning to be able to listen to the birds, to look at the sky, to see the beauty of a tree and to feel directly in touch

with them. Besides we should be able to understand the people who are living an earth, so that use come to know the realities of a human life. All these facts shape our conduct. Our conduct emanates our chapter which leave indelible imprints of our "being" in the minds of people around us. Today, man does not care what's happening to his neighbours so long as he is perfectly safe. He is running a muck after money leaving his good conduct for behind, forgetting only good conduct would make him the richest "being" on earth.

You are living in the era of globulisation you have to learn differently in order to make yourself a complete prasonality. So, if you now begin to think to observe, to learn not only from books, but also learn for your self by watching, listening to every-thing that is happening around you, you will grow up to be a different human being.

Your every thought, word and deed, will help you in developing your personality which will be tested at every step of your career, and most of all at the time of your selection at the interview.

And good conduct does not mean, imitating others with politeness, nor does it mean to wish your elders with folded hands. It is something that originates in your heart for the benefits of the society at large. The quality of person's life is indirect proportion to his good conduct regardless to his choosen field of endeavour. It is an integral part of a good value system. Remember good conduct always pays.

Name: Priya Sharma, Roll No. 115 Class: BCA 6th Sem,

Importance of Computer in the Modern Society

One of the best things about the computer is the fact that it can help use to save so much of manual power, cost, and time. By the use of a Computer, tasks can be done automatically and that will lead to saving the countless hours that may otherwise have been spent on doing the job manually.

Computer also ensure more accuracy. Examples of such cases include ticket booking, payment of bills, insurance and shopping. Interestingly automatic operations of vehicles like train also help to ensure further safety and reliability of the journey. It is also wonderful to see that the invention of this unbelievable machine has brought a ray of hope in the darkness of the sick citizen world. Computers are very capable of bringing allow a medical revaluation where in health sectors. Computers are very capable of bringing along a research regarding blood groups medical histories etc and helping to improve medicines in a big way. The knowledge that computer are providing in this field may lead to better use and purchage of medicianal drugs and ensure better health. This also leads to a better diagonosing pattern and makes health care faster and more efficiently.

Name: Nasreen, Roll No-105

Class-BCA VIth Sem.

Computer Subject

Computer is the subject where all is well/
But everything in it is just some hell/
C is a subject full of doubt/
which makes our mind upside down/
The teacher gives us awful looks/
when we stare her like foods / Excel spreadsheet is easy in theory / But in practicals it makes me feel sorry,/
The teacher gives us homework and say do it now /
But its out of mind so I say how/
This poem connects to the teacher who look it now /
And the computer who makes me feed oh wow //

Power of Words

Words are pale shadows of forgotten names. As names have power.

Words have power words can light fires in the minds of men. Words can bring tears from the hardest hearts. Language is among one of the most powerful tools. When used incorrectly, words slice like a knife "The pen is mightier than sword", is a famous phrase swords can never conquer the mind and heart of people and cannot build long lasting empires. However writers have proven to be more powerful than warriors. The strong ideas of various great writers are credited for destroying dictatorship in many parts of world. The words of them has encouraged the youth to fight against injustice. Human being is superior to animals, not because of his physical strength, but due to its ability to think differently it is not the sword, but the words which on the vehicle of thoughts. Writings can evoke different emotions as love, hatred, sympathy etc. we live and breathe words. Everything in life is writ able about, if you have the outgoing guts to do it, and the imagination to improvise. The worst enemy of creativity is self doubt. We write to taste life twice.

Chahat (Roll No-104) BCA 6th Sem.

माता पिता और बच्चे

माता—पिता और बच्चों में बहुत ही सुंदर रिशता होता है। अपने बचपन में बच्चे के मुँह से निकला पहला शब्द माँ होता है। बच्चा पहील बार अपने पिता की उंगली पकड़ कर ही चलना सीखता है। बचपन से लेकर चलने तक, चलने से लेकर खाने—पीने तक न जाने अपनी होश में आने तक बच्चा कितनी ही गलतियां करता है। पर इस पूरे संसार में माता—पिता ही ऐसे शक्स होते हैं, जो सब गलतियाँ देखते हुए भी या सब कुछ सहन करते हैं। यह संसार का एक ऐसा रिशता होता है, जिसमें कोई स्वार्थ नहीं होता। इस रिशते में प्यार, गुस्सा या कड़वाहट आ जाती है आखिर क्यों ? ऐसा इसलिए है, क्योंिक कभी हम एक दूसरे को समझ नहीं पाते, पर यह एक ऐसा रिशता भी है जहाँ कड़वाहट भी वस कुछ समय की ही होती है। लेकिन इस कड़वाहट से रिशता टूट नहीं जाता। बच्चे माँ—बाप के लिए कितने ही बड़े क्यों न हो जाए पर उनके लिए हमेशा बच्चे ही रहते हैं।

कई बार रिश्ते में इतनी कड़वाहट होती है, कि ऐसा लगता है, कि दूर होना ही ठीक है, पर ऐसा भी नहीं है कि रिशता पास रहकर ही निभाया जा सके या बोल के ही अपने प्यार को जताया जाए। मुझे नहीं लगता भारत को छोड़ के कोई ऐसा देश है, जहाँ बोल के प्यार जताया जा सके। इस रिशते में न कुछ बोल के, न कुछ समझाने की जरूरत होती है। कुछ माँ-बाप बच्चों को गुस्सा करते हैं, लेकिन उस गुस्से में भी कहीं न कहीं प्यार या फिक्र छुपी होती है। कभी बच्चों, की तरफ से भी अपने माता-पिता के लिए कुछ गलत निकल जाता है, पर माता-पिता की तरह ही बच्चों के मन में उनके लिए प्यार ही होता है, बस बात समझने की है। बच्चे या माता-पिता कभी बोल के व्यक्त नहीं करते कि वो एक दूसरे से कितना व्यार या चिंता करते हैं। इसलिए आखिर में बस सबसे निवेदेन है, कि कभी इस संसार के सबसे सुंदर रिशते को टूट के विखरने न दें। एक दूसरे को समझें, हमेशा प्यार वनाएं रखें। 🚟 अन्ति अवध्यक्षका अन्य braz 150 वनाव वातिवास

Name: Shradha Sharma, Roll No:117

Inglander of Class: BCA 6th Sem.

Computer Jokes

- Q: What did the spider do on the computer. The sead and seed and s
- A: Made a web site! Is ald allow well should make enough the title of extract the
- Q: What did the computer do at lunch time?
- A: Had a byte! next l neve use not next that of enoughee mor no series
- Q: What does a baby computer call his father?
- A: Data!
- Q: Why did the comuter keep sneezing?
- A: It had a virus!
- Q: What is a computer virus?
- A: A terminal illness! but sometime admyllaction at accomplise all knowledge
- Q: Why was the computer cold? A: It left it's windows open!
- Q: Why did the computer squeak?
- A: Because someone stepped on it's mouse!

Q: What do you get when cross a computer and a life guard?

A: A screen saver!

Q: What do you get when you cross a computer with an elephant?

A: Lets of memory!

"An Article on Mobile Phone"

The mobile phone first appeared in India sometime in the nineties. It was a bulky box quite similar to the land lines we still use today. It had an equally big antenna and was heavy and cumbersome to carry. That was just the beginning. Very soon they were all over the place. With the alarming speed at which they shrunk in size, these pocket sized wonders, sure packed a punch. Mobile phone can send text messages, they can send and receive video messages and they have a host of facilities that somehow make the "talk or the move function seem redundant.

In India almost everyone, everywhere, seems to have one. The vegetables vendor, students, the office goers, almost everybody irrespective of economic status has a cell phone.

Thanks to the cell phone everybody is available almost all of the time. Through your cell you can go online & check your E-mail. You can play games on your cell phone to kill time. You can even listen to music on the cell. Both their other hands holding on to their individual cells talking to other people.

Name: Sarita Sharma, Roll No: 157

Class: BCA 6th Sem

Artificial Intelligence

Artificial Intelligence is basically the science and technology of making intelligent machines, especially computer programs. AI is in simple terms machines and computers learning, thinking and doing what human intelligence does.

Researchers are creating systems and programs that could mimic human thoughts and try doing things that human could do. The AI is a combination

of computer science, physiology and philosophy.

There are two major methods and approaches that are being used in Artificial Intelligence are the bottom up and top-down methods. The bottom-up theorists believe that the best way to achieve the AI is by building electronic replicas similar to the human brains complex network of neurons, whereas the tap-down theorists believe in mimicking the human brain's behaviour with computer programs.

The Artificial Intelligence research is highly technical and specialized.

AI is something which impacts our everyday life. This can lead mankind to a life of ease like never known before when lot of what they had to perform is done to perfection with the help of AI aided robots or machines.

Yes, there are benefits of AI that we are yet to see that for outweighs there assumed dangers.

There was a time called the beginning when God created man in his image and likeness. But man running independent of God is capable of act & deeds that more the purpose for which man was created. We see the impact of that in the environment as well as in senseless destruction through wars and man's greed.

Likewise AI created by man to have the complex ability to thing and act like human beings can act in destructive mode if something goes wrong. Robots can someday gain enough intelligence to challenge the might of man. Though it might be in the future, we might lose out sleep on it this very night.

Name-Megha Sharma, Roll No-102

eanied moment and the never bins eacouring estibility and its Class-BCA 6th Sem.

Farmers Suicides in India

Farmers committing suicide can be a truly embarrassing situation for any society. The issues compelling the farmers to commit suicide are required to be paid attention immediately, as the farmers toil tirelessly to produce grain for us without which we can't survive. In recent times the statistics have defected an alarming rate of the incidents of farmers communication suicide in India which has become a matter of gave concern. The students are

required to properly understand the reasons why the farmers are taking such drastic steps like committing suicide. They are also required to delve deeply into this matter of grave concern to reach a solution.

Name: Surekha, Roll No: 144
Class: BCA 6th Sem.

a disid manual and ambhaning a Mobile Phone

Mobile means a thing which we can carry any where. Today we can see that caraze for mobile phone increasing day by day. Because we can carry it every where very easily and it helps us very much in this busy life. It is just a small computer.

But as we know every important things have too aspects and its merils and demerit. First of all I will discuss about its merits. All people know that mobile phones are necessary for them.

We can talk by mobile phone anywhere. It can also solve our problem. It is the source of our intertainment. Mobile has many function like calculator, videos, audio, radio etc, though we can get knowledge. Now I shall want to discuss about its demerits. It is not very good for our health.

Because it generates radiations which cause heart problems. Even it can also brust while driving some people use there phones which is very bad.

Craze of phone also increasing among our youths. Student also using the mobile phone. They should concentrate on their studies. Some students are using the mobile phone is wrong way and spoiling their lives.

So, I can give the message that student should not use mobile in wrong way. But they can use it for studies purpose and even all the human beings should use mobile phone in limited way.

Name: Anjali Sharma, Roll No: 103

Class: BCA 6th Sem.

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MAHARANA PRATAP GOVT. COLLEGE AMB UNA (H.P.)

2018-19

Sanskrit Section

Staff Editor

Dr. Seema Sharma Department of Sanskrit Student Editor Shallu अनुक्रमणिका सम्पादकीयं :- शाल

कमांक	विषय	विद्यार्थी का नाम
1	साध्वी शकुन्तला	दीपिका
2.	जावनस्य उद्देश्यः	शिवानी
3.	शिक्षा प्रदश्लोकः	शगुन डोगरा
4.	सुभाषितानि	काजल
5.	श्लोकाः	कंचन शर्मा
6.	सुक्तिस्तवकः	आंचल
7. 8.	श्लोकाः	इन्दु वाला
9.	ज्ञानप्रदः श्लोकाः	मीना
10.	वृक्षाः	शकीन
11.	बलंस्वकीयं भवति साधनं	रीमा
12.	शिक्षायाः उद्देश्यं हासिकाः	नवीन शर्मा
13.	अतिथि देवो भव	नवीन शर्मा
14.	विद्यावान सुखं	शिल्पा चौधरी मनवी देवी

सम्पादकीय

मूकं करोति वाचालं पड्गुलड्धयते गिरिम्। यत् कृपा तमहं वन्दे परमानन्दं माधवम्।।

प्रिय पाठकगणः

यद्यपि जीवने सवैंः कियाकलापैः सदैव प्रसन्नतायाः अनुभूति कर्तु न शक्नुवन्ति, परन्तु कियाकलापैः बिना जीवनं प्रसन्नं सुखयुक्तं च न भवति। तदर्थमेव मानवः स्वजीवने प्रसन्नतां हर्षं आन्नदं च प्राप्तुं स्वरूच्यानुसारेण अनेकानि कर्माणि करोति। सः किमपि कार्यरम्भात् पूर्व तत सफलतायै कामनां करोति। एवच्च ईश्वर कृप्या एवं एतत् सर्व सम्भवति। यथा अद्यतनस्य बीजे भावि पुष्पं निहितमस्ति। तत् बीजमेव भविष्ये पुष्परूपे विकसितं भूत्वा समस्त विश्वं स्वगुण सुगन्धिना सुवासितं करोति। तथैव अस्याम् पत्रिकया माध्यमेन समाजस्य भाविलेखकाः कवयः च स्वसडकंलितान् विचारन् समाजस्य समक्षे प्रस्तुत्य पाठकानां जीवनं प्रकाशियतुं कामयन्ते।

अस्याः पत्रिकायाः प्रकाशनं अस्माकं कृते अतिहर्षस्य विषयोअस्ति पत्रिकायाः प्रकाशनं प्राचार्यामहोदयायाः समस्त गुरूजनानां छात्राणां सहयोगेन एवं सम्भवोऽभवत्। प्राचार्याः महोदयायाः देववाणीं प्रति अनन्य स्नेहे वर्तते। ताः संस्कृत विभागस्य प्रकाशनार्थं संस्कृतविषयस्य प्रकाशन सामाग्री संकलनाय समये — समये मार्गदर्शनं कृतवती। तत्प्रेरणाभिः एतत् कार्यं सरलतया सम्पादितम्। अतः तस्याः अहम आभारं व्यक्तं करोमि। आशामहे इयं पत्रिका पाठकानां प्रंसशायाः माजनं मविष्यति। इति श्मम।

सम्पादिका शालू 16 SKT 015

साध्वी शकुन्तला

सरसिजमनुविद्धशैवलेनापि रम्यं। सरसिजमनुविद्धशैवलेनापि रम्य।
मिलनमपि हिमाशोर्लक्ष्म लक्ष्मीं तनोति।। इयमधिक मनोज्ञा वल्कलेनापि तन्वी। किमिव हि मधुराणां मण्डनं नाकृनीनाम्।।

विकास क्षेत्र के जिल्लाक की कि किस में किस वल्कल से आवृत शकुन्तला शैवालावृत कमल की तरह तथा चिन्हआवृत सुधांशु की तरह शोभा दे रही है। यह तन्वी वल्कल में भी सुन्दर लग रही है। सुन्दर रूप में क्या चीज आभूषण नही बन जाती है।

अधरः किसलय रागः कोमलविटपानुकारिणी बाहू। कुसुमिव लोभनीयं यौवनमङ्गेषु सन्नद्धमं।।

शकुन्तला के अधर नए पत्तों के तुल्य लाल हैं। दोनों भुजाएं कोमल शाखाओं के समान हैं। उसके अंगों में फूल की तरह मनोहर यौवन व्याप्त मन्त्रका पश्चिमात्राः प्रकारमञ्जूषाम् अस्ति अस्ति ।

शोच्चया च प्रियदर्शना च मदनिक्लष्टेयमालक्ष्यते। पत्राणामिव शोषणेन मर्रुता स्पष्टा लता माध्वी।। अर्थ क्रिया विवास समान

यह शकुन्तला पत्तों को सुखाने वाली हवा से छुई हुई माध्वी लता के तुल्य शोभनीय दिखाई दे रही है। अनुभाव माजानपुर है। उन्हों है। ाल करोवि अस्तरामा इस पांत्रका माककामा प्रभवादा भारत

> षष्टं सत्र 16 SKT003

TO PLANTING WILL

16 SKT 015

जीवनस्य उपदेशः

> सरलार्थ :- मैं ही सब प्राणियों के हृदय में अन्तर्यामी रूप से स्थित हूँ तथा मुझसे ही स्मृति, ज्ञान और अपोहन होता है और सब वेदों द्वारा मैं ही जानने योग्य हूँ तथा वेदान्त का कर्ता और वेदों को जानने बाला भी मैं ही हूँ।

2. द्वाविमौ पुरूषौ लोके क्षरः अक्षरः च एवं। क्षरः सर्वाणि भूतानि कूटस्थो अक्षर उच्यते।।

सरलार्थ :— इस संसार में नाशवान् और अविनाशी भी ये दो प्रकार के पुरूष हैं। इनमें सम्पूर्ण भूतप्राणियों के शरीर तो नाशवान् जीवात्मा अविनाशी कही जाती है।।

3. स्वे स्वे कर्मण्यभिरतः संसिधिं लभते नरः। स्वकर्मनिरतः सिद्विं यथा विन्दति त्वछृणु।।

सरलार्थः— अपने स्वभाविक कर्मों में तत्परता से लगा हुआ मनुष्य भगवत प्राप्ति रूप परम सिद्धि को प्राप्त हो जाता है।

> शिवानी षष्ठं सत्र 16 SKT003

शिक्षाप्रद श्लोकाः

विषया विनिवर्तन्ते निराहारस्य देहिनः।
 रसवर्ज रसोऽप्यस्य परं दृष्टा निवर्तते।।

सरलार्थ:— इन्द्रियों के द्वारा विषयों को ग्रहण न करने वाले पुरूष के भी केवल विषय तो निवृत हो जाते हैं, परन्तु उनमें रहने वाली आसक्ति निवृत्त नहीं होती। इस स्थित प्रज्ञ पुरूष की आसक्ति भी परमात्मा् का साक्षात्कार करके निवृत्त हो जाती है।

- 2. नियतं कुरू कर्म त्वं कर्म ज्यायो द्वाकर्मणः। शरीरयात्रापि च ते न प्रसिद्धयदेकर्मेणः।। सरलार्थः— तू शस्त्र विहित कर्त्तव्ये कर्म कर क्योंकि कर्म न करने की अपेक्षा कर्म करना श्रेष्ठ है। कर्म न करने से तेरा शरीर निर्वाह भी सिद्धभी न होगा।
 - 3. प्रकृतेर्गुणसम्मूढाः सज्जन्ते गुणकर्मसु । तानकृतस्नविदो मंदान्कृतस्नविन्न विचालयेत् ।।

सरलार्थः— प्रकृति के गुणों से अत्यन्त मोहित हुए मनुष्य गुणों में और कर्मों मे आसक्त रहते हैं। उन्हें पूर्णतया न समझने वाले मन्दबुद्धि अज्ञानियों को पूर्णतया जानने वाला ज्ञानी विचलित न करे।

> शगुन डोगरा बी०ए० चतुर्थ सत्र 17 SKT 007

सुभाषितानि

दीपो यथान्योऽपि तमांसि हन्तिलवेऽपि।
 रोगान हरते सुधायाः। तृणं दहत्याशु
 कणोऽपि चाग्नेः धर्मस्य लेशेऽप्यमलः तथांद्य।।

सरलार्थ:— दिया छोटा हो तो भी अंधकार दूर करता है, अमृत की एकाध बूंद रोगों का निवारण करती है, अग्नि का तिनका घास को जला देता है। वैसे ही लेशमात्र धर्म भी पाप को जला देता है।

वनेऽपि सिंहा गजमांसमिक्षणोबुभुक्षिता नैव तृण चरन्ति।
 एवं कुलीन व्यसनाभिभूतान नीच कर्माणि समाचरन्ति।।

सरलार्थ:— जगंल में हाथी का मांस खाने वाला शेर, कितना भी भूखा होने के बावजूद जैसे तृण नही खाता, वैसे ही कुलीन मनुष्य, संकटों से घिरा होकर भी नीच कर्म कभी नही करता।।

> काजल बी०ए० चतुर्थ सत्र 17 SKT 014

श्लोकाः

 यततो ह्यपि कौन्तेय पुरूषस्य विपश्चितः । इन्द्रियाणि प्रमाथीनि हरन्ति प्रसमं मनः । ।

> सरलार्थ:— हे अर्जुन। आसिक्त का नाश न होने के कारण यह चंचल स्वभाव वाली इन्द्रियां यत्न करते हुए बुद्धिमान् पुरूष के मन को भी बलात् हर लेती हैं।

यजन्ते सात्विका देवान्नराक्षांसि राजसाः।
 प्रेतान्भूतानां श्रचान्थे यजन्ते तमसा जनाः।।

सरलार्थ:— सात्विक पुरूष देवों को पूजते हैं। राजस पुरूष यक्ष और राक्षसों को तथा अन्य तो तामस मनुष्य हैं, वे प्रेत और मूतगणों को पूजते हैं।

कंचन शर्मा रोल0 न0 17 ECO 011 बी.ए. षष्टं सत्र

सुवितस्तवकः कहावतों का गुच्छा

 बलादिप ग्रहीतव्यं युक्तमुक्तं मनीिषिभिः। रवेरिवषयो किं न प्रदीपस्य प्रकाशनम्।।

> बुद्धिमानों द्वारा कहा गया है कि उचित बात बच्चे से भी ग्रहण करनी चाहिए। जैसे सूर्य के न रहने पर दीपक की भी सार्थकता है।

 प्रियवाक्य – प्रदानेन सर्वे तुष्यन्ति मानवाः। तस्मात् प्रियं ही वक्तव्यं वचने का दरिद्रता।। प्रिय वचन बोलने से सभी संतुष्ट हो जाते हैं। इसलिए प्रिय वचन ही बोलने चाहिए। बोलने में कैसी कंजूसी।।

3. गच्छन् पिपीलको याति योजनानां शतान्यपि। अगच्छन् वैनतेयो5पि पदमेकं न गच्छति।।

> चलती हुई नर चींटीं सैंकडों योजन दूरी पार कर लेती है परन्तु न चलता हुआ गरूड एक कदम भी नहीं चल पाता है। असत् मा सद्भाष

। एक्सिटीकिंग् आंचल षष्टं सत्र 16 PS 024

ते निर्गुण प्राप्य भवन्ति दोषाः। सुस्वादुतोयाः प्रभवन्ति नद्यः समुद्रमासाद्य भवन्त्यापयाः ।। कामा ३०। हा । कामाना कि के लिख है

गुण- गुणी मनुष्यों को पाकर ही गुण रहतें हैं, वे गुण ही गणहीन मनुष्यों को पाकर ही दोष बन जातें हैं। नदियों स्वादिष्ट जल वाली होकर ही निकलती हैं, वे नदियों ही समुद्र में मिलकर न पीने योग्य जल वाली बन जाती हैं कि विशापना शिकाणां उक किए हैं के प्राप्त कि है गाँउ विशा

साहित्यसंगीतकलाविहीनः साक्षात्पशुः पुच्छविषाणहीनः। तृणं न खादन्निप जीवमानः तद्भागधेयं परमं पशूनाम्।।

साहित्य, संगीत या अन्य प्रकार की कला को न जानने वाला मनुष्य साक्षात् पशु होता है। वह पूंछ और सींग से रहित, घास न खाता हुआ भी जीवित रहता है। उस मनुष्य का यह घास न खाना पशुओं का परम

इन्दु वाला स्नातक पंचम सत्र 16 SKT 008

ज्ञानप्रदः श्लोकाः

असतो मा सद्गमय। तमसो मा ज्योतिर्गमय।। मृत्योर्माऽमृतंगमय।।

हे। ईश्वर मुझे बुराई से अच्छाई की और ले चलो । अन्धकार से मुझे प्रकाश की ओर ले चलो । मृत्यु से मुझे अमृतत्व की तरफ ले चलो ।

यत् स्वप्ने अन्नमश्नामि न प्रातरिधगम्यते । सर्व तदस्तु मे शिवं न हि तद् दृश्यते दिवा।।

मैं स्वप्न में जो अन्न खाता हूं । वह प्रातःकाल प्राप्त नहीं होता है। वह सब मेरे लिए कलयाणकारी हो, वह दिन में दिखाई भी नहीं पडता है।

सर्वस्तरतु दुर्गाणि सर्वो भद्राणि पश्यतं। सर्वकामानवाप्नोतु सर्वः सर्वत्र नन्दतु।

सभी लोग दुःखों को पार करें, सभी कल्याणकारी घारणाओं को देखें । सभी लोग कामनाओं को प्राप्त करें। सब लोग सब जगह प्रसन्न रहें।

मीना वी**0ए0** षष्ठं सत्र 16 PS **05**5

वृक्षाः विकास भिन्न विकास विकास

1. वने वने निवसन्तो वृक्षः। वनं वनं रचयन्ति वृक्षाः।। सरलार्थ:— वृक्ष प्रत्येक वन में रहने वाले हैं । वृक्ष ही वन—वन की रचना करते हैं ।

 शाखादोलासीना विहगाः। तैः किमपि कूजन्ति वृक्षाः।।

> सरलार्थ:- पक्षी शाखा रूपी झूले पर वैठै हुए हैं। अपनी शाखाओं पर बैठे हुए पक्ष्यों की चहचहाहट के रूप में ये वृक्ष कुछ कह रहे हैं।

3. पिबन्ति पवनं जलं सततम्। विशेषक्षित्रीय विशेषक्षित्रीय विशेषक्षित्रीय विशेषक्षित्रीय विशेषक्षित्रीय विशेषक्ष साधुजना इव सर्वे वृक्षाः।।

सरलार्थ :- सज्जनों की तरह सभी वृक्ष निरन्तर जल और वायु पीते हैं।

4. स्पृशन्ति पादैः पातालं च । नमः सिरस्सु वहन्ति वुक्षाः।।

सरलार्थ:— वृक्ष अपने पैरों से पाताल का स्पर्श करते हैं। यह वृक्ष अपने सिरों पर आकाश को धारण करते हैं।

 प्रासार्य स्वच्छायासंस्तरणम् । कुर्बन्ति सत्कारं वृक्षाः । ।

सरलार्थ:- वृक्ष अपनी छाया रूपी बिस्तर को फैलाकर सबका सत्कार करते हैं।

शकीन इ.स.च्या ११ मार्गिक सम्बद्धाः १९४४ मार्गिक बीठए० षष्ठं सत्र 16 SKT 012

बलं स्वकीयं भवति साधनं

अपना बल ही आगे बढने का साधन हुआ करता है।

पथि पाषाणा विषमाः प्रखराः। हिंसाः पशवः परितो धीराः।। सदुष्करं खलु यद्यपि गमनम्।। सदैव पुरतो निधेहि चरणम्।। सरलार्थ:— रास्ते में उबड — खाबड, तीखे — नुकीले पत्थर हैं। चारों ओर भयंकर हिंसक पशु हैं। यद्यपि पहुंचना बडा कठिन है। परन्तु आगे ही कदम बढाओ।

जहीहि भीतिं भज-भज शक्तिम्। विधेहि राष्ट्रे तथाऽनुरक्तिम्।। कुरू कुरू सततं ध्येय- स्मरणम्। सदैव पुरतो विधेहि चरणम्।। सरलार्थ:- भय छोड दो, शक्ति को ही भजो-जपो तथा राष्ट्र के प्रति प्रेम बनाए रखो। अपने लक्ष्य को बार-बार स्मरण करो। सदा आगे ही कदम रखो।

बलं स्वीकयं भवति साधनम्। सदैव पुरतो निघेहि चरणम्।। सरलार्थः— अपना बल ही आगे बढने का साधन हुआ करता है। सदा आगे ही कदम रखो।

रीमा जिल्ला सम्बद्धाः स्थापना कार्याम् स्थापना स्थापन स्थापन स्थापन स्थापन स्थापना स्थापना स्थापना स्थापना स्

शिक्षायाः उद्देश्यम्

शिक्षा ज्योतिः अस्ति। यथा ज्योतिः मनुष्यं उचितं मार्गं नयति तथा शिक्षा अपि। ज्योतिषः प्रकाशस्तु बाह्यो िऽस्त किन्तु शिक्षायाः प्रकाश आन्तरिको वर्तते । जीवनकाले आन्तरिकः प्रकाश अत्यावश्यको भवति। शिक्षा जीवनस्य प्रत्येक क्षेत्रे लाभदायिका वर्तते । इयं मानवस्य बौद्धिकशक्तिं विकासयति इयं एव मनुष्यं पशोः पृथक् करोति, । अन्या मनुष्यः शुभमशुभं, पाप— पुण्ये, उचितनुचितं, धर्माधमौ च सम्यक् जानाति। स एतेषु उत्तमान् भावान गुणान् च स्वीकरोति, अनुचितान् च त्यजति। शिक्षया मनुष्यः स्वकर्तव्यं अभिज्ञाय एकः सुयोग्यः नागरिकः भवति। स ज्ञानोपार्जन कृत्वा निजाभ्युदयं करोति।

अतएव शिक्षायाः उद्देश्यमस्ति विवेकशक्तेः उद्बोधनम् चरित्रस्य शुद्धिकरणम् । बौद्धिकशक्तेः विकासः, शरीरिक आध्यात्मिको विकास अस्ति । अतः अद्य आवश्यकता अस्ति यत् मानवैः शिक्षायाः वास्तविकं उद्देश्यं विजानाय तत्प्राप्त्यै प्रयासो विधेयः।

> नवीन शर्मा चर्तुथ सत्र

हासिकाः

- पिता:- (पुत्रं प्रति) जीवने मृत्यौ च को भेदोऽस्ति?
 पुत्र:- यः कीडने पाठशालागमनेचास्ति।
- अध्यापकः नृपः रामः कदा राज्यम् अकरोत्?
 छात्रः– रामेण मम इतिहासपुस्तके चतुर्थे पाठे।
- अध्यापक:
 आम्राणि कदा लभ्यन्ते?
 छात्र:
 यदा उद्यानपालकः उद्याने न तिष्ठति।
- टिकटनिरीक्षकः— भवान् चिटिका बिना कथं यात्रां करोषि? यात्रीः— वाष्पयानकक्षे स्पष्टमेवं लिखितम् अस्ति यद् वाष्प्यानं अस्माकमेव सम्पतिः।
- एकः पुरुषः मृत्योः पश्चात् स्वर्गस्य द्वारपालं प्रति– किं अहं स्वर्गे स्थानं प्राप्तु शक्नोमि?

द्वारपालः— किं त्वया कदापि निजापराधानां पश्चातापः कृतः? पुरुषः— आम् मया विवाहं कृत्वा आयुष्पर्यन्तं पश्चातापः कृतः?

द्वारपालः – सुष्तु त्वं अभ्यन्तरे गन्तुं पाश्यसि यत् त्वया महद् दुखं भुक्तम्।

द्वितीयः पुरुषः तदा तु अहमपि अभ्यन्तरे गन्तुं न शक्तोऽस्मि यत् मया विवाहौ कृतौ।

द्वारपालः- धावत्विमतः। इदन्तु स्वर्गमस्ति, न किंचित् मात्तानां गृहम्। नवीन शर्मा चर्तुथ सत्र

अतिथि देवो भव

अवराप्युचितं कार्यमातिथ्यं गृहमागते।
 छेत्तुः पार्श्वगतां छायां नोषसहंस्ते दुमः।।

हिन्दी अर्थः— विलाव गृध्न से कह रहा है। कि घर आए व्यक्ति का सत्कार करना चाहिए। अतिथि को देव स्वरूप्माना गया है। अतिथि यदि शत्रु भी हो तो, भी घर आने पर उसका सत्कार होना चाहिए। वृक्ष अपने काटने वाले व्यक्ति को भी छाया प्रदान करता है अतः आप मेरा भी सत्कार करें मैं आपके घर में अतिथि के रूप में आया हूँ।

 बालो वा यदि वा वृद्धो युवा वा गृहमागतः। तस्य पूजा विधातया, सर्वस्याभ्यागतो गुरुः।।

हिन्दी अर्थ:— बालक, वृद्धअथवा युवा जो कोई घर आए उसकी पूजा या सम्मान किया जाना चाहिए। अतिथि सबका पूजनीय होता है। शिल्पा चौधरी

> रोल नै. 17 SKT 015 कला संकाय चतुर्थ सत्र

विद्यावान सुखं

विद्या ददाति विनयं, विनयाद्याति पात्रताम । पात्रत्वाद धनमाप्नोति धनात् धर्मं ततः सुखम् ।।

हिन्दी में अर्थ:— इसमें विद्या की महिमा वर्णित है। विद्याध्यन से मनुष्य विनम्र बनता है। उसके अन्दर योग्यता से मनुष्य धन प्राप्त करता है। अपात्र व्यक्ति के पास धन नहीं जाता, अगर जाए तो वह नष्ट हो जाता है। विद्यावान मनुष्य धन से धर्म की प्राप्ति करता है। धर्म से उसे सुख मिलता है। विद्या की महिमा इतनी है कि इसे प्राप्त करके मनुष्य योग्यता, धन, विनय, धर्म स्वयं ही प्राप्त कर लेता है।

मनवी देवी बी०ए० चतुर्थ सत्र रोल न० 17 SKT 008

ANNUAL

REPORT

2018-2019



Sh. Balbir Singh

Hon'ble MLA, Chintpurni Constituency

MAHARANA PRATAP GOVT. COLLEGE, AMB DISTT.UNA (H.P.)-177203

ANNUAL REPORT

Respected Chief Guest Sh.Balbir Singh Ji Hon'ble MLA Chintpurni Constituency, it is my privilege to welcome you on the prestigious occasion of Annual Prize distribution function of our college, on behalf of entire community of this college.

I convey my sincere thanks to you for being with us to honour the laurels of our college. We are thankful to you for your gesture of kindness which gladdened our hearts. I am feeling proud to announce that you are exstudent of this college.

I also extend a warm welcome to the office bearers of Parent Teacher Association (PTA), Old Student Association(OSA) ,esteemed guests, Parents , Correspondents of Press and Electronic Media, members of staff, prize winners and students.

About the college:

This college was established in August 1970 as National College and was taken over by H.P Govt. on 18th June, 1997 with 900 students and was named as Maharana Pratap Govt. College Amb. Our college has 2056 students with 729 boys and 1327 girls. Our college offers UG programmes in Arts, Science and Commerce. We offer BBA, BCA and PGDCA to the students under Self- Finance Scheme. In addition, we have two UGC sponsored Add-on- Certificate and Diploma courses in Computer Hardware and Maintenance & Insurance and Risk Management. Up to last year we had only MA in English. This year we have started M.Com in the college with 30 seats. Our college has been accorded with grade "B" by National Assessment and Accreditation Council (NAAC) with CGPA 2.4.

STAFF

During the session 2017-2018, the college has witnessed following Arrivals and Departures:

ARRIVALS:

- 1. Mr. Gurmeet Singh, Associate Professor of Music (Vocal).
- 2. Dr. Manoj Kahol, Assistant Professor of Physics.
- 3. Mr. Pawan Kumar, Office Supdt.
- 4. Sh. Sarwan Kumar, SLA.

DEPARTURES:

1. Mr. M.R. Banyal, Office Supdt.

TEACHING FACULTY

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Vo.	Subject	Sanctioned Post	Regular	Contract	PTA(GIA)	Vacant	Any
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STUDENT STRENGTH:

Total strength of students in the college in current academic session is 2056 out of this, 1327 is the strength of girls and 729 is the strength of boys.

1	2	3	4	5	6	7	8	9	10	11	12	13	14
	Stream	Classwise/ Stream wise Enrollment	Gene	ral	sc	SE 20 SE 41-38 0 SE SE	ST		овс	maf	OTAL A	OTAL B 4+6+8+10)	G. Total (11+1
r.No	1 31.00	ENS WILL 729 FOR	В	G	В	G	В	G	В	G	B	G	
	THE P	B.A Ist Sem	27	49	34	35	3	8	16	41	80	133	213
	Smil	B.A IIIrd Sem	9 11	53	5	41	4	9	9	75	27	178	205
1	Arts	B.A Vth Sem	12	62	8	36	0	4	9	67	29	169	198
	W. B	TOTAL	48	164	47	112	7	21	34	183	136	480	616
		B.Sc Ist Sem	65	101	16	37	5	6	24	67	110	210	320
	e	B.Sc IIIrd Sem	47	75	9	31	1	3	23	42	79	151	230
2	Science	B.Sc Vthh Sem	41	64	12	30	1	3	17	46	71	143	214
	- 4	TOTAL	153	240	37	98	7	12	64	155	260	504	764
	eo.	B.COM Ist Sem	21	30	10	9	0	0	11	16	42	55	97
3	Commerce	B.COM IIIrd Sem	13	15	11	9	1	3	10	17	35	44	79
Ho	Con	BCOM Vth Sem	19	38	9	3	0	1	11	11	39	53	92

dien	d ded	THE OFTOTAL PURE TO	53	83	30	21	1	4	32	44 .	116	152	268
01	Si q	PG Ist Sem	2	19	2	7	0	1	0	2	4	29	33
1	English	PG IIIrd Sem	1 2)	4101	1	5 /1	0	0	0 4	4	281101110	13	15
	M.A.I	TOTAL	3	23	3	12	0	1	0	6	6	42	48
	M	PG Ist Sem	3	15	0	4	0	0	0	8	3	27	30
	M.COM	TOTAL	3	15	0	4	0	0	0	8	3	27	30
		BBA Ist Sem	23	11	5	5	0	0	4	4	32	20	52
	-	BBA IIIrd Sem	15	10	3	3	0	0	2	1	20	14	34
	BBA	BBA Vth Sem	25	8	4	7	0	0	8	3	36 10 113	21	57
	Fall	TOTAL	63	29	12	15	0	0	14	8	88	55	143
	- 556730	BCA Ist Sem	26	7	2	2	0	0	13	10	41	19	60
		BCA IIIrd Sem	23	13	2	2	1	1	10	6	36	23	59
2	BCA	BCA Vth Sem	23	10	6	4	2	0	6	4	37	18	55
		TOTAL	72	30	10	8	3	1	29	20	114	60	174
	CA	PGDCA Ist Sem	3	5	1	1	0	1	1	1	6	7	13
3	PGDCA	TOTAL	3	5	1	1	0	1	1	1	6	7	13
	9195	GRAND TOTAL	398	589	140	271	18	40	174	425	729	1327	2056

College Students Central Association:

The members of CSCA render their useful contribution in running the college. As per the revised guidelines of H.P University, regarding the formation of CSCA in the college; meritorious students were nominated to the posts of office bearers while some other member were nominated from the students community of college who have excelled in certain fields i.e., NSS, NCC, cultural and sports. The newly formed CSCA members were administered the oath of office by the Principal of the college, Smt. Alka Sharma on 18th September, 2017.

Sr. No	Designation	Name	Roll No.	Class
1	President	Mamta Devi	3217	M.A 4th Sem
2	Vice President	Tanuj	106	B.Sc 6th Sem
3	Gen Secretary	Niraj Kumar	16CM056	B.Com 4 th Sem
4	Ioint Secretary	Pooja Devi	17HS025	B.A 2 nd Sem

Scholarships:

Scholarship is an award of financial aid for students to further their education. Scholarships are awarded based upon various criteria to meritorious, needy and deserving students. Various types of scholarships have been awarded in the academic session.

Sr. No.	VI COMOTOT SITTE	No. of Students
1	Dr. Ambedkar Medhavi Chattarvriti Yojna	2 @ 5000/- P.A
2	Dr. Ambedkar Post- Matric Scholarship Scheme for the Economically Backward Classes	6 @ 5000/- P.A
3	IRDP Scholarship Scheme	31 @ 1200/- P.A
4	Kalpana Chawla Chhatravritti Yojna	31 @ 15000/- P.A
5	Maharishi Balmiki Chattervritti Yojna (for H.P Balmiki girls student only)	1 @ 9000/- P.A
6	Post-Matric Scholarship Scheme to OBC Students	61 @ 5000/- P.A
7 405 - 154	Post- Matric Scholarship Scheme to SC Students	80 @ 5000/- P.A
8	Post- Matric Scholarship Scheme to ST Students	9 @ 5000/- P.A
9	Inspire Scholarship	22 @ 80000/- P.A

PTA body also offers financial aid to deserving and meritorious students.

NCC

NCC is a youth development movement. It has enormous potential for nation building. It provides opportunities to the youth of the country for their all round development with the sense of duty, commitment, dedication, discipline and moral values. Two units of NCC comprising of 84 cadets are functioning in the college, under the guidance of ANO Lt. Monika Khanna and Asstt. Prof. Dr. Satinder kumar Sharma.

Following are the achievements of NCC during the current academic session:

- 1. 8 NCC Cadets of the college passed "CEE" Certificate examination and 14 cadets of the college passed "BEE" Certificate Examination.
- 2. 5 girl cadets secured 2nd position in Poster making as well as Tent Pitching competition in ATC camp at Shahtlai.
- 3. 18 girl cadets attended ATC Camp at Shahtlai from 3rd August 2017 to 12 August 2017. 5 girl cadets attended ATC Camp at Baru Sahib from 15th November 2017 to 24 November 2017.
- 4. 24 cadets attended ATC camp at Pekhubela and 1 cadet at Mandi.
- 5. 3 girl cadets attended NIC Camp at Secundrabad, 2 cadets at Madhya Pradesh and 1 at Ropar.
- 6. 1 cadet participated in All India Girls' Trekking Camp at Baijnath from 5th June 2017 to 12 June 2017.
- 7. 2 cadets participated in Uttrakhand Trekking Camp from 27th September 2017 to 6th October 2107 at Uttrakhand.
- 8. 10 cadets appeared in "CEE" Certificate exam held at Bilaspur and 25 cadets appeared in "BEE" Certificate exam held at Dharmshala.
- 9. NCC week was celebrated from 23rd November to 30th November 2017.
- 10. Lt. Monika Khanna , ANO, 1 HP (GB) Solan detailed as a member of board for "CEE" Certificate exam held at Bilaspur as well as NCC GB(HQ) Shimla w.e.f 11^{th} February 2018 to 14^{th} February 2018.

NSS

To develop a sense of social and civic responsibility amongst students, two units of NSS are successfully functioning in the college, under the guidance of Dr. Suruchi Sharma and Dr. Sunil Kumar Sharma. NSS units of the college organized various activities in the session 2017-2018.

- 1. NSS unit organized a seminar on Drug Abuse in collaboration with Health and Family Welfare Department on 13-07-2017.
- 2. Swatchta Pakhwara was organized by NSS volunteers w.e.f. 05 August 2017 to 15 August 2017.

Various activities were part of Pakhwara:

- a) Pledge on cleanliness on 05-08-2017.
- b) Cleanliness of classrooms and girls' common room on 08-08-2017.
- c) Rally on Swachta Abhiyaan on 14-08-2017.
- d) Cleanliness of college ground on 15-08-2017.
- 3. A tree plantation activity was organized at Mairi in collaboration with forest department on 17-08-2017 in which thousand saplings were planted.
- 4. Himanshu Bishwamitra advocate Una delivered a lecture on Drug Abuse on 28-08-2017.
- 5. A lecture on hand washing and prevention of diseases was delivered by employees of Health Department on 23-09-2017. Poster Making competition and rally on Swatchta Abhiyan was also organized on the same day.
- 6. A blood donation camp was organized by NSS volunteers in collaboration with HDFC bank and Blood Bank Una on 07-10-2017.

 40 units of blood were donated.
- 7. Rashtriya Sankalp & Ekta Diwas was celebrated on 31st October 2017 in college.

Achievements of NSS

- 1. NSS volunteers Jagmohan Singh and Amit Kumar won first prize in Inter College quiz competition organized by Election Department at G.C. Una on 18-09-2017.
- 2. Jagmohan Singh received memento and certificate from Sh. Achal Kumar Jyoti, former Chief Election Commissioner of India.
- 3. Four NSS volunteers participated in NSS mega camp held at G.C Dhaneta.

A seven day NSS camp for the session 2017-2018 was organized in the college premises from 23rd December 2017 to 29th December 2017. The NSS camp was inaugurated by Mrs. Alka Sharma, Principal of the college. In the camp NSS volunteers cleared the wild bushes and filled the pot holes near the college. NSS volunteers took out a number of rallies on "HIV/AIDS", "Clean India Green India "and "Beti Bachao Beti Padhao". The volunteers were also addressed by eminent scholars on various issues. Advocate Sh. Vikas Kashyap delivered a lecture on" Domestic Violence". Sh. Ramesh Chaudhary made the students aware about "Laws and its Implementation". Rtd. State Geologist Sh. Arun Sharma delivered a lecture on "Constitution of Earth". Dr. Sunil Kumar Sharma gave a lecture on "How to Work on Excel Sheet?".

Sh. Arun Deputy Manager HDFC Bank, Amb delivered a lecture on "Digitalization". Sh. Sujan Singh delivered a lecture on "Disaster Management". Miss Anu Bala Senior Supervisor of Civil Hospital Amb delivered a speech on "Tuberculosis & its Prevention". Sh. Sandeep Sharma delivered a lecture on "Yoga". Mr. Feroz Akhtar, Traffic incharge delivered a lecture on "Traffic Rules". A poster making competition on HIV/AIDS and a quiz competition on "Environment" was also organized.

Smt. Alka Sharma, Principal of the college was the Chief Guest on the closing ceremony of the NSS seven day special camp. A detail report of the work done by NSS volunteers during the camp was presented to the Chief Guest. Various cultural performances were also given by the NSS volunteers. The Chief Guest honoured the scholars, who delivered lectures on various topics. The chief guest appreciated the work of NSS volunteers. She

inspired and motivated NSS volunteers. This seven day special camp came to a close with National Anthem.

SPORTS ACTIVITIES

Our college has almost every facility to organize all the games which are organized by H.P. University.

During the session 2017-18 our college students participated in following sports competitions organized by the H.P. University .

- 1. Cross Country (M)
- 2. Chess (M)
- 3. Boxing (M).
- 4. Football(M)
- 5. Volleyball(M&W)
- 6. Cricket(M)
- 7. Judo(W)
- 8. Kabaddi (M&W)
- 9. Wrestling(M)
- 10. Athletics (M)
- 11. Kho-Kho(M)
- 12. Weight Lifting (M).

Thirty Days special coaching camps were organized for the college cricket team, volleyball (M&W) teams and Judo (M&W) teams under the guidance of qualified coaches /Trainers.

During this session our college hosted the H.P University Inter College Cricket Championship Matches in which teams of BBN Chakmoh, G.C Paonta Sahib, SVSD Bhatoli, G.C Bangana, G.C Una, Govt. College Amb took part. Our college team won two matches of HPU Inter-college Cricket championship.

Our College Football team won Runner-up Trophy of HPU Inter College Football Championship held at DAV College Kangra & two students of our College Mr. Pramod & Mr. Neeraj Kumar students of PGDCA were selected to participate in North Zone Inter-Varsity Football (M) Championship held at Desh Bhagat University Chandigarh as a member of HPU Football Team.

Mr. Sourav, student of M.A (English) Ist Semester won **Gold Medal** in HPU Inter college Weight- Lifting Championship held at Govt.College Dhaliara .Mr. Sourav also participated in All India Inter University Weight Lifting Championship held at Chandigarh University Mohali as a Member of HPU Weight-Lifting team.

Mr. Amit Thakur, student of B.Sc. 5th semester won **Bronze Medal** in HPU Inter-college wrestling Championship held at G.C. Indora.

Mr. Vishal Kumar, student of B.Sc. 5th semester also won **Bronze Medal** in HPU Inter College wrestling Championship held at G.C. Indora.

Annual Athletic Meet for the session 2017-18 was conducted on 17th Feb 2018 in the College campus. Smt. Alka Sharma, Principal of College was the Chief Guest. Mr. Narayan Student of B.A 2nd semester and Ms. Rama Devi Student of B.Com 2nd semester were declared "Best Athletes" among boys and girls respectively.

MISCELLANEOUS ACTIVITIES

Participation of students in cultural activities goes a long way in grooming their personality. So, efforts are made from time to time to provide such opportunities to the students. The college organized Inter-Faculty Cultural function on 28th Feb. 2018, wherein students participated in solo dance, group dance, group song etc.

- 1. A lecture on "Legal Services to the Victims of Acid Attack" was delivered by Ms. Naina, Sub- Judge Cum Judicial Magistrate Amb on 26 July 2017.
- 2. Our college organized a Talent Hunt function themed on Freedom Struggle on 31st August 2017.
- 3. A Tree Plantation campaign was also carried by our students on 7th October 2017.

- 4. A free medical checkup for the students was also organized by the college.
- 5. A lecture on "Menstruation Health and Hygiene" was delivered by a lady doctor to the girls students.
- 6. An Essay writing, Declamation and Slogan Writing competition on the theme of "Women Empowerment" was also organized by the college in collaboration with H.P State Commission for Women on 7th October, 2017.
- 7. Our college organized poster making and slogan writing competitions on the theme of "Beti Bachao Beti Padhao" on 5th March, 2018 under RUSA's Equity Initiative Programme.

FACULTY ACHIEVEMENTS

Our faculty continue to break new grounds in their fields, authoring books, articles, chapters and publishing paper despite their busy schedule. We are proud to acknowledge their achievements.

- Dr. Nitin Kumar Sharma, Dr. Satinder Kumar and Mr.Anay Kumar attended an orientation programme from 03rd January 2018 to 31st January 2018 in Punjabi University Patiala.
- 2. DR. Satinder Kumar was awarded with Ph.D Degree.
- 3. Dr. Sunil Kumar Sharma has published a research paper on "Spectra of Generalized Composition operator on weighted Hardy Space". He attended "Training Programme on Information and Communication Technology" at HIPA, Shimla. He is an author of nine books.
- Asstt. Prof. Sujata Kumari presented a research paper on "Fanishwarnath "Renu" ke Upanyas Parti Parikatha me Paryavaran" at Punjab University Chandigarh on 1ST February 2018.
- Librarian Anita Sharma attended two days seminar cum training programme at SCERT Solan from 13th August 2017 to 14th August 2017.

CAREER GUIDANCE AND PLACEMENT CELL:

The Career guidance and counseling cell of the college provides a conducive environment for the all round development of the students. The cell functions under the guidance of Mrs. Suruchi Sharma and Mr. Amit Sharma.

Various activities of the Cell during the session 2017-2018:

- 1. Ankur Veer Arora from Distt. Employment Exchange Una delivered a lecture on "Career Guidance and Career Opportunities" to the students of BBA and BCA on 1st April 2017.
- 2. Mr. Rohi, Business Development Manager from 99 Academy and Saloon Hoshiarpur delivered a lecture on "Beauty and Wellness" to the students of BBA and BCA on 23rd September 2017.
- 3. Rahul Chaudhary delivered a lecture on "IT Training" to the students of BBA and BCA on 8th February 2018.
- 4. Mrs. Mamta conducted a workshop on "Personality Development and Communication Skills Programme" for the students under RUSA's Equity Initiative Grant.
- 5. Mr. Neeraj and Mrs. Deepika conducted workshop on "GST & Tally" for the students of BBA, BCA and Commerce.
- 6. An Industrial visit to the nearest industrial units of Nestle, Cremica and BDM was arranged by the college for the students.

PARENT TEACHER ASSOCIATION

In the academic session 2017-2018, Parent-Teacher Association (PTA) was constituted in the month of September, 2017 under the chairmanship of Mrs. Alka Sharma, Principal of the College. Following office bearers of PTA were elected / nominated:

S.N.	Name	Post	S.N	Name	Post
1	Sh Anil Sharma	President	2	Mr. Satdev	Sr.Vice- President
3	Sh. Parvinder Kumar	Vice- President	4	Smt. Meena Kumari	Joint- Secretary
5	Dr.Sunil Dutt	Gen.	6	Sh. Sanjay	Cashier
- 14	Sharma	Secretary	151751	Kumar	

HIGHER EDUCATION INSTITUTE SOCIETY (HEIS):

Higher Education Institute Society (HEIS) of this college was constituted in the academic session 2013. HEIS is a registered body with registration certificate no. 19, dated 31st May, 2013 under the Society Act, 2006(25 of 2006). Executive body decides all the matters related to the Department of Self-finance courses. Following are the office bearers of the body:

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3	Member	TON THE L	Head of the Departn Commerce Assistant P Kavita Kaushal		G.C.Amb	
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7	Coordinat Add-on- Courses	or	Mr. Satdev	Taile Par Hari	G.C.Amb	
8 (AT	Coordinat BCA & PG		Mr. Amit Sharma	AUS PR	G.C.Amb	
9	Member		Pawan Kumar Office Sup	dt.	G.C. Amb	
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12	Member	Sh.Sunil Verma, SDM,Amb	Sub-Divisional- Magistrate Amb Distt.Una(HP)
13	Member	Mrs. Sulochna RanaPradhan Gram Panachyat	Pradhan,Gram Panachyat,Amb Distt.Una
14	Member	Sh.Rajesh Gautam,Chairman,Gurukul Education Society,Amb	Gurukul Education Society, Amb

COLLEGE MAGAZINE

"Ambika" is the college official annual publication. It provides a record of the college activities, achievements and interesting articles written by students. Dr. Sophia Prabhakar is the chief editor of Magazine.

Sr. No	Section	Staff Editor	Student Editor
1	Hindi	Asstt. Prof. Sujata	Deeksha, B.A 6th
2	Sanskrit	Dr. Seema Sharma	Harsha Devi B.A 6th
3	English	Asstt. Prof. Anita	Shalu Rani B.A 6th
4	Science	Dr. Krishna Sharma	Tanuj B.SC. 6th
5	Planning Forum & Management	Asstt. Prof. Anay Kumar	Nisha Kumari B.A
6	Computer & IT	Asstt. Prof. Amit Sharma	Ankita B.Sc 6th

DEVELOPMENT ACTIVITIES

Following development activities were undertaken in the college in the current academic session:

- 1. Repair of girls' as well as boys' toilet has been completed.
- 2. Sanitary Napkin Vending Machine and Incinerator are being installed in girls' toilet.

- 3. One more Smart Classroom has also been furnished.
- 4. Glass Window Panes have been installed in classrooms NH-1, NH-2.
- 5. Fixation of grills in classrooms has been completed.

CENTRAL LIBRARY

Library is the backbone of learning in any educational institute. Taking into consideration the maximum benefit of the students we have enhanced the Library facilities. The college Library has a collection of about 11846 books. It subscribes to 10 daily newspapers and 11 periodicals. We also subscribes to E- Journal from Information and Library Network Centre Ahmadabad, Gujarat. The computer and internet facilities are available to teachers, students and library staff.

A Book Bank has also been established for the students hailing from the poor families. It has a collection of 300 books.

Besides this one more library functions in the Self-Finance Department for BBA, BCA and PGDCA students. It subscribes to 5 periodicals and has a collection of 1147 books.

VOTE OF THANKS

Finally I take this opportunity to thank Hon'ble Chief Guest, who has graced the occasion. Sir, your presence has made this function memorable for staff as well as students.

I would like to extend my special thanks to the officials of local administration, members of college PTA, Press correspondents and other guests who have been showing active support to our college.

I express my sincere thanks to the staff, NSS, NCC, CSCA members who are helpful and supportive in running the college successfully.

Thanks.

Jai Hind!

ALKA SHARMA PRINCIPAL



Elders experience meets youngsters enthusiasm (Meeting of retirees with college staff members)



Editorial Board



Dr. Amarjeet K. Sharma, Director Higher Education with Staff Members



Principal & Staff of the College

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