



## SAR 2023-24 Self Assessment Report

### Criterion 2 **Student Support, Services and Progression**

#### Sub Criterion 2.4 **Students Participating in NSS/ NCC/ Rovers & Rangers/ Clubs & Societies**

##### ii. NCC

**NCC Report is attached below**

  
Convener IQAC

  
Principal  
M. P. Govt. College, Amb  
Distt. Una (H.P.)



**SESSION-2023-24REPORT**  
**NATIONALCADETS CORPS**  
**M.P.G.College AMB**

**PROGRAMME OFFICERS PROF. ANIL VERMA**

**During the current session 2023-2024, the following activities were performed by the NCC Units of the college: -**

| Sr. No. | Date                     | Event  | No. of Cadets |
|---------|--------------------------|--|---------------|
| 1       | 15-09-2023               | Enrollment Process                               | -             |
| 2       | 20-09-2023               | Swachh Bharat Abhyaan                            | -             |
| 3       | 27-09-2023               | Drug De-Addiction                                | 35            |
| 4       | 30-09-2023               | World Food Day                                   | -             |
| 5       | 07-10-2023               | Meri Maati Mera Desh                             | -             |
| 6       | 19-10-2023               | Freshwell  | -             |
| 7       | 24-10-2023               | Rank Ceremony & Agniveer Selection               | -             |
| 8       | 30-10-2023               | Khadi Mahotsav                                   | -             |
| 9       | 30-10-2023               | Meri Maati Mera Desh (Delhi Tour)                | 11            |
| 10      | 22-11-2023               | SSB & Narmada                                    | 4             |
| 11      | 24-11-2023               | Blood Donation                                   | -             |
| 12      | 26-11-2023               | NCC Day  | -             |
| 13      | 01-12-2023               | World AIDS Day                                   | 30            |
| 14      | 17-12-2023               | Army Attachment (SD)                             | 2             |
| 15      | 23-12-2023               | International Level Karate Competition           | 1             |
| 16      | 28-12-2023               | State Level Drama Competition                    | -             |
| 17      | 15/01/2024<br>26/01/2024 | - Army Attachment Camp Report                    | 1             |
| 18      | 26-01-2024               | Republic Day Parade (AMB)                        | -             |
| 19      | 26-01-2024               | Republic Day Parade (UNA)                        | -             |
| 20      | 09-02-2024               | Awareness on Road Safety                         | 20            |
| 21      | 13-02-2024               | CEE Certificate Practical Examination            | -             |
| 22      | 23-02-2024               | Athletic Meet                                    | -             |
| 23      | 04-03-2024               | Disaster Management                              | -             |
| 24      | 09-03-2024               | Annual Prize Distribution                        | -             |
| 25      | 05-06-2024               | World Environment Day                            | 20            |
| 26      | 07-06-2024               | All India Girls Trekking Camp                    | -             |
| 27      | 08-06-2024               | World Ocean Day                                  | -             |
| 28      | 21-06-2024               | International Day of Yoga                        | -             |
| 29      | 22/07/2024<br>31/07/2024 | - Vibrant Village Program                        | -             |
| 30      | 26-07-2024               | Kargil Vijay Diwas Program                       | -             |
| 31      | 13/08/2023<br>20/08/2023 | - NCC Cadet Enrolment Process                    | -             |
| 32      | 15-08-2024               | Independence Day Parade Program                  | 25            |
| 33      | 24-09-2024               | World River Day                                  | -             |
| 34      | 01-10-2024               | Swachh Bharat Abhiyan Program                    | 35            |
| 35      | 05-10-2024               | Pollution Drive                                  | -             |
| 36      | 05-06-2024               | Vigilance Awareness Week - Anti Corruption Rally | -             |
| 37      | 10-05-2024               | Inter Group Shooting Competition                 | 1             |

|    |                          |  |     |
|----|--------------------------|--|-----|
| 38 | 15-05-2024               | Annual Training Camp (ATC-183)                   | 650 |
| 39 | 45448                    | World Environment Day                            | 20  |
| 40 | 07-06-2024               | All India Girls Trekking Camp                    | -   |
| 41 | 08-06-2024               | World Ocean Day                                  | -   |
| 42 | 21-06-2024               | International Day of Yoga                        | -   |
| 43 | 22/07/2024<br>31/07/2024 | - Vibrant Village Program                        | -   |
| 44 | 26-07-2024               | Kargil Vijay Diwas Program                       | -   |
| 45 | 13/08/2024<br>20/08/2024 | - NCC Cadet Enrolment Process                    | -   |
| 46 | 15-08-2024               | Independence Day Parade Program                  | 25  |
| 47 | 24-09-2024               | World River Day                                  | -   |
| 48 | 01-10-2024               | Swachh Bharat Abhiyan Program                    | 35  |
| 49 | 05-10-2024               | Pollution Drive                                  | -   |
| 50 | 05-06-2024               | Vigilance Awareness Week - Anti Corruption Rally | -   |
| 51 | 10-05-2024               | Inter Group Shooting Competition                 | 1   |
| 52 | 15-05-2024               | Annual Training Camp (ATC-183)                   | 650 |
| 53 | 05-06-2024               | World Environment Day Celebration                | 20  |
| 54 | 19/06/2024<br>20/06/2024 | - Pre TSC-1 Camp                                 | -   |
| 55 | 22/07/2024<br>30/07/2024 | - Vibrant Village Program - Kinnaur              | -   |
| 56 | 26-07-2024               | Kargil Vijay Diwas Program                       | -   |
| 57 | 24-09-2024               | World River Day                                  | -   |
| 58 | 01-10-2024               | Swachh Bharat Abhiyan                            | 35  |

## ENROLLMENT PROCESS

**15/09/2023**

The initiation of the **enrolment process** for new NCC cadets at Maharana Pratap Government Degree College in AMB marked the availability of 22 vacancies, comprising 14 for Senior Division (SD) and 8 for Senior Wing (SW) on 15th of September, 2022. A substantial response was witnessed, with over 250 applications received. To ensure the selection of ideal candidates for both SD and SW positions, the enrolment procedure was systematically divided into four distinct phases: 1<sup>st</sup> Phase (Pre-Physical): During this initial phase, a comprehensive assessment was conducted, encompassing parameters such as height, weight, eyesight, and the examination of factors like flat feet. 2<sup>nd</sup> Phase (Written Test): A written examination was administered by the NCC unit, featuring questions spanning general awareness, mathematics, NCC-related topics, and current affairs. This phase served as a crucial evaluation of the candidates' cognitive abilities and knowledge base. 3<sup>rd</sup> Phase (Physical Test): A two-part physical test was conducted: Running: Boys were required to cover a distance of 1600 meters, while girls had a stipulated distance of 800 meters. Strength Assessment: Included elements like push-ups and pull-ups, gauging the candidates' physical fitness and endurance. 4<sup>th</sup> Phase (Interview): Following successful completion of the initial three phases, candidates proceeded to the interview stage, where they interacted with the Commanding Officer (CO) for a final assessment. Upon successful navigation through these comprehensive phases, selected candidates were formally inducted into the NCC, marking the completion of the enrollment process. This systematic and multi-faceted approach ensured a rigorous evaluation of candidates, aligning with the commitment to recruiting well-rounded and dedicated individuals to contribute to the NCC program at Maharana Pratap Government Degree College.

## SWACHH BHARAT ABHYAAN

**20/09/2023**

The NCC cadets of Maharana Pratap Govt Degree College, Amb organized a one-day cleanliness drive aimed at promoting Swachh Bharat. They conducted a rally in the surrounding areas, enthusiastically shouting slogans to raise awareness about cleanliness. During the event, the cadets actively cleaned up littered areas, demonstrating their commitment to a cleaner environment.

The college principal, Dr. Darshan Kumar, and Prof. Anil Verma also participated in the drive, emphasizing the importance of such initiatives. Their presence encouraged and motivated the cadets, showcasing unity towards the cause of cleanliness and community service.

Overall, the program was a collaborative effort between the cadets and the college leadership, fostering a sense of responsibility and civic duty among the students. It not only contributed to improving the local environment but also reinforced the college's dedication to social welfare and Swachh Bharat Abhiyan.



## DRUG DE-ADDICTION

27/09/2023

A **drug de-addiction** dialogue competition and a poster making competition were organized by the NCC cadets of Maharana Pratap Government College of Excellence and a rally was also taken out. The cadets cooperated enthusiastically and explained the various effects of drug abuse on a person's life.

In which the judges of the dialogue competition were NCC Caretaker Officer Professor Anil Verma and former Professor Poonam Sharma, along with this, the judges of the poster-making competition were Professor Anil Verma and Professor Shruti Sharma.

35 cadets participated in the event and presented various aspects of drug de-addiction comprehensively.

The main objective of this group discussion was to make NCC cadets aware

And in this discussion, it was also told how drug addiction has spread in our country and what we can do to make the youth of our country aware.

All the cadets proved their immense commitment to the subject by their enthusiastic participation in the felicitation and competition.

Drug addiction dialogue competition, ability to be tested carefully by

NCC Care Taker Officer Professor Anil Verma announced the following result

1. Cadet Pallavi 1st position
2. Cadet Shreya Sharma. 2nd place
3. Cadet Aditya Thakur. third place



And following are the winners of poster making competition

1. Cadet Sezal for first place
2. Cadet Kritika Sharma. 2nd place
3. Cadet Anita Devi. third place





## WORLD FOOD DAY

30/09/2023

On the occasion of **World Food Day**, MPGDC AMB College organized a special event aimed at raising awareness about the importance of food. NCC cadets actively participated in various activities, including poster making, to promote awareness about food security, nutrition, and sustainable agricultural practices. The cadets demonstrated creativity and dedication in designing posters that conveyed powerful messages about the significance of making healthy food choices and addressing global food challenges. Additionally, they organized a rally to spread awareness among the college community and the public about the need for food security and the importance of adopting sustainable food practices. Through their efforts, the NCC cadets played a vital role in highlighting the importance of World Food Day and educating others about the crucial issues surrounding food production, distribution, and consumption. Their commitment to promoting food security and sustainability reflects the values of leadership and social responsibility instilled by the NCC program at MPGDC AMB College.





## MERI MATTI MERA DESH

**7/10/2023**

The "Meri Maati Mera Desh" program was organized with the aim of raising awareness about a significant government initiative spearheaded by the Prime Minister. The program focused on fostering a sense of responsibility and commitment towards environmental conservation and community development.

The event commenced with an inaugural address by, highlighting the importance of the initiative and its relevance in today's context. A team of performers adept in theater arts conducted a compelling play that vividly portrayed the impact of environmental degradation and the imperative for sustainable practices. The play successfully engaged the audience and conveyed the message effectively. The event was graced by esteemed guests including SDM Sir and College Principal Mr. Darshan Kumar, who emphasized the significance of community involvement in such initiatives. Their presence added prestige and encouraged active participation among attendees. Following the theatrical performance, an awareness rally was organized, led by enthusiastic NCC cadets from our college. The rally traversed through the campus and nearby areas, carrying banners and placards with messages promoting environmental consciousness and civic responsibility. This rally not only garnered attention but also inspired bystanders to join in and learn more about the program.

The "Meri Maati Mera Desh" program received positive feedback from participants, faculty, and guests alike. Attendees expressed heightened awareness regarding environmental issues and pledged to adopt eco-friendly practices in their daily lives. The initiative succeeded in fostering a sense of ownership among the youth towards their surroundings and instilled a commitment to contribute towards a cleaner and greener future. the "Meri Maati Mera Desh" program was a resounding success, achieving its objectives of awareness creation and community mobilization effectively. It served as a catalyst for future initiatives aimed at sustainable development and underscored the importance of collective action in addressing environmental challenges. Moving forward, remains committed to promoting such initiatives and empowering students to be proactive agents of change in society.



## FRESHWELL

**19/10/2023**

On the 9th of November, the NCC cadets orchestrated a lively and comprehensive Orientation Session, creating an engaging atmosphere that aimed to acclimate new members to the dynamic NCC community. The event was meticulously designed, encompassing introductions, enjoyable activities, and teambuilding exercises, all geared towards providing a holistic introduction to the NCC experience. A notable highlight of the Orientation Session was the active participation of the NCC Caretaker Officer, who not only graced the occasion as the chief guest but also took on the role of the keynote speaker. In this capacity, the NCC Caretaker Officer shared valuable insights, guidance, and motivational words, underscoring the significance of the NCC experience for the new recruits. Their presence added an authoritative and inspirational dimension to the session, reinforcing the importance of discipline, leadership, and teamwork within the NCC framework. The event served as a warm and inclusive welcome for the fresh recruits, fostering a sense of camaraderie and unity from the outset. The intentional efforts to engage new members in fun and teambuilding activities aimed not only at orientation but also at laying the foundation for a positive and cohesive NCC community. The participation of the NCC Caretaker Officer as a chief guest and keynote speaker elevated the event, instilling a sense purpose and motivation among the attendees as they embarked on their journey within the NCC.



## RANK CEREMONY AND AGNIVEER SELECTION

24/10/2023

**NCC cadets of Maharana Pratap Utkrisht Mahavidyalaya and caretaker officer Anil Verma organized the rank ceremony.**

Anil Verma told that this rank ceremony was celebrated following the guidelines of NCC Unit Office Una. All this program was conducted as per the instructions of Professor Rajesh Kumar.

In this program, the following cadets were honored with the following ranks:

1. Cadet Sameer Chaudhary: Under Officer
2. Cadet Shivani Ratan Bhardwaj: Sergeant
3. Cadet Anmol: Corporal
4. Cadet Mayank Thakur: Lance Corporal



After giving the ranks, Caretaker Officer Anil Verma also informed that this year 6 cadets of our college have been selected under the Agni Veer Yojana. The names of the selected cadets are as follows:

1. Under Officer Sameer
2. Cadet Abhinandan
3. Cadet Akash Rihal
4. Cadet Ishaan
5. Cadet Vishal Thakur
6. Lance Corporal Mayank

These cadets were also honored with prestigious letters for their success and their excellent contribution to the CC of the college. Apart from this, on the request of the first and second year cadets, Cadet Abhinandan Thakur was also awarded the title of Drill Ustaad.

In the end, a group photograph was taken with the first, second and third year NCC cadets and Rajesh Kumar and caretaker officer Anil Verma ji and the rank ceremony concluded.





## **KHADI MAHOTSAV**

**30/10/2023**

**\*One day in the name of Indian culture\***

“A day in the name of Indian culture” and “Khadi Mahotsav” was organized by the National Cadet Corps (NCC) cadets of Maharana Pratap Government College of Excellence. In which they organized a unique event, Khadi Mahotsav, which showcased the heritage and importance of Khadi and various vintage items. The special chief guest of the event was our respected Principal, NAME, who was present as the special guest.

A unique feature of the event was that there was also a painting competition in which NCC cadets displayed their art.

In which Sejal Sharma got first, Neeraj Bai got second, Ankita Rani got third and Nitika got consolation prize.

Along with this, Ramb Walk was also organised, in which Indian culture was felt.

In which Cadet Aarushi, who led Himachal in Lahauli traditional attire, and Seema, wearing Indian saree, were awarded the title of Best Girls on Ramp in the women's category. Whereas in the men's competition, Cadet Aditya Thakur, who wore Tamil attire, and Shubham, representing Punjab, were awarded the title of Best Boy on Ramp.

The day was especially significant for the active participation of the National Cadet Corps (NCC) who successfully conducted and managed it. Their dedication and hard work contributed to the successful organization of the Khadi Mahotsav.

One of the more important highlights of the day was a speech given by Cadet Isha. His words amply explained the importance of Khadi and its role in the Indian freedom struggle. His words were proof of the importance of our culture and history.

At the end of the festival, a rally was organized by the NCC cadets which further enhanced our national pride.

Our rally started from the main venue of the Khadi Mahotsav and passed through the urban area. In the rally we followed the principles of Mahatma Gandhi.

Our rally promoted the importance of Khadi and served as a reminder of the freedom struggle movement. During our rally we showed the power of Khadi clothes and explained the importance of their production.

Through our rally, we made the younger generations aware of the importance of Khadi and showed them the awareness of the ideals of the freedom struggle. We are proud to be an active part of NCC cadets in the Khadi Mahotsav and our rally sent a social message that together we can overcome difficulties to preserve our historical heritage.

In conclusion, the Khadi Mahotsav event was a huge success, presenting an important picture of the heritage of Khadi and the dedication of the NCC cadets. It reminded us of the need to preserve and promote the heritage of our country



## MERI MATTI MERA DESH (DELHI TOUR)

30/10/2023

Eleven cadets from Maharana Pratap Government Degree College, Amb, participated in the "**Meri Mati Mera Desh**" program, traveling to Delhi, where Prime Minister Narendra Modi inaugurated the "Amrit Vatika." The event showcased soil from every state of the country, symbolizing national unity. The cadets represented their college with pride and enthusiasm, contributing to the rich tapestry of India's diverse cultural heritage. The inauguration ceremony, presided over by Prime Minister Modi, underscored the significance of environmental conservation and the preservation of India's natural resources. The initiative aimed to foster a sense of reverence for the land and promote sustainable development practices among the youth. The participation of the Maharana Pratap Government Degree College cadets exemplified their commitment to national service and environmental stewardship, reflecting positively on their institution and community.





## SSB AND NARMADA

**22/11/2023**

4 NCC cadets of Government Excellence College Amb returned from various camps organized by NCC. Giving information, NCC Caretaker Officer of the college, Professor Anil Verma said that 2 cadets of the college, Cadet Prerna Thakur and Cadet Aman participated in the 14-day SSB training camp Super 30 organized by NCC which was held at Impact Academy Mohali and Cadet Aditya Thakur and Cadet Shivang participated in the 8-day Narmada Trekking Camp organized in Gujarat. On returning from the camps, the Principal of the college, Professor Darshan Kumar ji, discussed in detail with these cadets in his office about the experiences of these camps. Cadet Prerna Thakur and Cadet Aman said that being a part of Super 30 is a great achievement for them in itself. He also told that only 30 NCC cadets were selected for this training from Punjab, Haryana, Himachal Pradesh and Chandigarh Directorate, in which both the selected cadets of the college were the youngest cadets. The cadets also specially thanked NCC Commanding Officer Colonel R.K. Saini ji for selecting them on behalf of NCC Unit Office Una. And also assured the Principal and Caretaker Officer that they will live up to the far-sighted thinking of Colonel Saini. Cadet Prerna also told that due to less experience, initially she faced a lot of difficulties in training, but with time and efficient training of Impact Academy and experience and support of Colonel Saini, she learnt a lot in training, which would never have been possible for her without this training. Cadet Prerna, who belongs to a poor family, called this initiative of NCC 'Super 30' an initiative to fulfill the dreams of the cadets. On the other hand, Cadet Aditya Thakur and Cadet Shivang, who returned from Narmada Camp, also shared their experiences and said that along with trekking in the camp, other activities organized in the camp, which will help the cadets to pass difficult exams like SSB, were the most important part of their training. During the training, Cadet Aditya got a chance to address 510 cadets from all over India at the Expo, in where Cadet Aditya shared his invaluable experiences during this training with all the cadets.



## BLOOD DONATION

24/11/2023

\*REAL LIFE HERO\*

NCC Cadets of Maharana Pratap Government College of Excellence demonstrated their unique commitment towards community service by organizing a blood donation camp on 24/11/2023 from 110 am to 3 pm. The watch was done in collaboration with Una Hospital (Blood Bank) with the aim of saving lives through voluntary blood donation.

The camp started with an inaugural ceremony at 10 am, where \_\_\_\_\_ shared his views on the importance of voluntary blood donation. nCC cadets played a vital role in managing the watch, supervised the registration and were instrumental in ensuring the list of blood donors.

This clock observed a unique response, and by the end of the day blood was stored in the amount of (blood donation units\_). This generous contribution will have the potential to save lives without blood transfusion.

The success of the blood donation camp can be attributed to the brave planning and dedication of the NCC cadets who worked to raise awareness, activate blood donors and complete the clock without any difficulty.

In conclusion, the blood donation camp organized by the NCC cadets of Maharana Pratap Government College of Excellence not only set an example of the spirit of service but also presented the collective responsibility of the college community towards the welfare of the community





## NCC DAY

26/11/2023

**NCC Day** was celebrated on 26 November 2023 by the NCC cadets of Maharana Pratap Government College Amb. On this day, Principal of the college Darshan Kumar, Professor Anil Verma and other teachers of the college and Havildar Ajay Kumar from 6HP(I) COY NCC UNA were also present. A lot of cadets participated in different activities. Cadet Mansi along with 20 other cadets did section formation, Cadet Priya Bhatia played sitar, Cadet Ankita played guitar and Bhangra performance was performed by 10 cadets. After this, prizes were also given to cadets in which Cadet Chirag Parmar was awarded Best Cadet ,Jaswinder Best SD and Cadet Palak was awarded Best SW. In the end Principal Dr. Darshan Kumar congratulated the cadets. Havildar Ajay Kumar also congratulated all the cadets and concluded the program with dance and fun.



## **WORLD AIDS DAY**

**1/12/2023**

On World AIDS Day (1st December),

The NCC cadets from Maharana Pratap Government Degree College embarked on a series of impactful activities to enhance awareness and understanding of HIV/AIDS within the college community. The comprehensive initiatives included an NCC AIDS awareness rally, expert advice sessions on AIDS, and a creative pot designing competition, all of which were aimed at fostering knowledge, dialogue, and engagement. NCC AIDS Awareness Rally: Under the guidance of Principal Darshan Kumar, the NCC cadets organized a dynamic AIDS awareness rally. Thirty cadets, led by the NCC CTO, marched through the college campus, commencing from MPGDC and making their way to Civil Hospital in Amb before returning to MPGDC. This visually compelling rally served as a vibrant means to disseminate information on AIDS prevention and generate discussions around the importance of awareness. Expert Advice on AIDS: A pivotal component of the day's activities was the expert advice session on AIDS. A team of doctors from Civil Hospital, including Dr. Rahul Katna, Dr. Dinesh, Dr. Bhavana Sharma, and Dr. Stuti Sharma, engaged with NCC cadets, providing valuable insights into the reasons for the prevalence of AIDS among the younger generation. This interactive session facilitated a comprehensive understanding of AIDS-related issues and promoted a platform for questions and clarifications.

## **ARMY ATTACHMENT (SD)**

**17/12/2023**

Army Attachment Camp Attendance by NCC Cadets from Maharana Pratap Government Degree College, Amb. This report details the participation of NCC Cadets from Maharana Pratap Government Degree College, Amb, in the Army Attachment Camp held by the 7 Kumaon Regiment in Pathankot. The camp was attended by Cadet Yaseen and Cadet Gaurav, who gained valuable experience in various military skills and exercises. The primary objectives of the Army Attachment Camp were to:

1. Provide cadets with hands-on experience in military training.
2. Enhance their knowledge of weapons and map reading.
3. Offer practical training in handling and firing rifles, specifically the INSAS (Indian Small Arms System) rifle.

### **\*Weapon Familiarization:\***

Cadets exhibited a keen interest and quickly adapted to the intricacies of various firearms. Their ability to understand and follow safety protocols was commendable.

### **\*Map Reading:\***

Both cadets demonstrated excellent aptitude in map reading. They successfully completed navigation exercises, showcasing their ability to apply theoretical knowledge in practical scenarios.

### **\*INSAS Rifle Firing:\***

The live firing sessions were highly effective. Cadets Yaseen and Gaurav showed significant improvement in their firing skills. Their performance was marked by a disciplined approach and a notable increase in accuracy over the training period. The instructors from the 7 Kumaon Regiment praised the enthusiasm and discipline of Cadets Yaseen and Gaurav. They highlighted the cadets' quick learning ability and their commitment to mastering the skills taught. It is recommended that similar camps be attended regularly by NCC cadets to continually enhance their skills. Additional focus on advanced map reading and night navigation exercises could further benefit their training. The Army Attachment Camp held by the 7 Kumaon Regiment provided an invaluable experience for Cadets Yaseen and Gaurav from Maharana Pratap Government Degree College, Amb. The skills and knowledge gained through this camp have significantly contributed to their development as competent and confident NCC cadets. Continued participation in such camps will ensure that cadets remain well-prepared for future challenges.









## **INTERNATIONAL LVL KARATE COMPETITION**

**23/12/2023**

### **NCC Cadet Mansi Rana's flight after winning silver medal for India in International Karate**

Our NCC Cadet, Mansi Rana has brought laurels to our country by winning silver medal in the International Karate Competition held in Bangladesh.

Mansi Rana won silver medal in the International Goju Ryu Karate Championship held in Bangladesh from 27 to 30 December 2023. Players from Zimbabwe, Bangladesh, Bhutan, Pakistan, Nepal, Iran and India participated in this competition. Mansi started Karate Kumite 2019 under the banner of India Goju-Ryu Sports Karate Do Association and won the Open National Karate Championship 5 times and received medals.

With this achievement, Mahak has also made a wonderful contribution in promoting women power in the society. Seeing her hard work, determination and example of excellence, we are all proud that we have such a talent in our team.

This brilliant Karate exhibition of Mansi Rana has taught us that any goal can be achieved with struggle, dedication, and right guidance. We send our heartiest congratulations and best wishes to her for this achievement and hope to support her in achieving greater heights."

She has displayed a very strong performance with her commitment and courtesy in this competition. Her winning the silver medal is a proud moment especially for our college. It shows that Karate is being considered as an important and inspiring field among our young generation

The Karate training scheme in our college is helping the students to become self-reliant through a positive lifestyle. Mansi Rana's achievement has given a new inspiration to the students and has given them the confidence that they too can reach the highest level in their field

This whole incident has even shown us how regular Karate training improves the physical and mental health of the students and gives them the ability to balance life well. This is an inspiration not only for our college but for the entire country of India.

This wonderful achievement of Mansi Rana has taken our college to new heights and has given the students an opportunity to see from a new perspective. His inspiring performance has made it clear that with the right guidance and dedication, our young generation can excel in any field.



## STATE LEVEL DRAMA COMPETITION

**28/12/2023**

In a commendable display of talent and commitment, the NCC cadets of MPGDC AMB College participated in a **Nukkad Natak competition** at the state level in Shimla, focusing on the critical issue of AIDS awareness. Their poignant performance resonated with the audience and judges alike, earning them the prestigious first place. The cadets demonstrated exceptional teamwork, creativity, and a deep understanding of the topic, effectively conveying the importance of HIV/AIDS prevention and education through their act. Building on their success, the team advanced to the state-level competition held in Shimla, where they continued to impress despite fierce competition. Although they secured fourth place at the state level, their performance remained impactful and memorable. Through their passionate portrayal of the challenges and misconceptions surrounding AIDS, the NCC cadets not only showcased their theatrical prowess but also served as ambassadors for social change and public health awareness. Their dedication to addressing important societal issues reflects the values of leadership, responsibility, and service instilled by MPGDC AMB College and the NCC program. As they return from these competitions, the cadets carry with them not only accolades but also a sense of pride in their contribution to spreading awareness about HIV/AIDS and making a positive difference in their community.

## Army Attachment Camp Report

**Event:** Army Attachment Camp  
**Location:** 272 Transit Camp, Pathankot  
**Duration:** January 15, 2024 - January 26, 2024

From January 15 to January 26, 2024, Akanksha, a cadet from Maharana Pratap Govt. Degree College Amb, participated in the Army Attachment Camp at Pathankot (272 Transit Camp), which included 75 senior wing cadets. Each day commenced with physical training from 6:00 AM to 7:00 AM, followed by drill sessions from 8:00 AM to 9:00 AM, fostering discipline and physical fitness.

The cadets had the opportunity to visit several significant military installations, including the 40 Gun Missile Regiment and a Radar Equipment Station, enhancing their understanding of modern military operations.

They toured the HQ 21 Sub Area and were introduced to advanced communication equipment, gaining insights into the technological aspects of the Army.

The cadets also visited the Infantry Battalion (15 Kumaon Regiment) and the Artillery Regiment (34 Maratha Field Regiment), where they learned about various operational roles. An engaging cultural program at the Army Public School highlighted the importance of community in the armed forces, while a visit to the Army Theatre provided entertainment through a movie screening.

Additionally, the cadets received valuable information about the Services Selection Board (SSB) process, essential for those aspiring to join the Indian Armed Forces. Each day concluded with games from 5:00 PM to 6:00 PM, promoting teamwork and camaraderie among the participants.



The camp was an enriching experience that blended physical training, military education, and cultural exposure, fostering a deeper appreciation for the Indian Army.







## **REPUBLIC DAY PARADE (AMB)**

**26/01/2024**

**On Republic Day**, AMB Ground was filled with patriotic fervor as the NCC cadets from MPGC AMB, both SD and SW, along with JD and JW cadets from Sudha Model School, participated in a grand parade. The NSS students from our college were also present, and a police contingent marched proudly alongside the cadets, adding to the event's grandeur. The Chief Guest, the SDM, accompanied by our Principal Sir, hoisted the national flag, evoking a strong sense of national pride among everyone. The sight of the fluttering tricolor against the clear blue sky was truly inspiring. The day continued with vibrant cultural activities, including an impressive dance performance by the NCC cadets, which captivated the audience. Various performances celebrating our rich cultural heritage added color and excitement to the event. Students showcased their talents through music, dance, and drama, making the day lively and engaging. The celebrations concluded with the distribution of certificates to all participants, acknowledging their efforts and dedication. Overall, the Republic Day celebration at AMB Ground was a memorable and rewarding experience for everyone involved, leaving a lasting impression on all who attended. The event not only fostered a sense of unity and patriotism but also highlighted the importance of teamwork and community spirit.



## REPUBLIC DAY PARADE (UNA)

**26/01/2024**

On the auspicious occasion of Republic Day, the NCC cadets of AMB College in Una showcased their discipline and dedication during a grand parade. Held in conjunction with the local police force, the event was a testament to unity and national pride. The highlight of the ceremony was the impeccable Guard of Honour presented by the NCC cadets to the esteemed Chief Guest. With precision in their drill and smart turnout, they demonstrated their commitment to serving the nation. The parade itself was a spectacle of patriotism, featuring synchronized marches and displays of skill by both the cadets and the police force. It underscored the importance of discipline, teamwork, and respect for the country's heritage. In attendance were dignitaries, faculty members, and students, all of whom witnessed the event with pride and admiration. The Republic Day parade not only celebrated India's sovereignty but also instilled a sense of responsibility and honor among the participants.

Overall, the NCC cadets of AMB College, along with the police force, upheld the spirit of Republic Day with their exemplary performance, leaving a lasting impression on everyone present.



## **AWARENESS ON ROAD SAFETY**

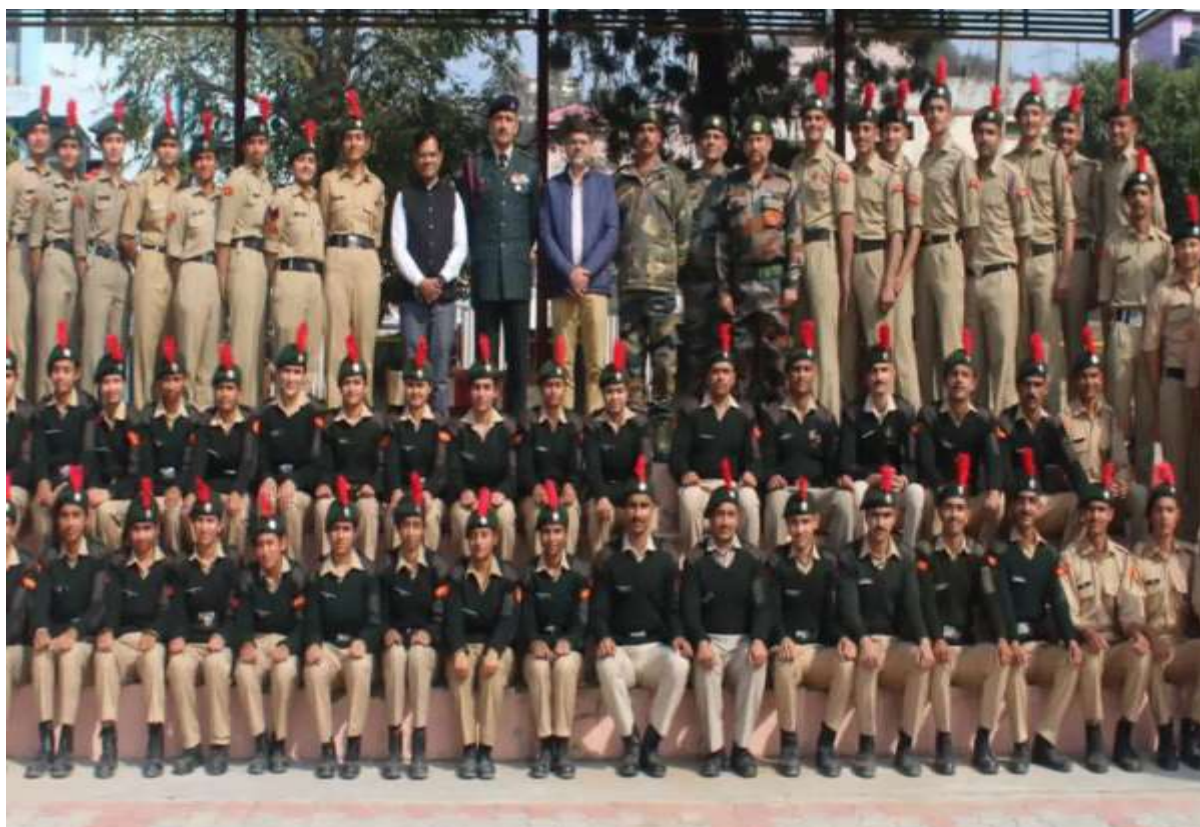
**09/02/2024**

A one day program on **road safety rules** was organized by NCC cadets of Maharana Pratap Government Degree College Amb on 09/02/2024. 20 NCC cadets and other students of the college also participated in this program. A rally was taken out in the area around the college regarding road safety rules and people were made aware by raising slogans. Principal of the college, Dr. Darshan Kumar, Professor Anil Verma and other teachers of the college also participated in this one-day program. Principal Dr. Darshan Kumar also informed the students about road safety rules and made them aware of how important a role road safety rules play in our lives.

## CEE CERTIFICATE PRACTICAL EXAMINATION

**13/02/2024**

MPGC AMB College hosted the **C Certificate practical exam** for final year NCC cadets, with participants from Daulatpur College also in attendance. The event was graced by CO RK Saini(SM), JCO Sir, and other esteemed army staff. Cadets engaged in a series of activities, including weapon disassembly and reassembly, map reading, and compass reading tests. These activities tested their technical skills, geographical knowledge, and navigational abilities. A highlight of the day was the interview session conducted by CO RK Saini, where cadets faced detailed questions, demonstrating their theoretical knowledge and understanding of military procedures. Following the assessments, a lunch was organized for CO and the army staff, providing an opportunity for informal interactions with the cadets. This allowed the cadets to gain valuable insights and advice from experienced military personnel. The event concluded with the DST test, adding another layer of assessment to the day's activities. Overall, the C Certificate practical exam at MPGC AMB College was a comprehensive and well-organized event, highlighting the cadets' skills, knowledge, and preparedness, and emphasizing the importance of discipline and practical experience in their training journey.



## **ATHLETE MEET**

**23/02/2024**

**Maharana Pratap Utkrisht Mahavidyalaya Amb organized an athletic meet on 23-02-2024 at Amb School Ground.**

**The chief guest was Professor Darshan Kumar and along with him were NCC CTO Professor Anil Verma, Professor Ajay Kumar, Professor Amit Kumar and other college professors. At the beginning of this ceremony, NCC cadets, NSS volunteers and Range and Robbers marched together and saluted the chief guest. After this, the formation was done by 21 NCC cadets of Maharana Pratap Utkrisht Mahavidyalaya Amb.**

**Under this athletic meet, the students of the college participated in different competitions. Many NCC cadets also participated in it. The following competitions were held under this athletic meet:**

**1. Race -a) 5000m**

**b) 1500m**

**c) 400m**

**d) 200m**

**e) 100m**

**(2). Shot put (3). Javelin throw (4). High jump (5). Long jump**

**NCC cadets performed very well in all these competitions. Her result is as follows: Cadet Harsh Thakur - 400m-1st position**

**200m-3rd position**

**Cadet Priya Bhatia- Short put-3rd position**

**Disk Throw-3rd position**

**Cadet Anita Devi- 100m-1st position**

**Cadet Kavita- 5000m-2nd position**

**1500-2nd position**

**200m -1st position**

**Cadet Sejal Sharma- 200m-3rd position**



**Cadet Aryan Koundal-Disk Throw-2nd position**

**Cadet Mehak- 100m-2nd position**

**200m-2nd position**



## SHASHAKT NARRI

### **\*Maharana Pratap Government College, Amb\***

Maharana Pratap Government College, Amb organized a women self defense program in collaboration with IQSC and NCC. The training began in December and lasted 30 days, ending with a closing ceremony. The initiative aimed to empower women with self-defense skills and promote gender equality and safety on campus.

- Mansi Rana, a student of the college, who has won a silver medal in Karate Kumite at the international level, played an important role in the event. His expertise and experience in Karate contributed significantly to the efficacy of the training sessions.
- Palak, an expert in self-defense techniques, provided valuable guidance to the students during the program. His expertise complemented Mansi Rana's skills, providing students with vital information and giving them the confidence to defend themselves safely.
- The training program focused on self-defense techniques adapted to real-life situations.
- In which Ashish Purohit, Mansi Rana's coach inspired the children and gave a new start to the occasion in which he addressed the program by narrating his experiences.
- Mansi Rana's expertise in Karate added depth to the training, allowing the participants to learn from their international competitions.
- Mansi's expert advice and guidance further enhanced the efficacy of the programme, equipping students with vital information and techniques to safely arm themselves on the path to self-confidence.

In this program the Principal of the college also shared his thoughts and suggestions.

A competition was also organized in this.

In which

Paria Bhatia got first position, Kavita got second position and Palak Rana got third position.

At the end, Mansi Rana and her coach Ashish Prohit were honored with mementoes

## **DISASTER MANAGMENT**

**04/03/2024**

**\*Maharana Pratap Government College, Amb\***

**\*Report of the disaster management camp\***

Details of training provided:

During the day, representatives of the Disaster Management Department conducted a detailed session on fire, and other disasters at Maharana Pratap Government College. This education was timely and important, as it would help our students cope with and respond to disasters.

Key features of education:

1. **\*Training on Fire:\*** Representatives from Disaster Management Department gave detailed education to our students on first aid and what to do to resolve fire. In this, timely and correct way of response was explained.
2. **\*Training on other disasters:\*** Also, importance of response and safety measures on what to do in case of any other disaster like earthquake, typhoon, or deluge was also explained.

Importance of the day:

The first day of learning was very important for our students, as it would equip them to face and respond to disasters. This was training given in a systematic manner which would help them deal with any disaster that may come in their life.

Objectives and Results:

The main objective of this education was to make our students aware about disasters and to provide them the ability to find solutions. As a result, greater awareness and comfort towards disaster management was seen among the students.

Coordination and further action:

The completion of this camp is a matter of pride for all of us. In the future, we will try to provide more education in disaster management to the students so that they can face the upcoming disasters.

final thoughts:

This day of teaching was an important step for our students in disaster management

## **ANNUAL PRIZE DISTRIBUTION**

**09/03/2024**



**\*Report on the annual prize distribution ceremony at Maharana Pratap Mahavidyalaya, Amb\***

Date: [9/03/2024]

Location: Maharana Pratap College, Amb

Chief Guest MLA Sudarshan Singh



The annual prize distribution ceremony of Maharana Pratap Mahavidyalaya Amb was held today with great joy and enthusiasm. Our respected MLA Sudarshan Singh was present in this program, who inaugurated the function.

The ceremony began with the lighting of the lamp, followed by the welcome address by the Principal, highlighting the achievements and progress of the institute in the last academic year.

The highlight of the event was to felicitate the NCC cadets for their outstanding achievements and contribution. MLA Sudarshan Singh acknowledged the dedication and commitment of the cadets and presented them awards.

Additionally, academic achievers were recognized and honored for their exceptional performance in various subjects. The prizes were distributed amidst applause and encouragement from the audience including teachers, students and parents.

In his address, MLA Sudarshan Singh appreciated the efforts of the institute in honing the talent of the students and promoting overall development. He stressed the importance of education in shaping the future of the nation and urged students to strive for excellence in their chosen fields.

The event concluded with a vote of thanks by the Head of the Organizing Committee, expressing his gratitude to all the dignitaries, guests and participants for making the event a success.

Brief information about the inspectors awarded in the annual function of National Cadet Corps (NCC) -

In which Sergeant Shivani Ratna was the BEST STUDENT OF SESSION (2021-2023)

1. Cadet Shreya (BA 2nd year) – 1st position in the negotiation competition on G20, and 2nd position in the negotiation competition on Maddad Nasha.
2. Cadet Mansi (B.Sc. 2nd year) – **NCC PRIDE AWARD** , 2nd position in the Negotiating Competition on G20, and consolation prize in the Negotiating Competition on Drug Abuse.
3. Cadet Prerna (B.Sc. 2nd Year) – First prize in the painting competition on cleanliness campaign, and consolation prize in the talk competition against drug abuse.
4. Cadet Sejal (BA 2nd year) – 2nd position in anti drug talk competition, consolation prize in painting competition in cleanliness campaign.
5. Cadet Aarushi (B.Sc. 2nd Year) – Modeling, 1st position in Khadi Mahotsav, and 3rd position in State Level Fencing Championship.
6. Cadet Shabnam – 1st position in negotiation competition.
7. Cadet Priya Bhatia – 3rd position in painting competition and 3rd position in slogan writing in cleanliness campaign.
8. Cadet Lakshya Dawdal – Modelling, 3rd position in Khadi Mahotsav.
9. Cadet Chirag Parmar – Third position in Painting, Cleanliness Campaign



## **BEST STUDENT OF SESSION (2023-2024)**

**09/03/2024**

### **Title: Recognition of Shivani Rattan Bhardwaj as the Best Student of MPGDC AMB for the Academic Year 2023-24**

In a memorable ceremony held during the annual function of MPGDC AMB, Shivani Rattan Bhardwaj was honored as the Best Student for the academic year 2023-24. The event, graced by esteemed chief guest Sudarshan Singh Bablu along with college principal Darshan Kumar and CTO Anil Verma, celebrated Shivani's exceptional achievements and contributions. Shivani's recognition stems from her outstanding academic performance, leadership qualities, and active involvement in extracurricular activities. As a diligent student, she has consistently demonstrated a strong commitment to excellence in her studies, earning accolades from both faculty and peers alike. Beyond academics, Shivani has been instrumental in fostering a positive learning environment within the college community. Her leadership roles in various student organizations reflect her dedication to the betterment of campus life and student welfare. Moreover, Shivani's exemplary character and compassionate nature have left a lasting impression on those around her. She embodies the core values of integrity, humility, and empathy, serving as an inspiring role model for her fellow students. The recognition of Shivani Rattan Bhardwaj as the Best Student of MPGDC AMB serves as a testament to her hard work, dedication, and outstanding contributions to the college community. Her achievements reflect the spirit of excellence that defines the institution and inspire others to strive for greatness. In conclusion, Shivani's remarkable journey as a student exemplifies the values of academic excellence, leadership, and character that MPGDC AMB aims to instill in its students. Her legacy will continue to inspire and motivate future generations of students to reach their full potential.





## Army Attachment Camp Report

**Event:** Army Attachment Camp  
**Location:** 6 Jak Rifle, Dalhogi  
**Duration:** March 17, 2024 - March 28, 2024

Maharana Pratap Government Degree College, Una's Unit 6 HP Independence Company NCC Cadet Zahar, Cadet Shivam, Cadet Abhishek has successfully completed the army attachment camp in Dalhogi. In this camp total 100 cadet from various unit participated. This camp took place from 17 March 2024, to 28 March 2024, and was held within 6 Jak Rifle Dalhogi.

The camp began with an opening address by Commanding officer who boosted the morale of all cadets. Various classes and competitions were organized during the camp, including an introduction to infantry and artillery, Petrolling practical, Ambush Practical, Obstacles training etc.

Cadets received training in ambush tactics, weapon training with INSAS, first aid, CPR drills, artillery spotting, and infantry map reading.

Several competitions were conducted, such as a quiz competition, debate competition, and tent pitching competition. The cadets also participated in a trek.







## SHAHEEDI DIWAS

23/03/2024

### Tribute to Shaheed Bhagat Singh, Rajguru, and Sukhdev Singh at Maharana Pratap Government College, Amb

Today, NCC cadets and all college principals at Maharana Pratap Government College, Amb paid homage to Shaheed Bhagat Singh, Rajguru, and Sukhdev Singh. On this occasion, Professor Rajesh ji gave a speech, in which he saluted their sacrifice and talked about the importance of their contribution.

In the speech, Rajesh Sir talked about the importance of bravery and sacrifice of Shaheed Bhagat Singh, Rajguru, and Sukhdev Singh. He also captured the amazing inspiration of these great warriors and inspired the students to feel proud of their life example.

All present at the ceremony paid tribute to the martyrs and honored their sacrifice. The ceremony was a wonderful occasion to remember the bravery and valor of Shaheed Bhagat Singh, Rajguru, and Sukhdev Singh





## INTER GROUP SHOOTING COMPETITION

10/5/2024

NCC cadet Isha Thakur from MPGDC AMB College recently attended a **shooting camp** in Chandigarh, where she had a remarkable learning experience under the guidance of army officers. The camp provided her with valuable opportunities to enhance her skills and knowledge in shooting. Isha was delighted to receive guidance from experienced professionals, who shared their expertise and insights with her. Through their mentorship, she gained valuable insights into various aspects of shooting, including techniques, strategies, and discipline. The camp not only honed Isha's shooting abilities but also instilled in her a deeper appreciation for the sport and its demands. She found herself inspired by the dedication and professionalism of the army officers, whose guidance motivated her to strive for excellence in her endeavors. Isha returned from the camp with newfound confidence and determination to continue her pursuit of excellence in shooting. Her participation in the camp reflects her commitment to personal growth and her eagerness to seize opportunities for learning and development. MPGDC AMB College takes pride in nurturing talents like Isha and encourages students to explore their interests and excel in their chosen fields. As Isha continues her journey, she carries with her the valuable lessons and experiences gained from the shooting camp, poised to make further strides in her sporting career.



**15/05/2024**

**Annual Training Camp: 650 cadets took part**



A 10 days annual training camp was organized by 6 hp (I) coy NCC Una at Pekhuwela, Una district. Around 650 cadets from SD/SW and JD/JW participated in this camp. Cadets were given important information about firing, drill, and army studies. During training the cadets focused on discipline and skill development, thereby enhancing their military capability.

The cadets were taught how to properly use different types of guns and weapons in firing. They were also explained in detail about shooting techniques and safety rules. In the drill session the cadets learned marching, salute and other military exercises along with discipline and coordination. Under Army studies, they were given information about the history of the Indian Army, its structure, and various ranks.

During the camp, cadets were also taught the importance of self-reliance, tolerance and teamwork. Emphasis was laid on enhancing their physical and mental capacity through various activities and competitions. The cadets shared their experiences and skills learned during this camp and described this opportunity as an important part of their lives.

On this occasion, the organizers of the camp said that the objective of such training camps is to motivate the youth to serve the country and prepare them for future challenges. The cadets also completed this camp with great enthusiasm and zeal and considered this training important in their future plans.

Brilliant achievements of NCC cadets of Maharana Pratap Government College of Excellence  
NCC cadets of Maharana Pratap Government College of Excellence displayed their exceptional talent in the Annual Training Camp and won many awards by performing excellently in various competitions.

**Cadet Prerna Thakur:**

Prerna Thakur showcased her amazing abilities and won three major awards. He received the title of Best Cadet (SW), stood first in the written examination and also stood first in the firing competition. This is a testament to his discipline, skill and knowledge.



Cadet Aditya Thakur:

Aditya Thakur also impressed everyone with his talent. He won the title of Best Cadet (SD) and stood second in the written examination. His achievements highlight his leadership and academic skills.

Cadet Isha Thakur:

Isha Thakur secured first position in the drill competition. It is the result of his discipline and dedication that he achieved excellence in military practice.

Cadet Shreya Sharma:

Shreya Sharma won silver medal in painting competition. His artistic skills and creativity earned him respect in this competition.

Cadet Aman Sharma:

Aman Sharma received bronze medal in painting and gold medal in poetry. His love and talent for art and literature led him to these important achievements.

Cadet Priya Bhatia:

Priya Bhatia won gold medal in painting, silver medal in essay writing and bronze medal in declamation. His versatility and academic excellence earned him this honour.

Cadet Jaswinder Singh:

Jaswinder Singh won silver medal in declamation and gold medal in poetry. His oratorical skills and literary ability earned him this award.

Bhangra Cadets:

The team that won the silver medal in the Bhangra competition included:

- Simran, Mansi, Kavita, Anita, Mehak Rana, Sijal, Palak, Shabnam, Muskaan
- SD Cadets: Pranshu, Jaswinder, Mandeep, Lakshya, Hrithik, Divyanshu

These cadets displayed their dance skills and coordination in a unique manner, due to which they stood second in the competition.

At the closing ceremony of the camp, all the winners were felicitated by 6 HP (I) COY NCC UNA. The organizers and trainers appreciated their excellent performance and wished them a bright future. Cadets shared their experiences and described this training camp as an important part of their



## WORLD ENVIRONMENT DAY

5/06/2024

Today, on 5th June 2024, Environment Day was celebrated in Maharana Pratap College, Amb. In which 70 students participated, including 20 cadets (NCC) and 50 students (I.T. Club). On Environment Day, NCC Care Taker Anil Verma made all the children aware about Environment Day and organized various competitions in which 11 students participated in the proposal writing competition in which Priya Bhatia got the first position, Kamini Bhatia got the second position and Mehak Rana got the third position. Along with this, a painting competition was also held in which Priya Bhatia stood first, Shabnam stood second and Kamini Bhatia stood third. In the painting competition, students made pictures related to environmental protection and gave the message that we should protect our environment and keep the air, water etc. around us clean.

College Principal Professor Darshan Kumar planted saplings in the college on Environment Day and in his address said that along with studies, such activities will lead to all-round development of the students and we all should be conscious about environmental protection. Only if the environment is clean can a clean society be imagined.

On this occasion, Caretaker Anil Verma gave a lecture on environment in which he told that we all should be aware about environmental protection.

On this occasion, NCC cadets and IT students also took out a rally to create awareness about environmental protection.

Apart from this, a summer camp for the students of IT Club was also started from today. About 45 students are participating in this summer camp. In this camp, information about various IT tools will be given and hands on practice will also be conducted.



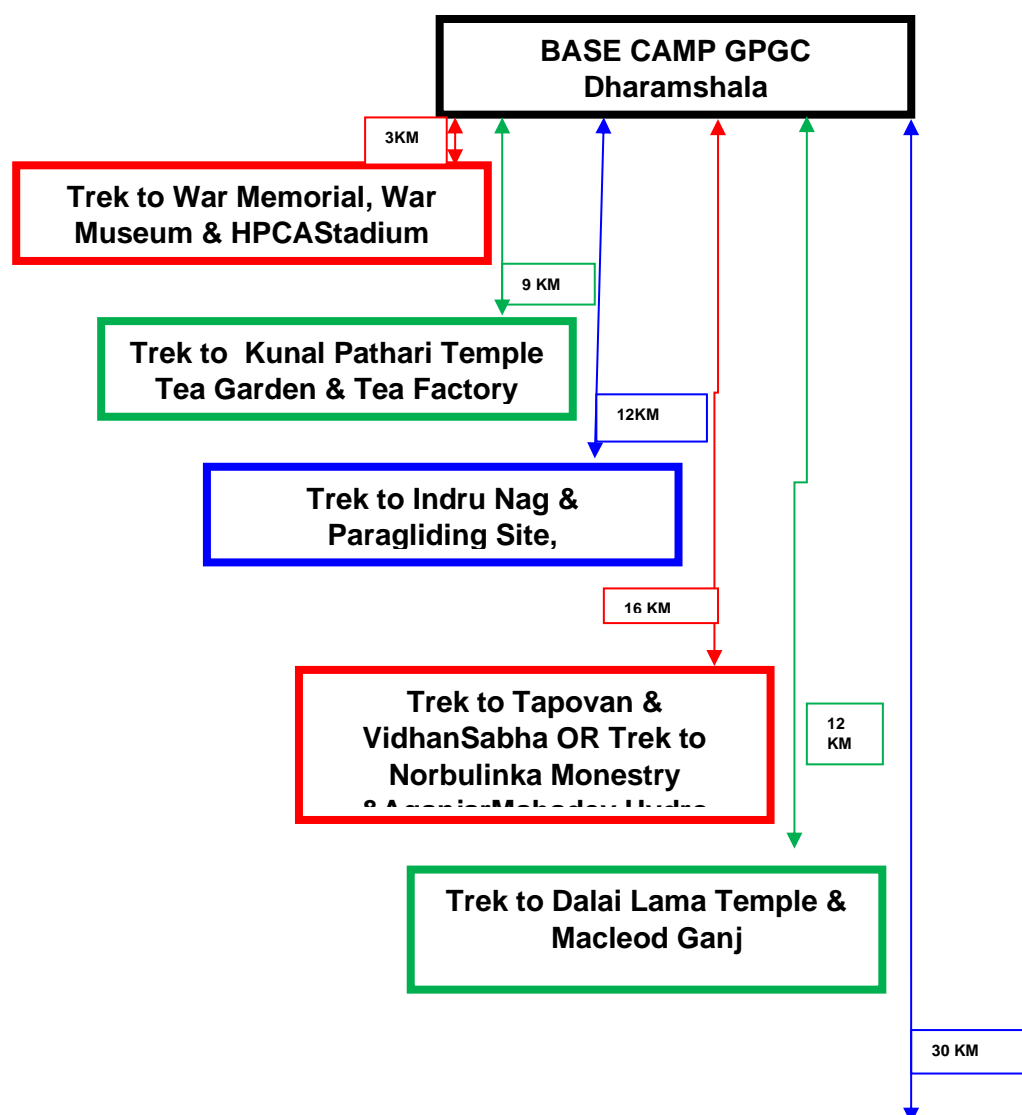
## ALL INDIA GIRLS TREKKING CAMP

7/06/2024

Himachal Pradesh is a Trekkers' paradise lying in the lap of Himalayas with topography which varies from the foothills of Shivalik Ranges to the lofty and precipitous mountains in the remote interiors. While the outer ranges are interspersed with beautiful rugged, challenging passes and glaciers, the valleys and interiors are covered with flowers and dense forest of Deodar, Pines, Oak and Cedar. Numerous rivers and lakes meandering through the remote country side with serene landscapes make Himachal Pradesh an abode of the Gods.

All India Girls Trekking Expedition (AIGTE) – 2024 (Himachal Trek-I) will be conducted by the NCC Group Shimla on behalf of NCC Directorate Punjab, Haryana, Himachal Pradesh & Chandigarh (PHHP&C) from **05 June 2024 to 14 June 2024** in the lap of Dhauladhar mountain ranges around Dharamshala area of District Kangra in the State of Himachal Pradesh. Himachal Trek-I shall be conducted in two batches, with each batch of 08 days duration; schedule for first batch being 05 June 2024 to 12 June 2024. A total of 500 (in two batches of 250 each) girl cadets including ANOs will participate in the Trek. **TREK**

## **ROUTE(MAP)**





**Educational Trip to Chamunda  
Devi & Wpns Display at Yol OR  
Educationa Trip to Kangra Fort**



## WORLD OCEAN DAY

8/06/2024

World Ocean Day was celebrated on 8 June 2024 by NCC cadets of Maharana Pratap Government College, Amb. This one-day program was conducted under the guidance of NCC Caretaker Officer Professor Anil Verma. On this day, a poetry recitation competition was organized on the theme "Blue Prosperity", in which 9 NCC cadets participated. Professor Anil Verma and Dr. Krishna Sharma played the role of jury in this competition. In this competition, first place cadet Mehak Rana, second place cadet Priya Bhatia, third place cadet Sejal Sharma and Jaswinder Singh were awarded consolation prizes. In the end, Professor Anil Verma addressed the cadets and presented his views on World Oceans Day and concluded the function. College Principal Prof. Darshan Kumar congratulated all the NCC cadets for the successful organization of this function





## INTERNATIONAL DAY OF YOGA

21/06/2024

On the occasion of International Yoga Day today, NCC cadets and NSS volunteers made everyone aware of the importance of yoga and how to perform all the asanas in a proper and disciplined manner at Maharana Pratap Government College Amb. The chief guest of this program was Mr. Darshan Kumar and other college administration Professor Anil Verma, Professor Rajneesh Kumar, and other college administration were also present. At the beginning of the program, Principal Mr. Darshan Kumar was welcomed with a rose flower. Principal Mr. Darshan Kumar explained the benefits of yoga. He said that yoga not only improves physical health, but also provides mental peace. And along with the importance of yoga, its history was also told. College sports coach Mr. Pawan Patial told us about various yoga asanas and taught us how to do them correctly. Under his guidance, the students performed many other important yoga asanas including Tadasana, Vrikshasana, Kapalbhati, Aalombilom, and Surya Namaskar. A yoga competition was also organized in this program, in which SW cadets Priya Bhatia secured first place, Cadet Anshika secured second place and Cadet Sejal secured third place. And in SD, Cadet Hrithik secured first place, Cadet Sachin secured second place and Cadet Divyanshu secured third place. At the end of the program, the chief guest Mr. Darshan Kumar motivated all the students to be aware of yoga and concluded the program successfully.



## **Woman Empowerment Day**

witnessed a transformative declamation competition organized by the NCC cadets of MPGDC College, Amb. This event, graced by the presence of Principal Darshan Kumar and CTO Anil Verma, unfolded as a significant step towards fostering gender equality and empowering women. The competition provided a platform for cadets to articulate their thoughts and insights on the vital topic of women's empowerment.

Principal Darshan Kumar and CTO Anil Verma, in their esteemed roles, not only attended the event but also offered invaluable guidance and direction to the cadets. Their presence served as a source of inspiration and motivation, emphasizing the importance of initiatives aimed at empowering women in our society. Through their encouraging words, they instilled in the cadets a sense of responsibility and purpose, urging them to actively contribute to the cause of gender equality.

For the NCC cadets, the declamation competition was more than just a platform for speech delivery; it was a profound learning experience. As they took to the stage to express their perspectives, they delved into the complexities of gender dynamics, highlighting the challenges faced by women and advocating for their rights and opportunities. Through their speeches, cadets shed light on the need for inclusive policies, education, and societal change to truly empower women and achieve gender parity.

The competition facilitated meaningful discourse and reflection, allowing cadets to gain new insights and perspectives on woman empowerment. It encouraged them to critically analyze societal norms and stereotypes that perpetuate gender inequality and to envision a future where women are respected, empowered, and given equal opportunities to thrive.

Moreover, the event provided a platform for cadets to hone their public speaking skills, confidence, and leadership abilities. It encouraged them to step out of their comfort zones, articulate their thoughts effectively, and advocate for causes they believe in passionately. Through constructive feedback and encouragement from their peers and mentors, cadets emerged from the competition with newfound confidence and determination to drive positive change in their communities.



**The Red Ribbon** Club, led by NCC cadets, organized an awareness rally aimed at educating people about AIDS. Through various activities and initiatives, the cadets effectively raised awareness about the importance of HIV/AIDS prevention and treatment. They engaged with the community, spreading crucial information and dispelling myths surrounding the disease. Additionally, NCC cadets visited hospitals to interact with patients and healthcare professionals, further contributing to the dissemination of accurate information and support for those affected by HIV/AIDS. Their proactive involvement in raising awareness reflects their commitment to public health and social responsibility. The Red Ribbon Club, under the leadership of NCC cadets, continues to play a vital role in promoting health education and fostering a supportive environment for those affected by HIV/AIDS.

## **POLLUTION DRIVE**

An important rally was organized by the National Cadet Corps (NCC) cadets of Maharana Pratap Government Degree College Amb. The objective of this rally was to make people aware about road safety and pollution. Many NCC cadets participated in the rally and spread awareness along with various cadets and others to highlight the importance of road safety. Through this rally, NCC cadets organized a pollution prevention campaign, which was a positive step to spread awareness about preventing pollution and making the environment clean and healthy. In this, teaching campaigns were conducted, in which people were educated to increase awareness about the causes and effects of pollution. It also makes people aware about cleanliness in polluted areas, such as parks, or in urban sites/appreciate using careful transportation to promote public transportation, carpooling, biking, or walking. Appreciate following a more careful process for proper waste disposal and reuse. Encourage waste reduction and one-time use.

This campaign was an important step towards safe and healthy places on the roads!

### **\*A WEEK IN THE NAME OF VIGILANCE AWARENESS\***

Vigilance Awareness Week (VAW) is an annual celebration commemorating the honour of the honourable Sardar Vallabhbhai Patel, known for his unwavering integrity under which today \*Anti-Corruption Rally\* NCC Cadets of our college organized an anti-corruption rally as part of a training and empowerment drive. The main objective of this rally was to make people aware against corruption and bring positive changes in the society. NCC cadets participated in their dedication and enthusiastic rally. They raised slogans against corruption and made people aware, covering a distance of a few kilometers from the college to the market. The principal of the college, who arrived through the rally, also discussed the harmful effects of corruption in his speech and motivated the students to participate in positive action. This rally has taken an important step in social consciousness and awareness. The first of its kind in the direction of prosperity and empowerment has provided a positive signal towards an empowered society against corruption.

**On Millets Day**, all NCC cadets gathered as instructed by our CTO, Anil Verma, at AMB College. The day was marked by an exhibition organized within the college premises, aimed at educating us about the importance of millets. Through various displays and presentations, we learned extensively about the nutritional value, health benefits, and sustainable farming practices related to millets. The exhibition served as an eye-opener, providing insights into the significance of incorporating millets into our diet for improved health and environmental conservation. Additionally, interactive sessions and workshops were conducted, where cadets actively engaged in discussions and activities related to millets. The event was not only educational but also enjoyable, as we had the opportunity to taste different millet-based dishes prepared by college staff and students. Overall, Millets Day was a valuable learning experience for all NCC cadets, enriching our knowledge and awareness about this nutritious and eco-friendly food option. We extend our gratitude to CTO Anil Verma and the organizers for arranging such an informative and enlightening event.















## World Environment Day Celebration

**Event:** World Environment Day

**Location:** Maharana Pratap College, Amb

**Date:** June 5, 2024

Seventy students, including 20 NCC cadets and 50 IT Club members, participated in the event. NCC Caretaker Anil Verma organized activities to raise environmental awareness, including essay and art competitions. Priya Bhatia excelled, winning first place in both competitions. The principal, Professor Darshan Kumar, led a tree-planting ceremony, highlighting environmental preservation. A rally followed to promote awareness, and the IT Club announced a summer camp for 45 students focused on IT skills.

### Activities:

- Essay & Art Competitions
- Tree Planting



Environmental

Rally













## **Pre TSC-Camps and IGC Camp**

**The Pre TSC camps and IGC camp attended by cadets from Maharana Pratap Government College Amb, under the 6 HP(I)COY NCC UNA.**

### **\*Pre TSC 1\***

The first Pre TSC camp took place in Sultanpur, Solan, from June 19 to June 28, 2024, with 115 cadets participating, including SGT. Prerna Thakur, Cadet Isha Thakur, Cadet Simran, CPL kavita, and Cadet Zahar. Activities focused on essential skills such as map reading, weapon training, and tent pitching, aiming to develop practical abilities and teamwork.

### **\*Pre TSC 2\***

The second Pre TSC camp was held at the same location from July 1 to July 10, 2024, involving 70 cadets and reinforcing the skills learned in the first camp through similar training activities.

### **\*Pre TSC 3 - IGC Camp\***

Following these camps, the Intergroup Competition (IGC) camp occurred in Rupnagar, Punjab, from July 11 to July 20, 2024, From MPGDC Amb College SGT. Prerna Thakur, CPL kavita or Cadet Zahar show presence in this camp . Where total 343 cadets from different groups participated in competitive exercises that them for future challenges in NCC and beyond and the Cadet of MPGDC Amb College also commanding the girls contingent. In this competitive camp, cadets participated in various exercises that tested their skills and prepared them for future NCC challenges. The IGC Camp was an opportunity for cadets from different groups to engage in team-building and develop their leadership abilities.



## **Vibrant Village Program - Kinnaur (Kalpa)**

Dates: 22 July 2024 to 31 July 2024

The Vibrant Village Program aimed to promote rural development and strengthen community bonds in Kinnaur, focusing on Kalpa. NCC cadets participated actively, engaging in various activities that enhanced both their leadership skills and community service experience.

### **Cadet Activities:**

1. **Community Service:** Cadets assisted in local initiatives like tree planting, cleanliness drives, and water conservation awareness campaigns.
2. **Cultural Exchange:** Organized cultural programs to showcase local traditions, music, and dance, fostering a greater understanding of the regional heritage.
3. **Workshops & Training:** Participated in skill development workshops, including first-aid training and disaster preparedness sessions, conducted by local experts.
4. **Sports & Physical Fitness:** Engaged with village youth in sports activities, promoting physical fitness and teamwork.



The program fostered a spirit of unity and resilience among cadets and villagers, encouraging sustainable development and cultural preservation.



## **Kargil Vijay Diwas Program**

**Date:** 26 July 2024

To honor Kargil Vijay Diwas, NCC cadets of Maharana Pratap Excellence College, Amb, organized a one-day event. The college principal, Dr. Darshan Kumar, and NCC caretaker officer, Professor Anil Verma, were present. Cadets engaged in various activities to commemorate this significant day.

### **Cadet Activities:**

#### **1. Poster-Making Competition:**

- 15 cadets participated in the competition.

- Professors Rajesh Kumar, Ankush, and Suryaman Chauhan served as judges.
- Results:
  - *First Prize*: Cadet Palak
  - *Second Prize*: Cadet Kritika Sharma
  - *Third Prize*: Cadet Lakshya Dadwal and Cadet Isha Jaswal

## **2. Rally:**

- Cadets organized a rally from the college to Amb School Ground, passing through nearby areas.
- At the Amb School Ground, they paid floral tributes at the War Memorial.

The program concluded with a speech by Principal Dr. Darshan Kumar, highlighting the significance of the event.

**Jai Hind! Jai Bharat! Jai Himachal!**







## **NCC Cadet Enrolment Process**

**Dates:** 13 August 2024- 20 August 2024

Overview: The enrolment process for new NCC cadets at Maharana Pratap Government Degree College, Amb, followed a comprehensive and structured approach to ensure the selection of well-rounded candidates. This process included a written examination, pre-physical assessment, and final interview, designed to evaluate candidates on multiple criteria.

Enrolment Stages:

1. Written Examination (13 August 2024):

- Focus: Assessed general awareness, mathematics, NCC-related topics, and current affairs.
- Purpose: Evaluated candidates' cognitive abilities and preparedness for NCC training.

## 2. Pre-Physical Assessment (17 August 2024):

- Evaluated physical parameters such as height, weight, eyesight, and flat feet.
- Ensured candidates met the basic physical standards necessary for NCC participation.

## 3. Interview (20 August 2024):

- Conducted by Junior Commanding Officer (JCO) and CTO Ajay Kumar, alongside other Army personnel.
- Assessed candidates' motivation, attitude, and overall suitability for NCC training.

### Outcome:

- Total Vacancies: 13 positions available (7 for Senior Division (SD) and 6 for Senior Wing (SW)).
- The process successfully inducted the most dedicated and capable individuals to contribute to the NCC program at the college.

## Independence Day Parade Program

**Date:** 15 August 2024

Maharana Pratap Government College, Amb, hosted a significant **\*Flag Hosting Ceremony\*** to commemorate India's Independence Day. The event was attended by key college officials, including **\*Principal Dr. Darshan Singh,** **\*\*Prof. Amit Sharma,** and **\*\*DP Pawan Patiyal\*,** who contributed to the day's proceedings and reflected on the importance of the occasion.

The ceremony commenced with the \*flag hoisting\*, performed by Principal Dr. Darshan Singh, symbolizing national pride and unity. As the national flag was raised, attendees observed a moment of silence, embodying respect for the sacrifices made for India's freedom.

Following the flag hoisting, a formal \*parade\* was conducted by 25 NCC cadets, who demonstrated their discipline and dedication to service. Their precise movements and coordinated efforts added a sense of grandeur to the ceremony, highlighting the role of the youth in national development. The cadets' participation not only enhanced the ceremonial aspect but also inspired other students present.

The \*chief guest\*, the SDM of Amb Tehsil, delivered an insightful address emphasizing the significance of Independence Day. He spoke about the responsibilities of the youth in shaping the future of the nation and encouraged students to uphold the values of freedom, integrity, and service. His speech resonated with the audience, reminding everyone of the importance of active citizenship.

It reinforced the ideals of independence and civic duty, making the occasion memorable for all participants. The involvement of college officials and the distinguished presence of the SDM underscored the significance of the day in the academic and local community.

- **Cadet Drill & Turnout:** The NCC cadets' drill and smart turnout highlighted their commitment to serving the nation. Their disciplined performance emphasized the importance of unity and respect for national heritage.
- **Patriotic Display:** The parade was a patriotic spectacle, featuring a well-coordinated march by cadets and police personnel. It illustrated the values of discipline, teamwork, and pride in national heritage.

#### **Participation:**

- A total of **29 cadets** from the college took part in the parade.

- **Four cadets** participated in the honor ceremony, showcasing their skills and dedication.

On August 15, 2023, an impressive \*Independence Day Parade\* was held at Una SD School, showcasing the dedication and discipline of \*NCC cadets\*, along with participation from \*\*Home Guards\* and \*police constables. The event was graced by the \*\*Agriculture Minister of Himachal Pradesh, who served as the \*\*chief guest\* and officially hosted the flag hoisting ceremony. Following the parade, a ceremonial \*ritling\* was conducted by four NCC cadets at the \*Una War Memorial, honoring the sacrifices of soldiers. The \*\*Deputy Commissioner of Una\* attended this segment, emphasizing the significance of remembering those who served the nation. The NCC cadets played a central role throughout the event, demonstrating their training and commitment to service, while instilling a sense of pride and patriotism among attendees. Their disciplined performance highlighted the importance of youth engagement in national celebrations, making the day a memorable occasion for the school and the community.









## **World River Day Program**

**Date:** 24 September 2024

In observance of World River Day, NCC cadets of Maharana Pratap Government Degree College, Amb, participated in a poster-making competition. The event aimed to raise awareness about river conservation and the importance of protecting water resources.

### **Cadet Activities:**

- **Poster-Making Competition:**

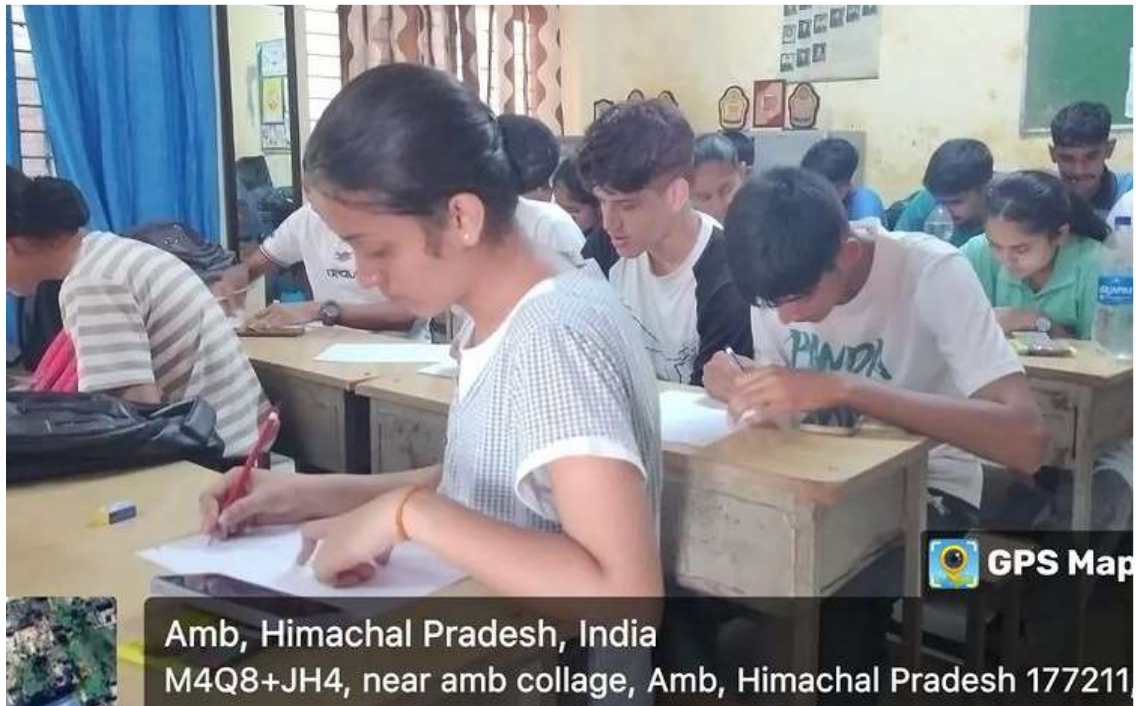


- Cadets showcased their creativity by addressing issues such as river pollution and conservation.
- Results:
  - *First Prize:* Cadet Nitika Kumari
  - *Second Prize:* Cadet Priya Bhatia
  - *Third Prize:* LCPL Palak
- The posters effectively highlighted the significance of rivers and the negative impact of pollution on these vital ecosystems.

The event concluded with Principal Professor Darshan Kumar and CTO Ajay



Sharma providing guidance and encouragement to the cadets, emphasizing the importance of river conservation.



 GPS Map

Amb, Himachal Pradesh, India  
M4Q8+JH4, near amb collage, Amb, Himachal Pradesh 177211



## Swachh Bharat Abhiyan Program

**Date:** 1 October 2024

To mark Swachh Bharat Abhiyan, NCC cadets from Maharana Pratap Government Degree College, Amb, organized a series of activities promoting cleanliness and environmental responsibility. A total of 35 cadets participated in the event, emphasizing the importance of cleanliness and hygiene.

### **Cadet Activities:**

#### **1. Cleanliness Rally:**

- The rally began at Amb College and continued to the bus stand.
- Cadets conducted a cleanliness drive at the bus stand, engaging the public with motivational slogans to inspire community participation in the Swachh Bharat mission.

#### **2. Rangoli Competition:**

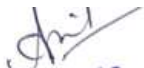
- 24 cadets participated, forming four groups, each comprising six members.
- The rangolis highlighted the theme of Swachh Bharat, with colorful and creative designs.
- Results:
  - *First Place:* Group 4 (Harsh, Bhanu, Divyanshu, Aryan, Jasvinder, Pranshul)
  - *Second Place:* Group 1 (Sejal, Kritika, Kashish, Pooja, Harshit, Vansh)
  - *Third Place:* Group 2 (Abhishek, Kamini, Anshika, Ambika, Aditi, Divyanshu)



Principal Professor Darshan Kumar addressed the cadets, discussing the societal benefits of cleanliness and encouraging them to continue their efforts toward a cleaner environment.





  
 Caretaker NCC  
 Maharana Pratap  
 Govt. Degree College Amb  
 Distt. Una (H.P.)

  
 Principal  
 M. P. Govt. College, Amb  
 Distt. Una (H.P.)