



# ANNUAL NCC-REPORT 2022-23

Showcasing cadets' achievements, discipline, and community impact in a year of dedication and leadership.



NCC UNIT MAHARANA PRATAP GOVT. DEGREE COLLEGE AMB UNDER 6 HP (I) COY. NCC UNA

#### **Principal's Message**

Acknowledging Excellence in the NCC

#### Dear Cadets,

It is with great pleasure that I present the Annual NCC Report, encapsulating the remarkable achievements and unwavering dedication displayed by our National Cadet Corps (NCC) unit over the past year. The NCC, as an integral part of our institution, has not only contributed to the development of disciplined individuals but has also actively participated in various initiatives that promote civic responsibility and national pride.

I extend my sincere appreciation to each and every NCC cadet for their commendable services throughout the year. Your commitment to excellence, discipline, and community service has been truly inspiring. The NCC, under your leadership, has not only excelled in its core objectives but has also set a high standard for all to follow.

I would like to take this opportunity to express my deepest gratitude to Prof. Anil Verma, the NCC Caretaker Officer, for his exemplary services and tireless efforts in guiding and mentoring our cadets. Prof. Verma's leadership and dedication have been instrumental in nurturing a sense of responsibility, discipline, and patriotism among our students. His commitment to the ideals of the NCC has undoubtedly enriched the overall educational experience of our students.

The NCC has actively participated in a myriad of activities, ranging from flag hosting ceremonies to disaster management camps, reflecting a holistic approach to character development. It is heartening to witness our cadets engaging in activities that not only build their physical prowess but also instill a sense of social responsibility and environmental consciousness.

As we acknowledge the accomplishments of the NCC unit, let us also celebrate the values it upholds – Unity, Discipline, and Service. The NCC has been an embodiment of these principles, and I have no doubt that its impact will continue to resonate within our institution and beyond.

In closing, I extend my heartfelt gratitude to Prof. Anil Verma for his exceptional service and leadership as the NCC Caretaker Officer and express my sincere thanks to all the cadets for their outstanding contributions. Your dedication has undoubtedly made a positive and lasting impact on our school/college community.

Wishing the NCC unit continued success in the coming year.

Best Regards,
Dr. Raman Kumar Sharma
Principal Maharana Pratap Govt. Degree College Amb
NCC Caretaker Officer's Message

Reflecting on a Year of Dedication and Growth

#### Dear Esteemed NCC Family,

As we conclude another successful academic year, I am pleased to present the Annual NCC Report for the session 2022-23. This report serves as a testament to the unwavering dedication, discipline, and remarkable achievements of our National Cadet Corps (NCC) unit.

Firstly, I would like to extend my heartfelt gratitude to our esteemed Principal, Dr. Raman Kumar Sharma, for his constant support, guidance, and encouragement. His visionary leadership has played a pivotal role in fostering an environment where the NCC can thrive and contribute meaningfully to the holistic development of our students.

Special thanks are due to all the employees and staff of 6HP (I) Coy. Una, whose tireless efforts behind the scenes ensure the smooth functioning of our NCC unit. Your commitment to the cause is truly commendable, and I am grateful for the collaborative spirit that defines our unit.

I would like to express my deepest appreciation to NCC Officer Commanding Sir, whose leadership has been instrumental in shaping the character and discipline of our cadets. Your guidance and mentorship have been invaluable, setting high standards for our unit and inspiring excellence in every endeavor.

A sincere word of thanks is also due to each and every cadet for their cooperation, dedication, and exemplary service throughout the year. Your commitment to the principles of the NCC, be it in flag-hosting ceremonies, disaster management camps, or other activities, reflects the true spirit of service and national pride.

As we reflect on the achievements of the past year, I am optimistic that our NCC unit will continue to achieve even greater heights in the upcoming academic session. Together, we can nurture the values of unity, discipline, and service, and contribute meaningfully to the overall development of our institution.

In conclusion, I extend my gratitude to everyone associated with the NCC unit and express my sincere thanks to our worthy Principal, Dr. Raman Kumar Sharma, for his unwavering support. Let us look forward to another year of growth, learning, and achieving milestones together.

Wishing you all continued success and dedication to the NCC's noble cause.

Best Regards,
Prof. Anil Verma
NCC Caretaker Officer

### NCC Rank Holder-2022-23 Under Officer



Cadet Harsh Kumar from B.Sc. 3rd year was selected for the rank of Under Officer during the Trg. Year 2022-23. He is a dedicated, hardworking, and obedient cadet of our unit.



"I have gained valuable insights throughout my NCC journey. NCC has instilled numerous qualities in my personality that will aid me in achieving my life goals and future endeavors."



#### Sergeant



Cadet Akanksha Mehra from B.Sc. 3rd year was selected for the rank of Sergeant during the Trg. Year 2022-23. She is a dedicated and disciplined cadet in our unit.



"NCC is not just a duty for me; it is a lifetime learning experience that will impact my whole life."

#### Corporal (CPL)



Cadet Shivani Rattan Bhardwaj from B.Sc. (CS) 2nd year was selected for the rank of Corporal (CPL) during the Trg. Year 2022-23. She is a full of energy and enthusiastic cadet in NCC. Additionally, she achieved the title of Best NCC Cadet (SW) during the Combined Annual Training Camp-2023 organized by 6 HP(I) Coy Una.

"NCC holds great significance for me. I have encountered numerous valuable experiences during my two-year journey in NCC, experiences that would not have been possible without NCC. The CATC-2023 and EBSB camp have undoubtedly been life-changing for me."



**Under Officer Harsh Kumar** 

Sergeant Akanksha Mehra

#### **Lance Corporal (LCPL)**



Cadet Anmol, pursuing B.Sc. in Computer Science, 2nd Year, was appointed to the position of Lance Corporal (LCPL) during the Training Year 2022-23. Demonstrating dedication and discipline, he also actively participated in the EBSB camp.

"NCC represents a perpetual journey for me, and the enduring influence of NCC-based learning continues to empower me in every facet of my life. The transformative experience during the EBSB camp has significantly shaped my personality."

#### **LCPL Anmol**

### During the current session 2022-2023, following activities were performed by the NCC Units Maharana Pratap Govt. Degree College Amb: -

Sr.	Date	EVENT	Pa
No.			ge N
			0
1.	02-08-2022	Plantation Drive at Govt. School Kaluhi and Rally at Kalruhi	5
		Village regarding conservation of the environment	
2.	11-08-2022	History of Tiranga	6
3.	08-08-2022	Selfie with Tiranga	7
4.	12-08-2022	Trianga Yatra and Nukkad Natak	8
5.	15-08-2022	Har Ghar Trianga Campaign	9
6.	15-08-2022	Block Level Independence Day Celebration	10
7.	14-09-2022	Cleanliness Drive	12
8.	15-09-2022	Enrolment Process	13
9.	22-09-2022	National Disaster Response Force(NDRF)hands on training cum workshop	14
10.	23-09-2022	District level Yuva Utsav	17
11.	02-10-2022	Gandhi Jayanti	18
12.	02-10-2022	Azadi Ka Amrit Mahotsav	19
13.	18-10-2022	Swatch Bharat Campaign	19
14.	14-10-2022	Tree Plantation	21
15.	01-11-2022	Unity Day	22
16.	09-11-2022	Orientation Session	23
17.	26-11-2022	Constitution Day Celebration	24
18.	27-11-2022	Blood donation Campaign	26
19.	01-12-2022	World Aids Day	28
20.	01-01-2023 to	Disaster Management Camp	30
	15-01-2023		
21.	22-02-2023	Awareness rally and Anti-Drug Campaign	31
22.	04-03-2023	Annual Prize Distribution	32
23.	14-03-2023	Green Guard Initiative: NCC Cadets Plantation Drive and Plant Adoption Program	34
24.	25-05-2023	Awareness Programme on Swatchta	35
25.	01-06-2023 to	CATC Camp	37
	10-06-2023		
26.	15-06-2023 to	Ek Bharat Shrestha Bharat-Gantur(Tamilnadu)	39
27.	26-06-2023 20-06-2023 to	Trakking Camp	40
27.	30-06-2023 10	Trekking Camp	40
28.	21-06-2023	Yoga Diwas	42
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### 1. <u>Plantation Drive at Govt. School Kalruhi and Rally at Kalruhi Village</u> regarding conservation of the environment

NCC unit organized a rally at village Karuhi to enlighten the residents about the importance of the conservation of the environment on 2<sup>nd</sup> August, 2022. Later the NCC cadets collaborated with the students and staff of the GSSS Kalruhi in a plantation drive. About 50 saplings of plants were planted in the school and nearby places. Principal of MP Govt. College Amb Dr. Raman Kumar Sharma, IQAC Cordinator Prof. Darshan Kumar, Principal of GSSS Sh. Rajinder Pal Dhiman NCC Care Taker Officer Prof. Anil Verma and staff of the school were present during the event.



# एन.सी.सी. कैडेट्स ने किया पौधारोपण

अम्ब, ३ अगस्त (अश्विनी): महाराणा प्रताप राजकीय महाविद्यालय के एन.सी.सी. कैडेट्स द्वारा गवर्नमेंट सीनियर सैकेंडरी स्कूल कलरूकी में एक दिवसीय पौधारोपण कार्यक्रम आयोजित किया गया । इस अवसर पर एन.सी.सी. कैडेट्स द्वारा 50 पीधों को स्कल के विकित स्थानों तथा नजदीकी क्षेत्रों में लगाया गया। पौधारोपण के दौरान स्कल के विद्यार्थियों तथा शिक्षकों ने भी बद-चद कर भाग लिया। एन.सी.सी. कैडेट्स के द्वारा स्कूल में तथा कलरूरी गांव में रैली का भी आयोजन किया गया। रैली में कैडेट्स ने स्थानीय लोगों को पेड लगाने तथा वातावरच को साफ-सुधरा रखने के लिए नारे लगाकर प्रेरित किया। इस अवसर पर महाविद्यालय के प्राचार्य छ. रमन कमार शर्मा, प्रो. दर्शन धीमान, एन.सी.सी. केयरटेकर ऑफिसर प्रोफैसर जनिल वर्मा भी उपस्थित रहे । प्रो. वर्मा ने यह भी बताया कि महाविद्यालय तथा एन.सी.सी. की ओर से आजादी का अमृत महोत्सव मनाया जा खा है जिसके अंतर्गत महाविद्यालय की ओर से लगभग 500 पीधों को रोपा जाएगा।

गवनंपेंट सीनियर सैकेंडरी स्कूल कलरूकी के प्राचार्य राजिड पाल धीमान ने भी अपने विद्यालय के अन्य अध्यापकों के साथ इस कार्यक्रम में भाग लिया। प्राचार्य राजिड पाल धीमान ने महाविद्यालय के प्राचार्य जा. रमन कुमार शर्मा तथा कालेज से उपस्थित अन्य स्टाफ और विशेष



अभ्यः कलरूही स्कूल में एक विवसीय पौधारोपण कार्यक्रम के दौरान स्थानीय कालेज के एन.सी.सी. कैडेट्स, स्कूल के विद्यार्थी महाविद्यालय के प्राथार्य डा. रमन शर्मा व अन्य के साथ सामृहिक थित्र में।

तीर पर एन.सी.सी. कैडेट्स का पौधारोपण मुहिम के लिए धन्यवाद किया।

### धंधडी में लोगों को बांटे 700 फलदार पौधे

बहुही, (अनित): उपमंडल अम्ब के तहत ग्राम पंचायत चंचड़ी में उद्यान विभाग द्वारा नमसा (नैशनल मिशन कार सस्टेनंबल एग्रीकल्चर) योजना के अंतर्गत 700 कलदार पीचे उपलब्ध कराए गए। इसके तहत 198 किसानों को पीचे रोपण के लिए वितरित किए गए। ग्राम पंचायत चंचड़ी की प्रचान डा. प्रियदर्शिनों ने बताया कि उद्यान विभाग के अधिकारी/कर्मचारी समय-समय पर पंचायत में जागरूकता शिविर लगाकर किसानों को विभाग की योजनाओं की जानकारी देते रहते हैं। वहीं पर्यावरण के उत्चान हेतू पीधारोपण अभियान आवश्यक है। उद्यान विभाग द्वारा पंचायत चंचड़ी में 200 नींबू, 200 आम, 100 संतरा, 100 अमरूद व 100 पीचे किन्नू का वितरण किया गया। इस अवसर पर प्रधान चंचड़ी डा. प्रियदर्शिनी एवं उद्यान विभाग से आए अधिकारियों द्वारा लोगों से अपील की गई कि खाली भूमि पर पौधारोपण का कार्य जरूर करें।

#### 2. History Of Tiranga

The Tiranga Camp held at Maharana Pratap Government College, Amb, on 11th August, 2022, it was a patriotic initiative organized to foster a deeper understanding of Indian history and the significance of the national flag. This event, attended by NCC cadets and other students, aimed to instill a sense of pride and patriotism among the participants.

#### Activities:

- Insights: 1. Historical The camp commenced with sessions focusing on the rich history of India, exploring key milestones, freedom struggles, and the sacrifices made by great leaders.
- 2. Symbolism of the Indian Flag: Participants delved into the symbolism behind the three colours of the Indian flag saffron representing courage and sacrifice, white symbolizing truth and peace, and green representing faith and valor. The Ashoka Chakra's significance was also highlighted.

The Tiranga Camp at Maharana Pratap Government College, Amb, proved to be a





### अम्ब कालेज में तिरंगे के इतिहास पर आधारित लघु फिल्म दिखाई

उत्कष्ट महाविद्यालय अम्ब में आजादी का अमत महोत्सव के तत्वावधान में विद्यार्थियों व स्टाफ सदस्यों को भारत की आन, बान एवं शान के प्रतोक भारतीय तिरंगा झंडा के इतिहास पर आधारित एक लघु फिल्म दिखाई गई। इस फिल्म के माध्यम से भारतीय झंडे की शुरूआत

अम्ब, ११ अगस्त ( अश्विनी): राजकीय स्वामी विवेकानंद जी द्वारा १९०६ में और ऑतम साकार रूप 1947 में मिलने के बारे में दर्शाया गया। झंडे में केसरिया, सफेद और हरे रंग की महत्ता के बारे में भी दिखाया गया।

> इंडि के बीच में स्थित चक्र की अहमियत भी सभी ने इस फिल्म के माध्यम से जानी। प्राचार्य छ, रमन कुमार ने सभी से आह्वन किया

कि झंडे की आन, बान एवं शान को बरकरार रखते हुए इस आजादी के अमृत महोत्सव को बहे जोश व ऊर्जा से मनाते हुए इस आजादी के जरन को साकार रूप प्रदान करना है ।समारोह के दौरान प्रो. दर्शन, प्रो. सखदेव, प्रो. अनिल, हा. विजेंद्र, प्रो. हरजीत, प्रो. आशुतीय और अन्य स्टाफ सदस्य उपस्थित रहे।

र्सिजीय इवस के

डायमंड जाएगा। इसके लिए एक हजार से अधिक तिरंगे झंडों को खरीद को जा चुको है।

उनोंने लोगों से 13 से 15 तारीख तक अपने-अपने ाने सभी चरों पर तिरंगा ब्रांडा फहराने को अपील भी की। सोनी समिति परिवार से अर्पित सोनी, कृष्णा सोनी व अर्णव सोनी ने स्त तक बताया कि इस अवसर को लोगों को पीधे भी अलग से त किया बांटे जा रहे हैं।



अम्ब : तिरंगे के इतिहास पर आधारित एक लघ् फिल्म देखने के बाद प्राचार्य हा. रमन शर्मा स्टाफ सदस्यों व विद्यार्थियों के साथ सामृहिक चित्र में।

commendable initiative in nurturing a deep sense of love and respect for the nation. By combining historical insights, interactive sessions, and cultural programs, the event played a crucial role in shaping the understanding of India's rich heritage among the participants.

Increasing awareness and knowledge about Indian history and the national flag.

Instilling a sense of pride and patriotism among the participating students.

Strengthening the spirit of unity and national integration among NCC cadets and other attendees.

#### 3. Selfie with Tiranga:

The "Selfie with Tiranga" initiative, a noteworthy endeavor orchestrated by the cadets, prominently featured in this year's NCC annual report. The campaign seamlessly integrated the patriotic spirit of the "Aazadi ka Amrit Mahotsav" with the dynamic engagement of our cadets. Within the campus, a designated selfie point adorned with the tricolor was meticulously crafted by the cadets.

# अम्ब कालेज में चलाया सैल्फी विद तिरंगा कैंपेन

अम्ब, 8 अगस्त (अश्विनी): आजादी का अमृत महोत्सव के मद्देनजर महाराणा प्रताप राजकीय महाविद्यालय अम्ब में एकदिवसीय सैल्फी विद तिरंगा कैंपेन का आयोजन किया गया।

सोमवार को कालेज में आयोजित कार्यक्रम के दौरान एन.सी.सी. कैडेट्स ने महाविद्यालय परिसर में सैल्फी प्वाइंट स्थापित किया।

इस अवसर पर विद्यार्थियों द्वारा तिरंगे के साथ सैल्फी खींचकर हर घर तिरंगा कैंपेन का समर्थन किया गया। कैंपेन की शुरूआत प्राचार्य डा. रमन शर्मा ने एन.सी.सी. कैंडेट्स के साथ सैल्फी खींच कर की। विद्यार्थियों तथा शिक्षकों ने सैल्फी



अम्ब : स्थानीय कालेज में एकदिवसीय सैल्फी विद तिरंगा कैंपेन का शुभारंभ करते प्राचार्य डा. रमन शर्मा, एन.सी.सी. कैंडेट्स व स्टाफ सदस्यों के साथ सामूहिक चित्र में। (अकिंग) प्वाइंट पर सैल्फी खींचकर हर घर अपनी-अपनी सैल्फी को तिरंगा कैंपेन में भाग लिया और अपलोड किया।

This inclusive initiative transcended organizational boundaries as the cadets extended heartfelt invitations to faculty members, non-teaching staff, and students alike. The objective was to encourage active participation in capturing moments of national pride through selfies with the tricolor. The cadets, embodying the ethos of leadership and collaboration, provided invaluable assistance to individuals, guiding them through the process of uploading their patriotic selfies on the official Ministry of Culture, Government of India page: https://harghartiranga.com/.

A commendable turnout of approximately 200 individuals actively engaged in this campaign, each contributing a symbolic snapshot of their allegiance to the tricolor and the

ideals it represents. This collective effort not only showcased the unity within our institution but also resonated with the broader theme of fostering a sense of national pride and camaraderie.



#### 4. Tiranga Yatra and Nukkad Natak:

In observance of the "Aazadi ka Amrit Mahotsav," a Tiranga Yatra was meticulously organized from the college premises on 12<sup>th</sup> August, 2022. The solemn procession was led by a commendable contingent of NCC cadets, each proudly bearing the tricolour in hand. As a distinctive highlight of the event, ten NCC cadets orchestrated a compelling Nukkad Natak in close proximity to Mango Restaurant, effectively enlightening the public about the historical significance and profound importance of the Tiranga.

The Nukkad Natak captivated the attention of both local spectators and participants of the Tiranga Gatara, earning widespread appreciation for its educational and engaging content. The informative performance successfully conveyed the essence of the Tiranga, fostering a deeper understanding among the audience. The event witnessed active participation from a diverse group of approximately 300 individuals, comprising NCC cadets, NSS

volunteers, Rovers and Rangers, as well as students and faculty members. This collective display of patriotism and unity contributed to the overall success of the Tiranga Yatra, aligning with the spirit of the "Aazadi ka Amrit Mahotsav" celebration.



अम्ब : आजादी का अमृत महोत्सव के उपलक्ष्य पर तिरंगा यात्रा निकालने से पहले विद्यार्थी प्राचार्य डा. रमन शर्मा व स्टाफ सदस्यों के साथ सामूहिक चित्र में।



#### 5. Har Ghar Tiranga Campaign

The Har Ghar Tiranga Campaign on 15<sup>th</sup> August, 2022, exemplified a noteworthy initiative, during which a total of 120 flags were thoughtfully distributed among the ranks of NCC Cadets, NSS Volunteers, and various other students within the college community. As an integral part of their commitment to this cause, participants actively undertook the Flag Hosting Pledge, signifying their dedication to the principles embodied by the national flag.

On the auspicious occasion of Independence Day, the culmination of this campaign saw each individual passionately fulfilling their pledge by hosting these flags at their homes. This collective display of patriotism not only adorned residences with the vibrant hues of the national flag but also served as a tangible manifestation of the shared commitment to the ideals it represents. The act of hosting these flags became a symbol of unity, pride, and collective celebration, reinforcing the spirit of independence among the participating individuals and fostering a sense of national identity within the college community.



#### 6. Block Level Independence Day Celebration:

NCC cadets showcased their musical prowess by delivering a captivating group song during the Block Level Independence Day Programme, orchestrated by the Sub-Divisional Magistrate (SDM) at Amb School Ground. The audience, comprised of diverse spectators, expressed unanimous appreciation for the cadets' performance, recognizing the skill and dedication demonstrated.

In addition to their musical contribution, the NCC cadets actively participated in the Block Level Independence Day March Pass, further exemplifying their commitment to disciplined and precise execution. The cadets' involvement in both the group song and the march pass not only added to the ceremonial grandeur of the event but also underscored their proficiency and enthusiasm in upholding the spirit of Independence Day celebrations at the community level.





#### 7. Cleanliness Drive

The NCC cadets orchestrated an exemplary cleanliness drive within the premises of Maharana Pratap Government Degree College Amb on 14<sup>th</sup> September, 2022. During this initiative, the cadets diligently undertook the task of cleaning not only the college campus but also the surrounding areas, exhibiting a commendable commitment to maintaining a hygienic environment.

As part of their community outreach, the NCC cadets proactively engaged with fellow students, emphasizing the significance of cleanliness in our daily lives. They conveyed the critical message that a clean environment is essential for overall well-being, as unclean surroundings can potentially harbor diseases that pose significant health risks. By enlightening their peers on the importance of cleanliness, the cadets sought to cultivate a collective responsibility for maintaining a sanitary and healthy atmosphere. Further







amplifying their commitment to the cause, the cadets organized a spirited rally around the college campus. During this rally, they vociferously raised slogans advocating for a clean village, clean district, clean state, and clean country. This dynamic expression of their

dedication not only reinforced the importance of cleanliness but also instilled a sense of civic responsibility and pride in the community. The NCC cadets, through their combined efforts, exemplified the ethos of cleanliness and public awareness in a resounding manner.

#### 8. Enrolment Process

The initiation of the enrolment process for new NCC cadets at Maharana Pratap Government Degree College in AMB marked the availability of 22 vacancies, comprising 14 for Senior Division (SD) and 8 for Senior Wing (SW) on 15<sup>th</sup> of September, 2022. A substantial response was witnessed, with over 250 applications received.

To ensure the selection of ideal candidates for both SD and SW positions, the enrolment procedure was systematically divided into four distinct phases:

1<sup>st</sup> Phase (Pre-Physical):

During this initial phase, a comprehensive assessment was conducted, encompassing parameters such as height, weight, eyesight, and the examination of factors like flat feet.

2<sup>nd</sup> Phase (Written Test):

A written examination was administered by the NCC unit, featuring questions spanning general awareness, mathematics, NCC-related topics, and current affairs. This phase served as a crucial evaluation of the candidates' cognitive abilities and knowledge base.

3<sup>rd</sup> Phase (Physical Test):

A two-part physical test was conducted:

Running: Boys were required to cover a distance of 1600 meters, while girls had a stipulated distance of 800 meters.

Strength Assessment: Included elements like push-ups and pull-ups, gauging the candidates' physical fitness and endurance.

4th Phase (Interview):

Following successful completion of the initial three phases, candidates proceeded to the interview stage, where they interacted with the Commanding Officer (CO) for a final assessment.





Upon successful navigation through these comprehensive phases, selected candidates were formally inducted into the NCC, marking the completion of the enrollment process. This systematic and multi-faceted approach ensured a rigorous evaluation of candidates, aligning with the commitment to recruiting well-rounded and dedicated individuals to contribute to the NCC program at Maharana Pratap Government Degree College.



## 9. National Disaster Response Force (NDRF) hands on training cum workshop

A delegation from the National Disaster Response Force (NDRF) visited Maharana Pratap Government Degree College in AMB on 22<sup>nd</sup> September, 2022, with the primary objective of imparting crucial insights into Disaster Management, particularly focusing on enlightening the student body and, in particular, the NCC cadets.

The National Disaster Response Force (NDRF), operating under the Ministry of Home Affairs, stands as a specialized unit within the Indian Armed Forces, dedicated to disaster response. As a multi-disciplinary and multi-agency organization, the NDRF plays a pivotal role in addressing and mitigating the impact of various disasters.

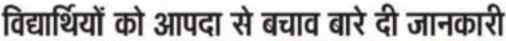
During the session, the NDRF team emphasized the significance of equipping students, including NCC cadets, with the knowledge and skills required to safeguard lives both during and after a disaster. They elucidated practical strategies on how individuals can effectively contribute to their safety and that of others in the face of unforeseen calamities.

The discourse extended to proactive measures for disaster preparedness, whereby students were educated on the importance of pre-disaster planning. This involved understanding potential risks, formulating emergency response strategies, and fostering a community-oriented approach to minimize the adverse effects of disasters.

By sharing their expertise, the NDRF team aimed to empower students with the necessary information to respond effectively in the event of a disaster, thereby contributing to a culture of resilience and preparedness within the college community. The session served as a valuable platform for students and NCC cadets to grasp essential skills and knowledge vital for their safety and well-being during adverse situations.







अस्य 22 (सटान्य () आक्रम) है राजकार्य ठेतुम्हर सहावधाराय अस्य में आपटा प्रबंधन के संदर्भ में ६४वीं बाहिनो राष्ट्रीय आपटा मोचन बात नत्वगढ़ द्वारा विद्यार्थियों को आपटा के दौरान अपनाई जने बाती सावधानियों व बचाव के उद्यावों को जनकारी डैमीस्ट्रेशन के बाध्यम से दी गई। यह सही गतिविधियां जिल्हा आपटा प्रबंधन को प्रधारी सुमन चाहत को निमानों में को गई। इस दल को अनुवाई इंस्पेक्टर अवधेश कुम्हर ने की।

इम अवसर पर राष्ट्रीय सेवा योजना इकाई के कार्यक्रम अधिकारी डा. रजनीज, एन.शी.सी. के प्रधारी प्रो. अनिल, रोवर्स एवं रेजर्स के प्रधारी प्रो. सुरेता, प्रो. राजेश, प्रो. राजेश, डा. मीर्फिया प्रधाकर, प्रो.



अन्य : स्थानीय कालंज में जिला आपदा प्रबंधन की टीम कालंज स्टाफ और विद्यार्थियों के साथ सामृहिक वित्र में।

रेखा शर्मा सहित समस्त प्रध्यापक एवं गैर प्राध्यापक उपस्थित रहे ।











#### 10. District Level Yuva Utasav

The Yuva Utsav, a platform dedicated to showcasing the diverse talents and perspectives of youth while fostering awareness on critical issues, unfolded with resounding success. Held at the District Level in Una district, on 23<sup>rd</sup> of September, 2022. This event brought together various youth groups, including the National Cadet Corps (NCC), NSS, and R & R. Under the leadership of Under Officer Harsh Kumar, Cadet Pallavi and Cadet Anmol participated in the Yuva Samvad, a segment of the Utsav dedicated to thoughtful discussions.

Their active involvement significantly contributed to the success of the event. Cadet Pallavi and Cadet Anmol, exemplifying dedication as NCC cadets, played instrumental roles throughout the Yuva Utsav. In parallel, Cadet Akanksha, Cadet Abhinandan, and Cadet Sameer Chaudhary showcased their talents by participating in the Photography competition.

A noteworthy aspect of the Yuva Utsav was the insightful speeches delivered by Under Officer Harsh Kumar, Cadet Pallavi, and Cadet Anmol during the Yuva Samvad. Their addresses focused on critical awareness, delving into issues pertinent to both the local community and the nation at large. Cadet Anmol's outstanding performance secured the first position, while Cadet Pallavi earned a commendable second place in the Yuva Samvad, wherein approximately 15 cadets from various colleges in Una District actively participated.

In the Photography competition, Cadet Akanksha's skill and creativity earned her the second position at the district level. These accomplishments not only underscore the talent within the NCC cadets but also highlight their active participation and contributions to events that promote youth engagement, awareness, and skill development. The Yuva Utsav stands as a testament to the vibrant spirit and capability of the youth in Una district.







### वाद-विवाद प्रतियोगिता में जगदीप सिंह प्रथम

#### ऊना कालेज में मनाया एकदिवसीय युवा उत्सव-2022

जना, 23 सितम्बर (सुरेन्द्र): नेशक युवा केंद्र उत्ता के सीजन्य से आजादी का अमृत महोत्सव के उपलब्ध पर शुक्रवार को राजकीय महाविद्यालय जना में एकदिवसीय युवा उत्सव-2022 का आयोजन किया गया। युवा उत्सव में छठे राज्य विशायोग के अध्यक्ष सतपाल सिंह सत्ती ने बतीर मुख्यातिथि क्रिरकत की और विभिन्न प्रतियोगिताओं में उत्कृष्ट प्रदर्शन करने वाले प्रतिभागियों को सम्मानित किया।

युवा उत्सव में भाषण, चित्रकला, सांस्कृतिक, कविता/करानी, युवा संबाद व मोबाइल फोटोग्राफी वैसी प्रतिचोगिताएँ आयोजित हुई, जिनमें पुषक मंत्रातें तथा जिले के विभिन्न रीधाणिक संस्थानों ने भाग लिया : बाट - विश्वाट प्रतियोगिता में प्रथम स्थान जगरीय सिंह, द्वितीय अनमील शर्मा थ तीसरा स्थान तनवी मिन्तस ने तासिल किया।

कविता पाट में अधित प्रथम, चंचल देवी द्वितीय तथा तरणबोत निस्त तृतीय स्थान पर रही (सांस्कृतिक प्रस्तुति में राजकीय महाविद्यालय क्रमा प्रथम, भटोली कालज द्वितीय च इतिता सुप अस्य तृतीय स्थान

युवा संवाद प्रतियोगिता में अनमोल, पताबी और कविता, जबकि फोटोग्राफी में पतक, अंकाशा व रियंश्व शर्मा ने प्रथम स्थान प्राप्त क्रिया।

पेटिंग प्रतियोगिता में मर्बिद्र सिंह ने प्रथम, खेता ने दूसरा तथा अमन ने तीसरा स्थान शासिल किया।



मेहरू युवा केंद्र कना द्वारा युवा जलाव-2022 पर आयोजित प्रतियोगिता में विजेता प्रतिभागियों को पुरस्कृत करते राज्य वित्तायोग के अध्यक्ष सतपाल सत्ती।

करने वाले प्रतिभागियों का प्रदेश रतर के लिए चयन विकास जासमा ।

इसके अलावा राज्य स्तर पर उत्कृष्ट प्रदर्शन करने वाले पहले 3 प्रतिभागियों को राष्ट्रीय स्तर के लिए चयनित किया जाएगा।

इस अवसर पर सनी ने कहा कि ऐसे उत्सवों के आयोजन से बच्चों में अपनी संस्कृति को संबोध रखने में मदद मिलती है व खात्रों का सर्वांगीण विकास होता है। इससे पूर्व युवा उत्सव-2022 का शुभारंभ

प्रतियोगिताओं में प्रथम, द्वितीय व तृतीय रैंक हासिल - करते हुए एस.डी.एम. ऊना डा. निधि पटेल ने बताया कि युवा उत्सव-2022 का आयोजन पहली बार जिला रतर पर किया जा रहा है. जिसका विषय नागरिकों में कर्तका की भावना जागृत करना है। इसका मुख्य उद्देश्य चर्च्यां में आत्मविश्वास और लीडरशिय के गुणों का विकास करना है।

इस मीके पर नेहरू पूजा केंद्र कना के उपनिदेशक हा. लाल सिंह, जिला रोजगार अधिकारी अनीता गीतम, प्राचार्य सतदेव भारद्वाज व जिला भाषा संस्कृति अधिकारी नीलम चंदेल उपस्थित रही।

#### 11. Gandhi Jayanti

In a collaborative effort, Maharana Pratap Government College, Amb, joined hands with NCC cadets to orchestrate a highly successful Swasth Bharat campaign on October 2nd. This initiative was meticulously designed to champion the cause health and well-being, encompassing a spectrum of activities that included awareness sessions, cleanliness drives, and health check-ups tailored for the community. The event, executed in an organized manner by NCC cadets, witnessed enthusiastic participation and significantly contributed to the



promotion of a healthier society. The concerted efforts of Maharana Pratap Government College and NCC cadets underscored their commitment to community welfare and emphasized the importance of collective initiatives in fostering well-being.



#### 12. Azadi Ka Amrit Mahotsav

The National Cadet Corps (NCC) is actively engaged in providing assistance to the families of Defense officers who have made the ultimate sacrifice, as part of the "Azadi ka Amrit Mahotsav" initiative initiated by the Government. Specifically, the 6 HP (I) COY NCC in Una has taken a hands-on approach in distributing this crucial support within the local communities of the UNA district.

Under the leadership of the Commanding Officer, Colonel M. B. Bankhere, and in collaboration with other dedicated officers from 6 HP (I) COY NCC UNA, the distribution of support reaches the families of martyr officers. This initiative not only reflects the commitment of the NCC to the wellbeing of these families but also underscores the collective effort of officers, including the notable participation of Cadet Sameer Thakur, in contributing to this noble cause. Their involvement in this outreach program serves as a testament to the NCC's dedication to honoring and supporting the families of those who have made significant sacrifices for the nation.

#### 13. Swatch Bharat Campaign

On the 18th of October 2022, NCC cadets actively engaged in the Swachh Bharat Campaign orchestrated by NYK Una. Demonstrating their commitment to cleanliness and community service, the NCC cadets, in collaboration with NCC and NYK volunteers, played a pivotal role



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in the Swachhta Abhiyan. The collective effort involved cleaning the Amb School Ground and its adjacent areas, showcasing a concerted endeavor to maintain hygiene and sanitation.

In line with environmental responsibility, the NCC cadets took an additional step by diligently collecting single-use plastic during the campaign. Recognizing the environmental impact of such waste, the cadets responsibly handed over the collected plastic to NYK officials for proper recycling. This initiative not only contributed to the immediate cleanliness goals of the campaign but also reflected a broader commitment to sustainable practices and environmental stewardship on the part of the NCC cadets.









#### 14. Tree Plantation

The "Ek Divasiya Paudha Ropan" program was successfully organized by the NCC cadets of Maharana Pratap Government Degree College AMB on 14<sup>th</sup> October, 2022. Twenty dedicated NCC cadets, led by Cadet Anmol, actively participated in the initiative by planting Ashoka plants in the Park located in Ward No. 9. As part of their commitment to environmental



sustainability, the cadets also undertook the task of cleaning the park.

Under the guidance of the NCC caretaker officer, Prof. Anil Verma, the NCC cadets demonstrated their proactive involvement by collecting funds amounting to Rs 1000. Subsequently, they utilized these funds to procure the plants for the plantation drive, showcasing both financial responsibility and environmental consciousness.

The event witnessed the presence and active participation of esteemed personalities, including the Principal of Maharana Pratap Government Degree College, Dr. Raman Kumar Sharma, Professor Ravindra Verma, the Chairman of AMB Nagar Panchayat, Mrs. Indu Dhiman, and Nagar Panchayat Member Mrs. Anjali Sood. Additionally, the support and



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#### अंब में पौधा रोपण कार्यक्रम का आयोजन



अंब (आपका फैसला)। महाराणा प्रताप राजकीय सापविद्यालय अंब के एनसीसी केडेटस द्वारा एक दिवसीय पीधा रोपण कार्यक्रम का आयोजन किया गया। इस कार्यक्रम के अंतर्गत वार्ड नो ९ में रियत पार्क में आशोका के पेड़ लगाए गए। एनसीसी कैडेट्स द्वारा पार्क की सफाई भी की गई तथा पौचों को व्यवस्थि रूप से लगाया भी गया। कैडेट अनमोल की अगवाई में एनसीसी के 20 केडेट्स ने इस कार्यक्रम को सुनियोजित दंग से पुरा किया। ऐन सी सी केयरटेकर अफसर प्रोफेसर अनिल वर्मा ने बताया की सभी कैडेट्स ने इस पौधा रोपण कार्यक्रम में बद्र -बद्र कर हिंसा लिया तथा सभी कैडेट्स ने आपसी सहयोग से 1000 रुपए की राशि जमा की तथा उस सीश से खरीदे गए पौधों को पार्क में लगाया गया। इस मोके पर महाराणा प्रताप राजकीय महाविद्यालय अम्ब के प्राचार्य डॉ. रमन कुमार शर्मा, अधीक्षक रविद्व वर्मा, नगर पंचायत अंब की वेयरमैन इंद्र धीमान तथा अंजित सुद सहित अन्य ग्रामवासियों ने भी श्रमदान किया तथा इस कार्यक्रम को सफल बनाया। महाविद्यालय अंब के प्राचार्य डॉ. रमन कुमार शर्मा ने इस कार्यक्रम के सफल आयोजन के लिए एन सी सी कैडेट्स तथा सभी उपस्थित बंधुओं का धन्यवाद किया। वहीं नगर पंचायत अम्ब की वेयरमेन इंद् धीमान ने इन पौधों के रख रखाव की जिमेवारी ली तथा एनसीसी कैडेट्स को भविष्य में भी ऐसे कार्यक्रम आयोजित करने के लिए प्रोत्साहित भी किया।

involvement of local villagers further contributed to the success of the program.

The "Ek Divasiya Paudha Ropan" initiative not only highlighted the commitment of NCC cadets



to environmental conservation but also served as a collaborative effort, bringing together educational institutions, local authorities, and community members for a common cause. The program stands as a testament to the collective dedication towards fostering a greener and cleaner environment.

#### 15. Unity Day

NCC cadets from our college marked Unity Day (1<sup>st</sup> November) with a dynamic and purposeful celebration, orchestrating a multifaceted event that encapsulated the essence of unity. The festivities included a spirited Unity Run, the distribution of informative plaques, and a concerted effort to raise awareness about the paramount importance of unity among people.

The highlight of the celebration was a Unity Run covering a distance of 4



Kilometres, commencing from the College Campus to Kalruhi Shiv Mandir and culminating back at the College Campus. This symbolic run not only promoted physical fitness but also served as a unifying activity, bringing together approximately 30 enthusiastic cadets. During

the Unity Run, the cadets took the opportunity to sensitise the public about the significance of unity, fostering a sense of solidarity and shared purpose within the community.

Additionally, as part of the initiative, informative plaques were distributed to disseminate knowledge and reinforce the principles of unity. The event was designed to transcend the physical aspects of running, extending into a broader awareness campaign that aimed to instill a sense of togetherness and harmony.





The overarching goal of the Unity Day celebration was to cultivate a of unity within spirit the community, emphasizing its pivotal role in building a stronger and more cohesive society. Through their proactive involvement, the NCC cadets demonstrated commitment to fostering values that contribute to the overall wellbeing and unity of the community.

#### 16. Orientation Session

On the 9th of November, the NCC cadets orchestrated a lively and comprehensive Orientation Session, creating an engaging atmosphere that aimed to acclimate members to the dynamic NCC community. The event was meticulously designed, encompassing introductions, enjoyable activities, and teambuilding exercises, all geared towards providing a holistic introduction to the NCC experience. notable highlight of the



Orientation Session was the active participation of the NCC Caretaker Officer, who not only graced the occasion as the chief guest but also took on the role of the keynote speaker. In this capacity, the NCC Caretaker Officer shared valuable insights, guidance, and motivational



words, underscoring the significance of the NCC experience for the new recruits. Their presence added an authoritative and inspirational dimension to the session, reinforcing the importance of discipline, leadership, and teamwork within the NCC framework.

The event served as a warm and inclusive welcome for the fresh recruits, fostering a sense of camaraderie and unity from the outset. The intentional efforts to engage new members in fun and teambuilding activities aimed not only at orientation but also at laying the foundation for a positive and cohesive

NCC community. The participation of the NCC Caretaker Officer as a chief guest and keynote speaker elevated the event, instilling a sense of purpose and motivation among the attendees as they embarked on their journey within the NCC.

#### 17. Constitution Day celebration

On Constitution Day, observed on November 26, 2022, a total of 37 cadets participated in the solemn Constitution Day pledge ceremony, held in the presence of the Caretaker Officer. Cadet Manu eloquently delivered the pledge on behalf of all the participating cadets. Concurrently, the cadets took proactive measures to raise awareness among fellow students on the campus about the Constitution of India. In addition to dissemination of information, they motivated



their peers to embrace and uphold the values enshrined in the Indian Constitution, fostering a commitment to integrate these principles into their lives and future endeavors.



#### 18. Blood Donation Campaign

The NCC cadets demonstrated their unwavering commitment to community service by organizing a blood donation camp on the 27th of November, coinciding with NCC-Day. Collaborating with Una Hospital's Blood Bank, the event was a testament to their dedication to contributing to the noble cause of saving lives through voluntary blood donation. The camp kicked off with an inaugural ceremony at 10 am, where PI Staff shared insightful thoughts on the significance of voluntary blood donation. NCC cadets played a pivotal role in the seamless organization of the event, overseeing registrations and ensuring the accuracy of the donor list. Their active involvement and coordination contributed significantly to the success of the initiative.





The response from the community was remarkable, with a total of 56 units of blood being donated by the end of the day. This generous contribution holds immense importance in saving lives without the need for blood replacement. The success of the blood donation camp can be attributed to the bravery, meticulous planning, and dedication exhibited by the NCC

cadets. Their efforts went beyond organizing the event; they actively raised awareness, engaged blood donors, and managed the entire process with efficiency. The blood donation camp organized by the NCC cadets of Maharana Pratap Government Degree College not only exemplified the spirit of service but also showcased the college community's collective responsibility towards the welfare of society. The cadets' motivation and efforts resulted in the donation of 56 units of blood during this impactful camp, reinforcing the importance of community engagement and solidarity.



अम्ब कालेज में 74वें एन.सी.सी. दिवस के उपलक्ष्य में रक्तदान शिविर आयोजित

अम्ब, 27 नवम्बर (अरिवनी): महत्त्वचा प्रशाप राजकीय महाविद्यालय अस्य में 7वर्षे एम.सी.सी. दिवस के इंपलब्य में हथियार को एन.मी.मी. को कना इकाई को ओर से महाविद्यालय में रक्तदान शिविर का आयोजन किया गया। शिविर में महाविद्यालयं जम्ब, गवर्नमैंट कालेज बलियास तथा गवर्नमेंट कालेज बीशतपुर के एन सी भी, के हेट्स ने भाग लिया ।शिविर का शुभारंभ प्राचार्य ज. रमन कुमार शर्मा ने रतादान

एन.सी.मी. यूनिट जना की ओर से बनलदार सुनोल कुमार तथा हजलदार अजय ने शिक्टि में भाग विषया । इस विविध् का आयोज्न रीजनल अस्पताल उना की 5 सदस्तीय टीम की देखरेख में किया गया, जिसकी अध्यक्षता हा. सुचारिता लहर हारा को गई। एन.सी.सी. केमरटेकर आफिसर हो. अणिल बर्मा ने बताया कि शिवर में शीनों महानिधालयों के लगभग 80 एन.सी.सी. फेडेट्स ने आग लिया तथा 53 पुनिट एक एक मित किया गया। प्राचार्य छ। रघन कुमार शर्मा ने रकदान शिविर के सपल आयोजन के लिए सभी फेटेट्स, एन.सी.सी. गुनिट ऑफिस डना तथा रीजनल अध्यताल कता को क्याई दी।

### उत्तम हिन्दू

# महाविद्यालय में रक्तदान शिविर का आयोजन



#### उत्तम हिन्दू न्यूज नेटवर्क अंब/अविनाश चौहान

महाराणा प्रताप राजकीय महाविद्यालय अंब में 74वें एनसीसी दिवस के उपलक्ष में रविवार को एनसीसी की ऊना इकाई की ओर से महाविद्यालय में रक्तदान शिविर का आयोजन किया गया। इस शिविर में महाविद्यालय अम्ब गवनंमेंट कॉलेज ढिलयारा तथा गवर्नमेंट कॉलेज दीलतपर के एनसीसी कैडेटस ने भाग लिया। रक्तदान के आयोजन शुभारभ महाविद्यालय के प्राचार्य डा. रमन कुमार शर्मा ने रक्तदान करके किया। एनसीसी युनिट ऊना की ओर से इवलदार सुनील कुमार तथा हवलदार अजय ने इस शिविर में भाग लिया। रक्तदान शिविर के लिए रीजनल अस्पताल ऊना की 5 सदस्य टीम द्वारा किया गया। इस टीम की अध्यक्षता डॉक्टर सचारिता लठ द्वारा की गई। महाविद्यालय के एनसीसी केयरटेकर ऑफिसर प्रोफेसर अनिल वर्मा ने बताया कि शिविर में तीनों महाविद्यालयों के लगभग 80 एनसीसी कैडेटस ने भाग लिया तथा इस रक्तदान शिविर में एनसीसी कैडेट्स द्वारा 53 यूनिट रक्तदान किया गया।

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#### 19. World Aids Day

World AIDS Day December), the NCC cadets from Maharana Pratap Government Degree College embarked on a series of impactful activities to enhance awareness understanding of HIV/AIDS within the college community. initiatives comprehensive included an NCC AIDS awareness rally, expert advice sessions on AIDS, and a creative pot designing



competition, all of which were aimed at fostering knowledge, dialogue, and engagement.

#### **NCC AIDS Awareness Rally:**

Under the guidance of Principal Raman Kumar Sharma, the NCC cadets organized a dynamic AIDS awareness rally. Thirty cadets, led by the NCC CTO, marched through the college campus, commencing from MPGDC and making their way to Civil Hospital in Amb before returning to MPGDC. This visually compelling rally served as a vibrant means to disseminate information on AIDS prevention and generate discussions around the importance of awareness.

#### **Expert Advice on AIDS:**

A pivotal component of the day's activities was the expert advice session on AIDS. A team of doctors from



Civil Hospital, including Dr. Rahul Katna, Dr. Dinesh, Dr. Bhavana Sharma, and Dr. Stuti Sharma, engaged with NCC cadets, providing valuable insights into the reasons for the prevalence of AIDS among the younger generation. This interactive session facilitated a comprehensive understanding of AIDS-related issues and promoted a platform for questions and clarifications.

#### **Pot Designing Competition:**

Adding a creative dimension to the awareness campaign, a pot designing competition was organized, drawing the artistic talents of 25 participating cadets. The competition was judged by a panel consisting of Dr. Godavari Garg, Prof. Sureta, Prof. Poonam Sharma, and Prof. Aruna Rani. The results highlighted the creative prowess of the cadets:

1st Prize: Cadet Vansh

2nd Prize: Cadet Isha Thakur, Cadet Mayank Choudhary, and Cadet Prerna Thakur

3rd Prize: Cadet Arushi, Cadet Mansi, and Cadet Mayank Thakur

Consolation Prize: LCPL Anmol

These activities collectively aimed not only to disseminate awareness about AIDS but also to foster creativity and community engagement among the NCC cadets. By aligning with the broader goal of promoting health and well-being within the college community, the NCC cadets demonstrated a commendable commitment to both awareness and community involvement.









#### 20. Disaster Management

Ten NCC cadets actively participated in a 15-day Aapada Mitra (Disaster Management) training program from 1<sup>st</sup> January to 15 January, 2023, organized by the District Disaster Management Authority at Pong Dam, District Kangra, Himachal Pradesh. During this intensive training, the NCC cadets adopted a proactive approach to disaster management, with a specific focus on



local water bodies. The initiative included immersive mock drills, aimed at familiarizing the community with essential emergency procedures, and the development of a well-coordinated response plan. The cadets' dedicated efforts significantly contributed to enhancing the community's preparedness for potential disasters associated with water bodies, reflecting their commitment to fostering resilience and safety within the local populace.

In addition to their disaster management training, the NCC cadets actively engaged in various adventurous activities, further enhancing their skill set and preparedness for challenging situations. This comprehensive training approach not only showcased the cadets' dedication to community well-being but also reinforced their commitment to being effective contributors to disaster management initiatives in the region.





#### 21. Awareness rally and Anti-Drug Campaign

On February 22, 2023, an awareness rally addressing the issue of drug abuse was meticulously

organized. The initiative was spearheaded by 38 cadets, operating under the leadership of CLP Shivani Rattan Bhardwaj, who orchestrated an impactful Anti-Drug Campaign. The campaign featured an awareness rally, commencing from the college premises and extending to the Amb Bus stand, culminating at Main Chowank Amb.





Throughout the rally, cadets vociferously echoed slogans advocating the Anti-Drug campaign, capturing the attention of the public. In addition to vocal outreach, cadets utilized posters and written slogans to disseminate crucial information. Engaging with the community, the cadets addressed college students in small groups, imparting awareness about campaign and motivating them to actively participate in spreading the message within their respective social circles. This concerted effort

aimed to instill a sense of responsibility and commitment in combating the societal issue of drug abuse.



#### 22. Annual Prize Distribution

During the Annual Prize Distribution Function on 4<sup>th</sup> March 2023, the esteemed chief guest, Hon'ble MLA of Chintpurni Constituency, was ceremoniously escorted by Cadet Sameer Chaudhary and Cadet Abhinandan. Under the meticulous supervision of Under Officer Harsh Kumar, the remaining cadets extended a formal salute ceremony to welcome the chief guest. The NCC cadets played a pivotal role in maintaining discipline throughout the function, exemplifying their commitment to order and decorum. Additionally, they actively assisted the event organizers in managing the proceedings, ensuring a seamless and well-coordinated execution.





In a moment of recognition, 10 NCC cadets were honored with NCC awards during the Distribution Prize Function. This acknowledgment only reflects not individual their achievements but underscores also



the collective dedication of the NCC unit in upholding excellence and contributing to the success of the event.

#### **Best Cadet SD-Mayank Thakur**

#### **Best Cadet SW- Prerna Thakur**

#### Best Cadet SW on CATC camp 2021-22- Shivani Ratan Bhardwaj



# 23. "Green Guard Initiative: NCC Cadets Plantation Drive and Plant Adoption Program"

In collaboration with the District Forest Officer in Una, a concerted effort was made to enhance environmental sustainability and community engagement within the National Cadet Corps (NCC) on 14<sup>th</sup> of March 2023. A notable initiative involved the acquisition of 50 diverse





trees, including species such as mango, gooseberry, neem, and jamun, which were subsequently distributed to newly enrolled cadets. These cadets, demonstrating a commendable sense of environmental responsibility, actively participated in the planting of these trees in their respective villages. The significance of this endeavor lies not only in the act



of plantation but also in the cadets assuming the ongoing responsibility for the care and maintenance of these trees. Addressing the NCC cadets, Professor Anil Verma, serving as the

NCC caretaker officer, conveyed a crucial message. He emphasized that the mere act of planting trees is insufficient; rather, he underscored the need for adopting and nurturing these plants over time. Furthermore, he advocated for the strategic relocation of auto-generated plant saplings to suitable locations, thereby maximizing their potential impact on the local environment.

Throughout the campaign, the participating cadets went beyond the initial plantation, successfully adding over 50 new trees to their villages. Additionally, they demonstrated a commendable commitment to environmental stewardship by re-rooting more than 100 plants in suitable locations within their





communities. To solidify their dedication, the cadets took a solemn pledge to adopt and care for these plants throughout their lives. The success of this special tree plantation drive was further enriched by the presence and guidance of Senior JCO Mr. Sunil Kumar and JCO Mr. Sunil Kumar

from 6 HP (I) Coy NCC Una, contributing to the overall success and impact of this environmentally conscious initiative.

#### 24. Awareness Programme on Swatchta

A rally was orchestrated by NCC cadets hailing from Maharana Pratap Government Degree College Amb on 25<sup>th</sup> of May 2023. The primary objective of this event was to disseminate awareness regarding environmental conservation and impart knowledge on sustainable practices. The commencement of the rally took place in the presence of esteemed individuals, including Professor Rajesh Kumar, Professor Sofi, Professor Amit Kumar, and NCC caretaker officer Professor Anil Verma. Sergeant Shivani Ratan Bhardwaj and Cadet Anmol led the rally, initiating the procession from College AMB to Una road. An impactful element of the event was the cadets' enactment of a skit highlighting the perils of single-use plastic and its detrimental impact on the environment. This performance aimed to educate the audience about the importance of reducing plastic usage and fostering a sense of responsibility towards environmental stability. The engagement continued with a Nukkad Natak staged by NCC

cadets at the Amb bus stand, emphasizing the imperative of refraining from the use of single-use plastic. During this segment, the cadets actively involved shopkeepers and waiting passengers in a pledge to abstain from the use of single-use plastic at the Amb Bus Stand.





The involvement and appreciation received from both shopkeepers and bus stand occupants underscored the effectiveness of the cadets' Nukkad Natak in conveying the significance of environmental conservation. The collective commitment to reducing single-use plastic usage showcased the positive impact generated by such community-driven initiatives.

#### 25. CATC CAMP

The Third-year and Second-year NCC cadets of Maharana Pratap Government Degree College AMB actively participated in the prestigious CATC-129 camp, spanning an immersive period from June 1st to June 10th, 2023. This 10-day camp served as a comprehensive platform



for the cadets to undergo diverse learning experiences, emphasizing the refinement of drill techniques, skill development, and the nurturing of qualities such as discipline and leadership. Within the camp's framework, the cadets engaged in a multifaceted curriculum aimed at holistic development. The meticulously designed program not only enhanced their understanding of NCC principles but also provided practical exposure to drills, fostering teamwork, and instilling a sense of responsibility. In addition to the academic and drill



components, the camp incorporated sports activities, with the cadets actively participating in games like volleyball and football. This balanced approach aimed to cultivate a well-rounded skill set among the cadets, promoting physical fitness and teamwork alongside their academic pursuits. The achievements of the NCC cadets from Maharana Pratap Government Degree College AMB were notably acknowledged through various awards.

- Cadet Aditya Thakur was recognized as the Best Cadet.
- Cadet Sameer Choudhary and Cadet Mayank Thakur excelled in the Best Drill category.
- The Cross-country event saw commendable success, with Cadet Sachin securing the 1st position and Cadet Jahar achieving the 2nd position.





These accolades stand as a testament to the commitment, proficiency, and well-rounded development demonstrated by the NCC cadets from Maharana Pratap Government

Degree College AMB during their active participation in the CATC-129 camp. It showcases their dedication to excellence in both academic and extracurricular endeavors, fostering a spirit of leadership and discipline among the cadets.

#### 26. Ek Bharat Shrestha Bharat-Gantur (Tamilnadu)





In the scenic locale of Guntur, Tamil Nadu, a pivotal event unfolded – the Ek Bharat Shrestha Bharat (EBSB) camp, spanning a duration of 10 days. This gathering brought together dedicated individuals, including Sergeant Shivani, Corporal Anmol, and Cadet Abhinandan Thakur, all actively



participating in this annual camp organized by the esteemed National Cadet Corps (NCC). At the heart of the EBSB camp lies its profound purpose: to nurture unity, nationalism, and national integration among the cadets, all while emphasizing the development of essential skills. This camp holds a distinguished status within the NCC, serving as a platform where

cadets not only engage in skill-building activities but also immerse themselves in the rich tapestry of India's culture. The underlying ethos of the camp is encapsulated in the phrase "unity in diversity," reflecting the cultural mosaic that defines the nation.

The EBSB camp goes beyond a mere confluence of individuals; it serves as a crucible where cadets gain a deep understanding of India's essence. Activities undertaken during the camp contribute to the broader objective of fostering sustained and structured cultural connections. These activities encompass a diverse array of domains, including language learning, cultural practices, traditional arts and music, tourism, cuisine, sports, and the exchange of best practices. Participation in the EBSB camp is not merely a routine engagement; it is a transformative experience. It provides cadets with a unique opportunity to delve into the rich heritage and values that define the nation. The camp becomes a melting pot of cultural experiences, shaping a collective identity and shared pride among the participants. Ultimately, the EBSB camp, embedded in the framework of the NCC, plays a pivotal role in the holistic development of cadets, contributing to their growth as responsible and culturally aware citizens of the nation.

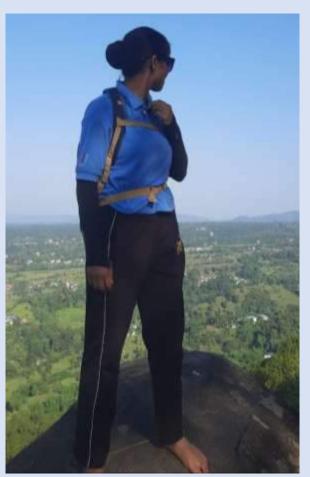




#### 27. Trekking Camp

Cadet Nisha and Cadet Pallavi engaged in an enriching experience by participating in the 8-day HIM Track Camp in Palampur, a captivating journey that unfolded from June 19th to June





26th, 2023. Palampur, with its picturesque surroundings, provided a stunning backdrop for the HIM Track Camp, offering participants breathtaking views of the majestic Himalayan range. The commencement of the camp saw participants gathering at the starting point, embarking on their trek early in the morning, setting the tone for an adventure amidst the natural beauty of the region. The trek covered a diverse range of terrains, encompassing lush forests, meandering streams, and challenging steep ascents. Noteworthy points along the route highlighted the geographical and ecological richness of the area, making the expedition both physically challenging and intellectually rewarding. Throughout the expedition, favorable



weather conditions prevailed, featuring clear skies and cool temperatures. Participants were well-advised to prepare adequately, carrying essentials such as water, sunscreen, and appropriate trekking gear. This precautionary measure ensured the safety and comfort of the cadets, allowing them to fully immerse themselves in the awe-inspiring landscapes of the Himalayas.

In essence, the HIM Track Camp in Palampur provided Cadets Nisha and Pallavi with not only a physical adventure but also an opportunity to connect with nature, appreciate diverse terrains, and foster a sense of camaraderie among fellow participants. This holistic experience contributed to their personal growth, resilience, and an enduring appreciation for the natural wonders of the Himalayan region.





#### 28. Yoga Diwas

The commemoration of International Yoga Day "Har Ghar Yog" on June 21, 2023, marked a significant occasion dedicated to the practice and promotion of yoga. This day served as a pivotal opportunity for NCC cadets to engage in a concerted effort to raise awareness about the myriad benefits of incorporating yoga into daily life. The essence of this report lies in spotlighting the earnest endeavors undertaken by NCC cadets to disseminate knowledge and underscore the profound significance of yoga in enhancing physical, mental, and emotional well-being. NCC cadets orchestrated a comprehensive awareness campaign on Yoga Day,

extending their reach to communities, schools, and colleges. Through a thoughtfully curated series of seminars, workshops, and demonstrations, their primary objective was to impart knowledge about the holistic advantages of yoga.

These events were meticulously designed not only to educate individuals but also to dispel prevalent myths surrounding yoga. The campaign emphasized inclusivity, aiming to break down barriers and encourage individuals of all ages to embrace yoga as an integral part of their lifestyles. By fostering a deep



understanding of the physical and mental benefits, NCC cadets sought to instil a sense of appreciation for yoga's transformative potential. The educational initiatives were particularly targeted at debunking misconceptions, promoting inclusivity, cultivating a broader acceptance of yoga as a holistic practice for well-being. In essence, the concerted efforts of NCC cadets during the Yoga Day awareness campaign reflected their commitment to community well-being and the promotion of a healthier lifestyle. By imparting knowledge and fostering inclusivity, they played a pivotal role in encouraging individuals from diverse backgrounds to embrace the practice of yoga for holistic personal development.





#### **Abstract Report for NAAC:**

Sr.	Name of Activity	Organized Unit	Name of	Year of	No of
No.			the	the	Students.
1.	Plantation Drive at Govt. School	NCC	Scheme NCC	Activity 2022	23
1.	Kaluhi and Rally at Kalruhi Village	NCC	INCC	2022	25
	regarding conservation of the				
	environment				
2.	History Of Trianga	NCC	NCC	2022	23
3.	Selfie with of Trianga	NCC	NCC	2022	10
4.	Tiranga Yatra and Nukkad Natak	NCC	NCC	2022	45
5.	Har ghar Trianga Campaign	NCC 6 HP (I) Coy Una	NCC	2022	120
6.	Block level Independence Day Celebration	NCC & Amb Block Administration	NCC	2022	37
7.	Cleanness Drive	NCC	NCC	2023	37
8.	Enrolment Process	NCC 6 HP (I) Coy Una	NCC	2023	18
9.	National Disaster Response Force (NDRF)hands on training cum workshop	NCC, NDRF, & DDMA Una	NCC	2022	13
10.	District level Yuva Utsav	NCC & NYK Una	NCC	2022	18
11.	Gandhi Jayanti	NCC	NCC	2022	38
12.	Azadi Ka Amrit Mahotsav	NCC	NCC	2022	23
13.	Swatch Bharat Campaign	NCC & NYK Una	NCC	2022	16
14.	Tree Plantaion	NCC & Nagar Panchayat Amb	NCC	2022	20
15.	Unity Day	NCC	NCC	2022	30
16.	Orientation Session	NCC	NCC	2022	32
17.	Constitution Day Celebration	NCC	NCC	2022	38
18.	Blood Donation Campaign	NCC & Regional Hospital Una	NCC	2022	56
19.	World Aids Day	NCC & Civil Hospital Amb	NCC	2022	25
20.	Disaster Management Camp	NCC & DDMA Una	NCC	2023	18
21.	Awareness rally and Anti-Drug Campaign	NCC	NCC	2023	38
22.	Annual Prize Distrubition	NCC	NCC	2023	38
23.	Green Guard Initiative: NCC Cadets	NCC	NCC	2023	21
	Plantation Drive and Plant Adoption Program				
24.	Awareness Programme on Swatchta	NCC	NCC	2023	13
25.	CATC Camp	NCC 6 HP (I) Coy Una	NCC	2023	38
26.	Ek Bharat Shrestha Bharat- Gantur(Tamil Nadu)	NCC 6 HP (I) Coy Una	NCC	2023	3
27.	Trekking Camp	NCC 6 HP (I) Coy Una	NCC	2023	2
28.	Yoga Diwas	NCC	NCC	2023	38

#### **Acknowledgement**

A heartfelt thank you to all the readers who took the time to engage with the Annual NCC Report. Your contribution has been instrumental in the commencement of this comprehensive document. Special appreciation goes to CLP Shivani Rattan Bhardwaj, Cadet Aditya Thakur, Cadet Prerna Thakur, Cadet Chirag Parmar, Cadet Jaswinder and Cadet Lakshya Dadhwal for their remarkable dedication, which has significantly enriched the content. Your collective efforts and support from the entire NCC family are truly appreciated, reflecting a spirit of collaboration and commitment. Thank you for being an integral part of our community and for making this report a success.

Prof. Anil Verma

**NCC Caretaker Officer** 

Principal

M. P. Govt. College, Amb Distt. Una (H.P.)