

Maharana Pratap Govt. Degree College Amb-177203
District Una HP



Co-Educational Institution

Affiliated to Himachal Pradesh University Shimla – 5

www.mpgcamb.com

govtcollegeamb@gmail.com | gcamb-hp@nic.in | 01976-260032



Self-Assessment Report
SAR 2024-25

Criterion 2: Student Support, Services and Progression

**Sub Criterion 2.14 Number of Co-curricular and Sports Activities
organized**

2.14.2 Inter-College Events

2.14.2: Inter-College Events=2

Year	Event	Dates of Event	Team / Individual	University/State/National/ International	Sports/ Cultural
2024-25	Taekwondo (Men)	23/11/2024 to 24/11/2024	Team & Individual	HPU Inter College Men Taekwondo Championship	Sports
2024-25	Taekwondo (Women)	23/11/2024 to 24/11/2024	Team & Individual	HPU Inter College Women Taekwondo Championship	Sports




Convener IQAC




Principal
M. P. Govt. College, Amb
Distt. Una (H.P.)



Vikramaditya Singh inspects under-construction Commerce Department building Amb

AVINASH CHAUHAN

AMB: On Thursday, Public Works Department Minister Vikramaditya Singh inspected the newly constructed Commerce Department of the Government Excellence College Amb and directed to complete the work of the



Commerce Department as soon as possible. He also enjoyed watching some matches in the Taekwondo competition going on in the college. The Principal of the college, Prof. Darshan Kumar honored him by presenting him a shawl and cap and a memento.



अम्ब : स्वर्णीय कालेज में सम्पन्न हुई हिमाचल प्रदेश वि. अंतर महाविद्यालय ताइक्वांडो चैम्पियनशिप के समापन पर पुरुष वर्ग में विजेता रही जी.सी. संजौली की टीम व (दाएं) महिला वर्ग में विजेता रही एम.एल.एस.एम. कालेज सुंदरनगर की टीम को ट्रॉफी भेंट कर सम्मानित करते हुए मुख्यअतिथि प्राचार्य डा. राज कुमार।



दौलतपुर चौक : सर्वप्रथम सफलता सफलता के द्वारा तैयार की गई चीजों की प्रदर्शनी एवं विजि की केंद्र का शुभारंभ करते हुए नगर पंचायत अध्यक्ष केंद्र धर्मजीत सिंह। (समाप्त)

ताइक्वांडो चैम्पियनशिप के पुरुष वर्ग में संजौली कालेज प्रथम

अम्ब कालेज में हिमाचल प्रदेश वि. अंतर महाविद्यालय ताइक्वांडो चैम्पियनशिप आयोजित

अम्ब, 25 अक्टूबर (अखिनी) : राजकीय उत्कृष्ट महाविद्यालय अम्ब में हिमाचल प्रदेश वि. अंतर महाविद्यालय ताइक्वांडो चैम्पियनशिप खरखर देर सार्य सम्पन्न हुई। इस अवसर पर मुख्यअतिथि के रूप में राजकीय महाविद्यालय कोटल खुरद के प्राचार्य डा. राज

कुमार उपस्थित रहे। उन्होंने देवी मां सरस्वती के चरण कमलों में दीप प्रज्वलित कर कार्यक्रम को आगे बढ़ाया। प्राचार्य प्रो. दर्शन कुमार ने उन्हें शाल व टोपी पहनाकर सम्मानित किया। प्राचार्य प्रो. दर्शन कुमार ने कहा कि खेल को खेल की भावना से खेलना चाहिए। जीत-हार खेल के 2 पहलू हैं। हारने वाले को निराश नहीं होना चाहिए।

उस हमेशा जीतने वाले से प्रेरणा लेनी चाहिए, तभी जीत का लक्ष्य हासिल होता है। इस अवसर पर मुख्यअतिथि ने विजेता प्रतिभागियों को मंडल पहनाकर सम्मानित किया।

ओवरऑल चैम्पियनशिप में पुरुषों के वर्ग में

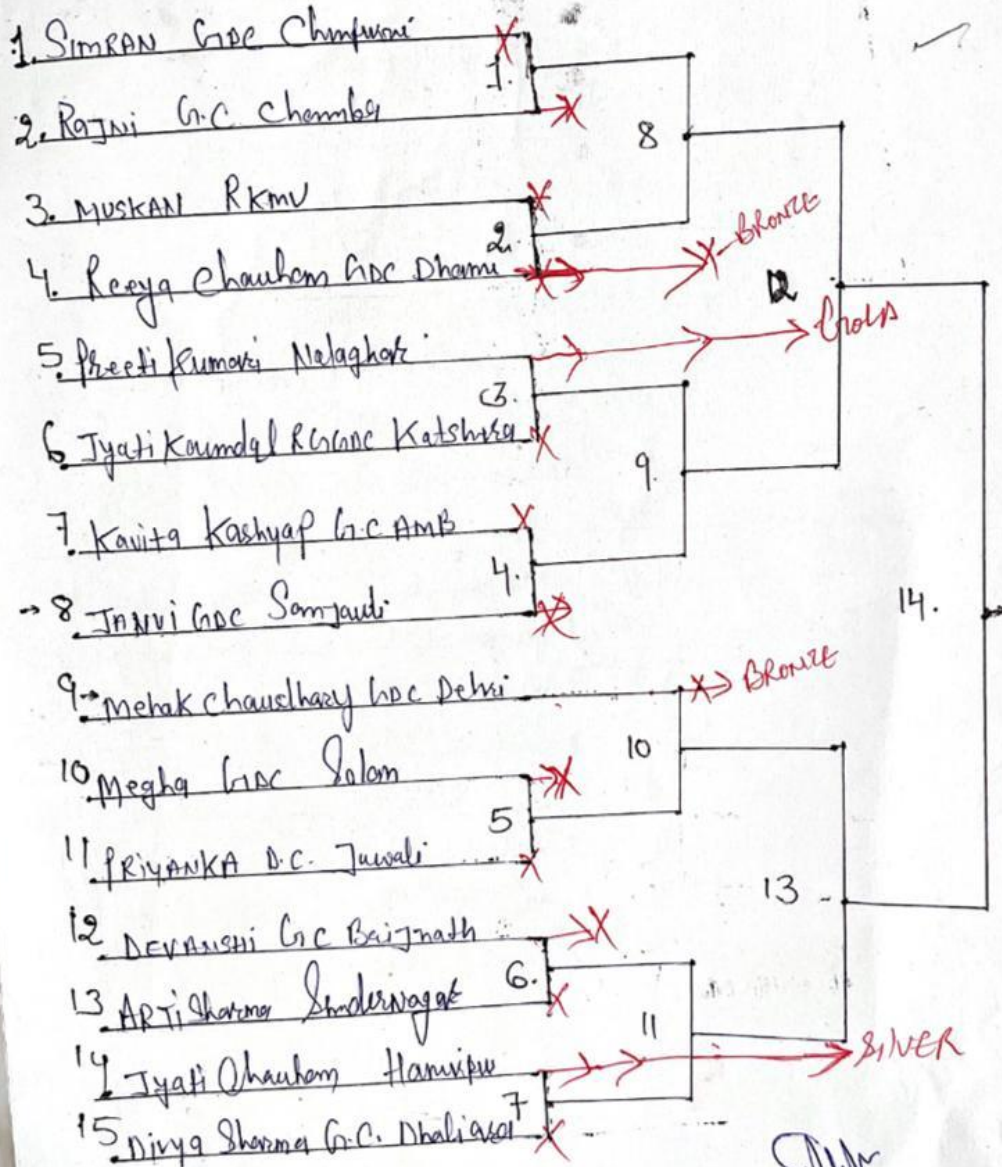
गवर्नमेंट कालेज संजौली प्रथम, एम.एल.एस.एम. कालेज सुंदरनगर द्वितीय तथा गवर्नमेंट कालेज धामी तृतीय स्थान पर रहा।

महिला वर्ग में एम.एल.एस.एम. कालेज सुंदरनगर प्रथम, जी.सी. नालागढ़ द्वितीय तथा जी.सी. सोलन तृतीय स्थान पर रहा। इस अवसर पर विशिष्ट अतिथि के रूप में सेवानिवृत्त प्राचार्य एस.के. बंसल तथा एक्सेमिप्ट प्रोफेसर डा. रविशंकर तथा पी.टी.ए. प्रभुन रविंदर बंसल, पी.टी.ए. के संयुक्त सचिव संजु कौडिल के अलावा कार्यक्रम संचालक डा. पवन पाटियल, प्रो. रेखा शर्मा, डा. सतपाल सहित स्टाफ सदस्य उपस्थित रहे।



Fixture Sheet

University Inter College Taekwondo (Men & Women) Championship held at Maharana Pratap Govt. College Amb Distt. Una (H.P.) w.e.f. 23rd October, 2024 to 24th October
Weight Category **V-46 Kg** (Men/Women)



Positions

(I) *[Signature]*

(II)

Signatures

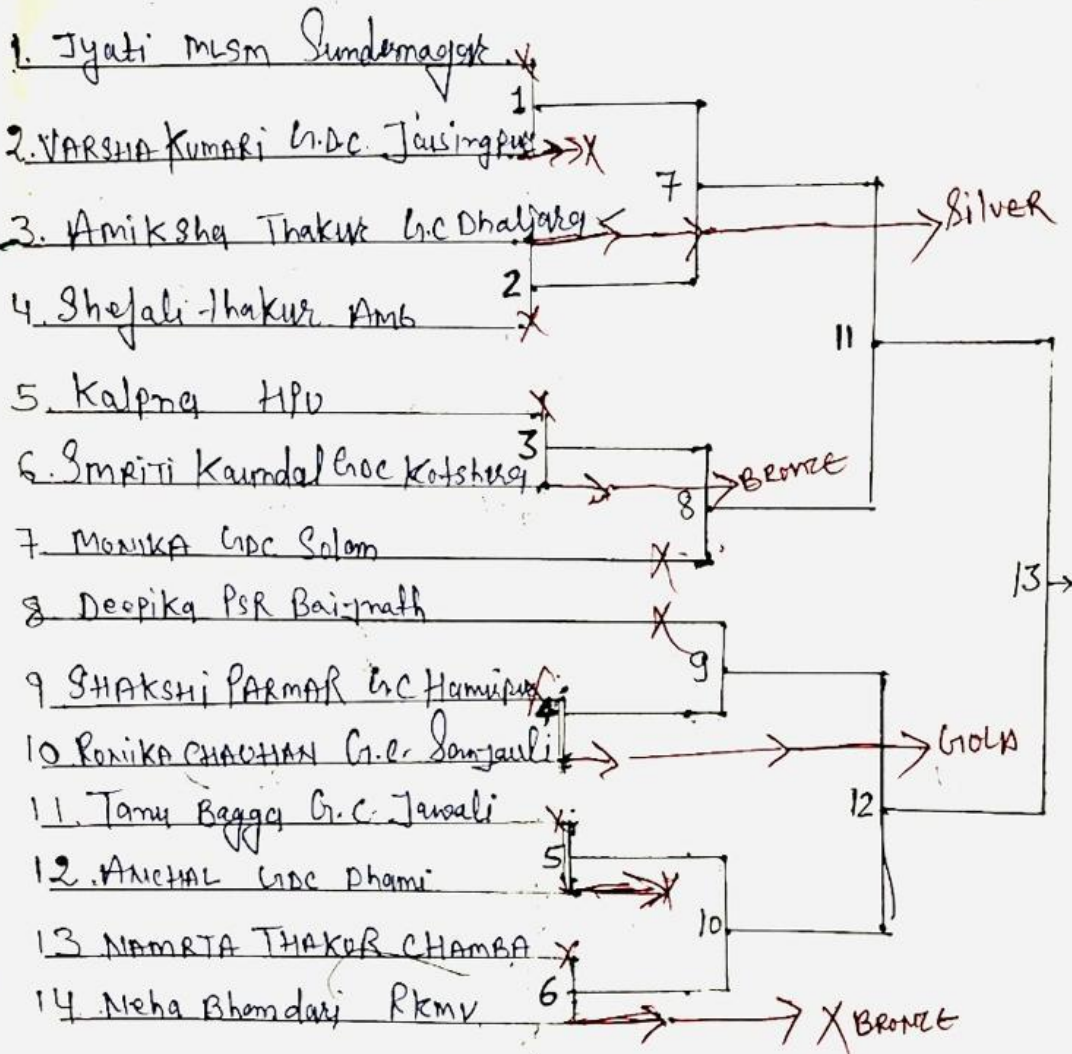
Technical Official:- *[Signature]*

Organising Secretary: *[Signature]*

Observer: *[Signature]*

Fixture Sheet

H.P. University Inter College Taekwondo (Men & Women) Championship held at Maharana Pratap Govt.
College Amb Distt. Una (H.P.) w.e.f. 23rd October, 2024 to 24th October
Weight Category U-49 kg (Men/Women)



Positions

(I)

(II)

Signatures

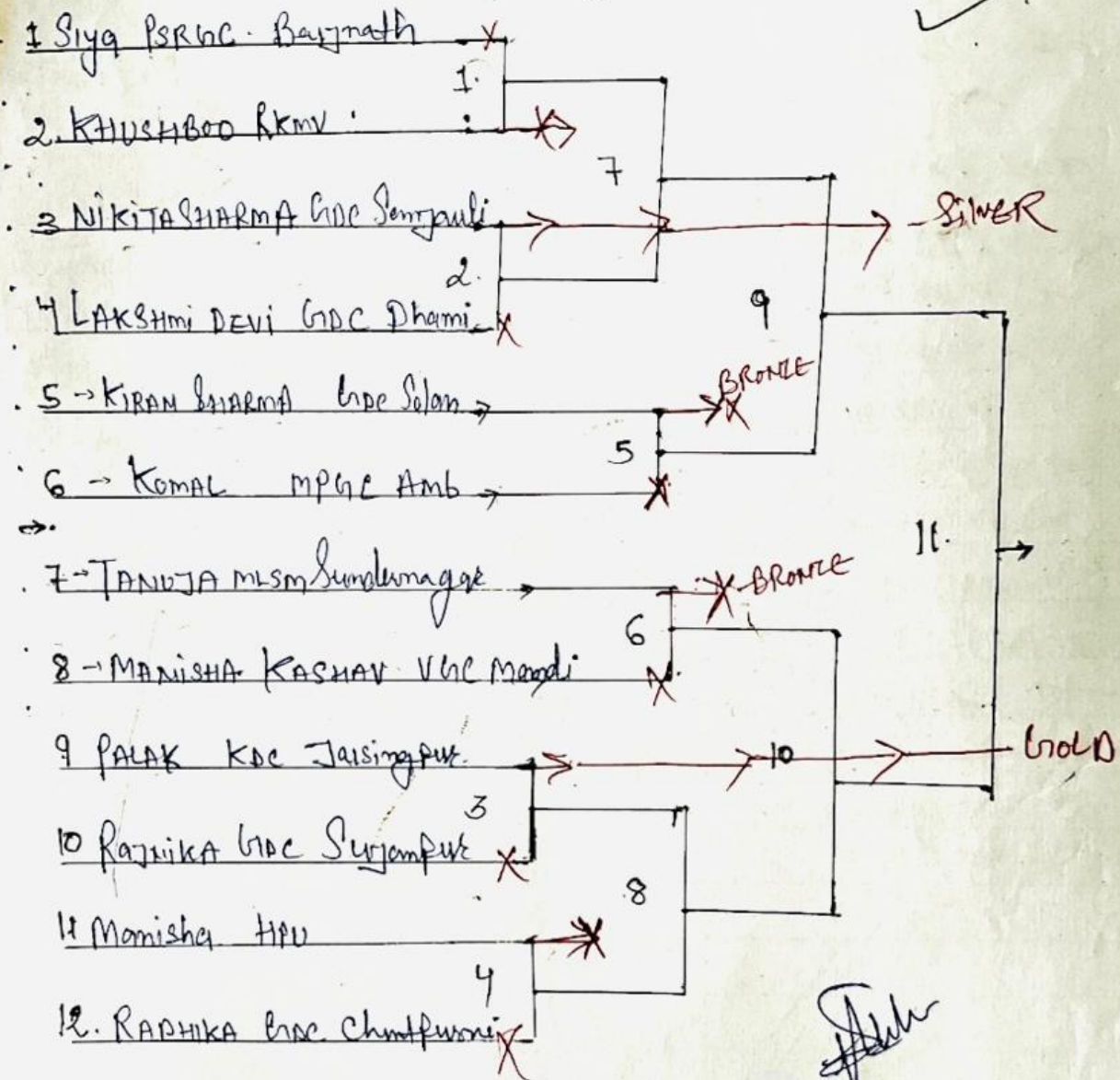
Technical Official:-

Organising Secretary:

Observer:

Fixture Sheet

H.P. University Inter College Taekwondo (Men & Women) Championship held at Maharana Pratap Govt.
College Amb Distt. Una (H.P.) w.e.f. 23rd October, 2024 to 24th October
Weight Category 453kg (Men/Women)



Positions

(I) Technical Official

(II)

Signatures

Technical Official:

Organising Secretary:

Observer:

Manikumar

Murthy

Dr. Neetu V.G.C. Mandi

Fixture Sheet

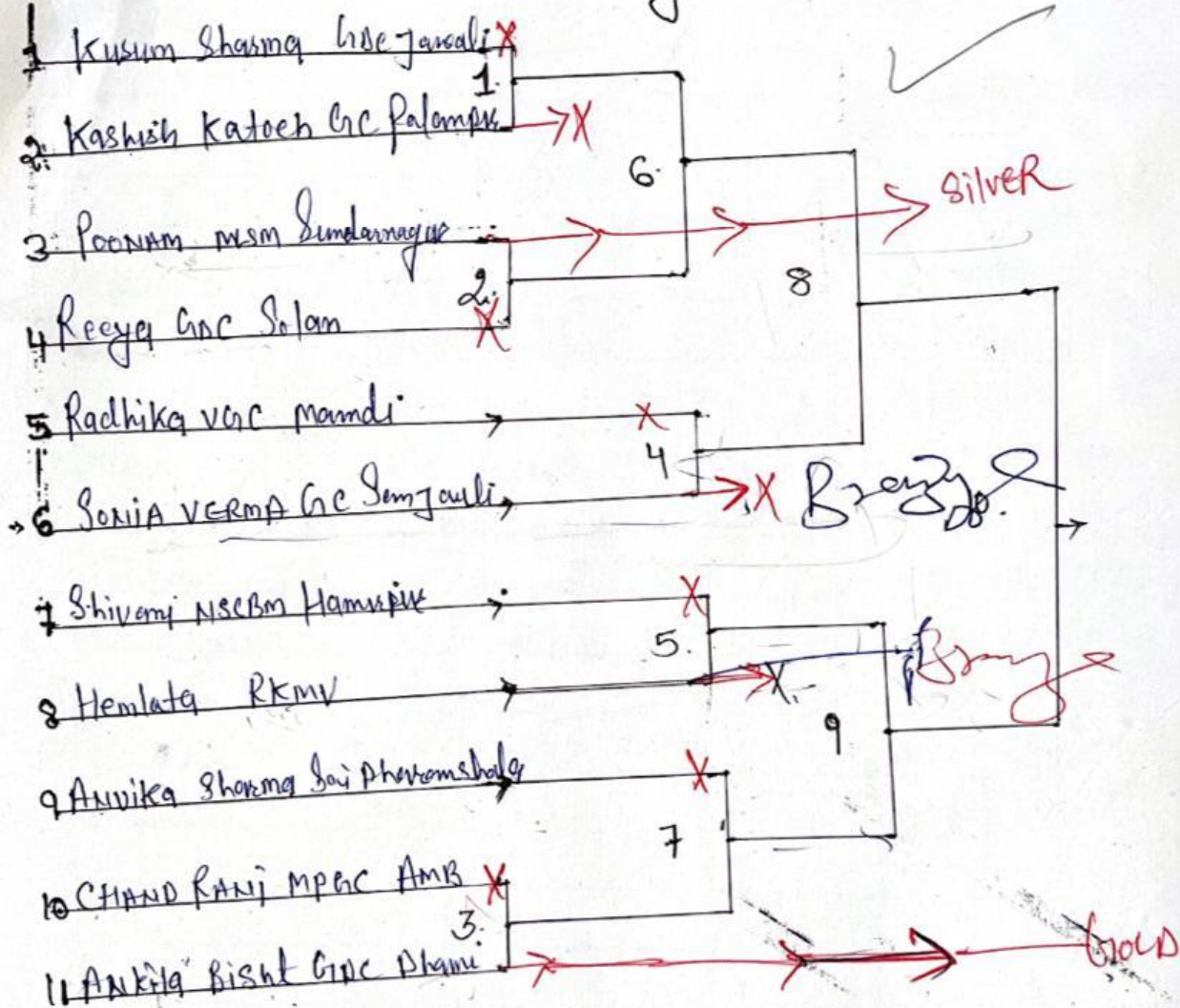
Weight Category U-57 kg (Men/Women)



Observer:

Fixture Sheet

H.P. University Inter College Taekwondo (Men & Women) Championship held at Maharana Pratap Govt.
College Amb Distt. Una (H.P.) w.e.f. 23rd October, 2024 to 24th October
Weight Category V- 62kg (Men/Women)



Positions

(I) ~~1~~

(II)

Signatures

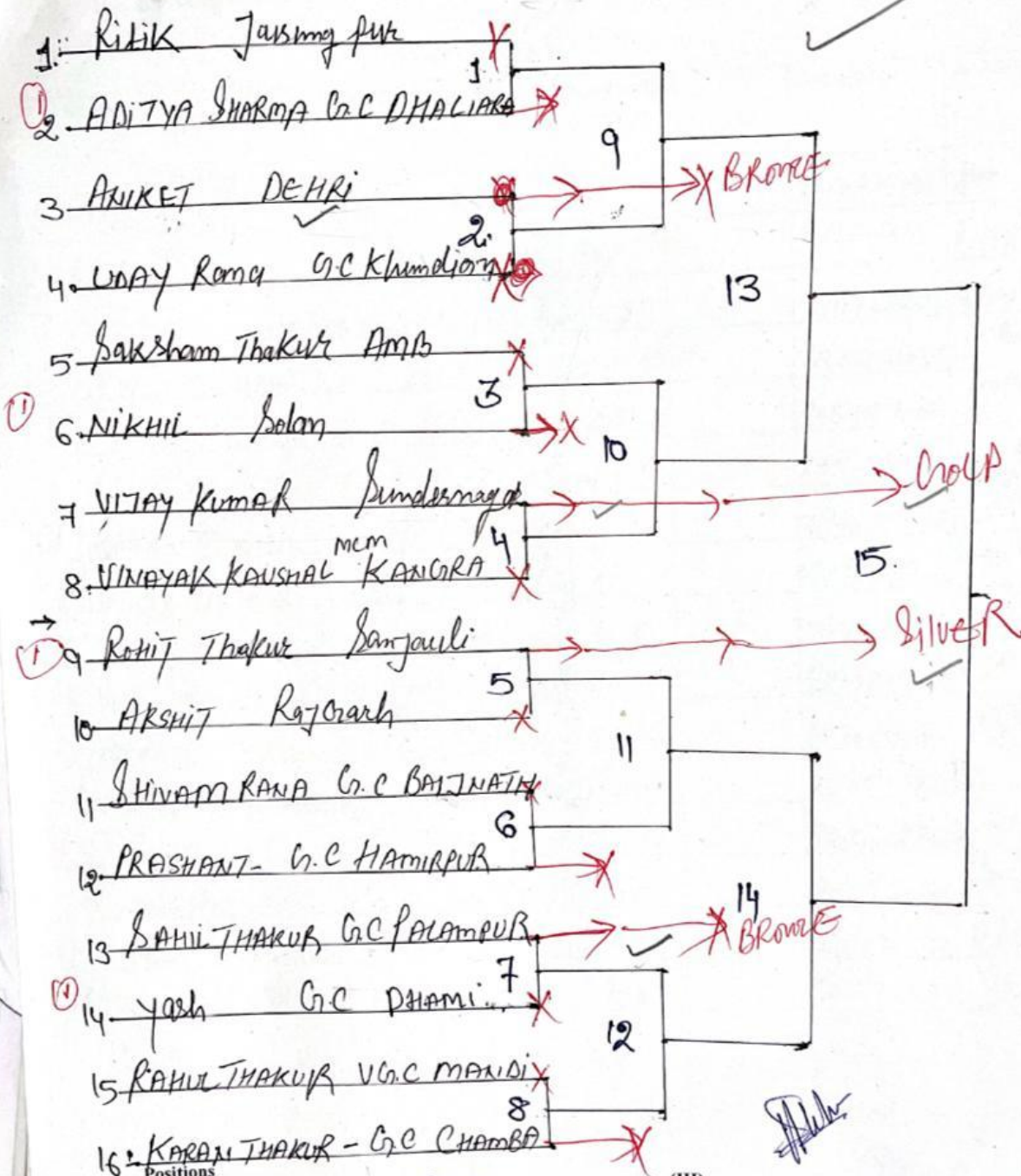
Technical Official:-

Organising Secretary:

Observer:

Fixture Sheet

H.P. University Inter College Taekwondo (Men & Women) Championship held at Maharana Pratap Govt. College Amb Distt. Una (H.P.) w.e.f. 23rd October, 2024 to 24th October
Weight Category 54 kg (Men/Women)



Positions
(I) Winner
(II)

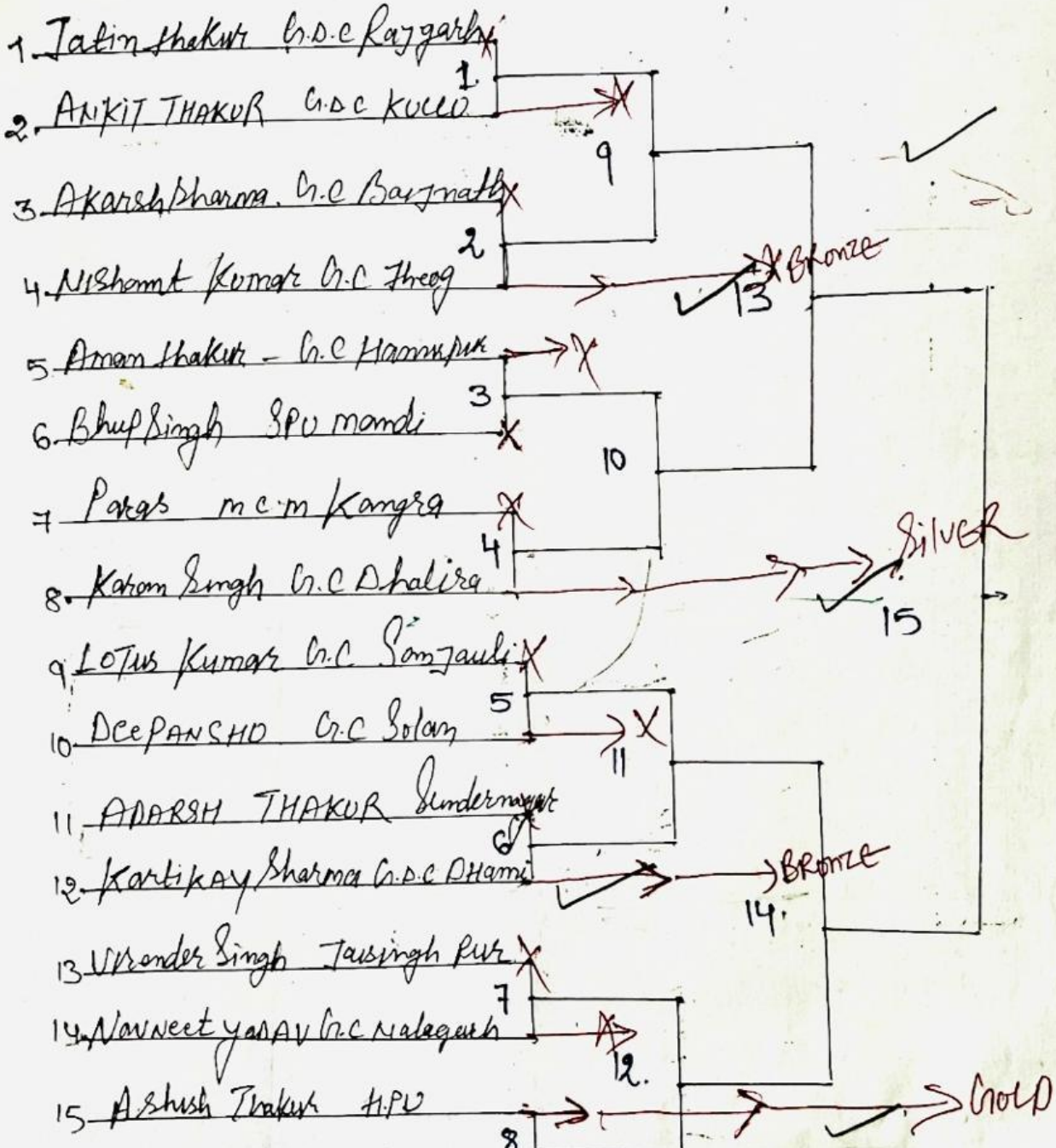
Signatures
Technical Official:-

(III)
(IV)
Organising Secretary:

Observer:

Fixture Sheet

H.P. University Inter College Taekwondo (Men & Women) Championship held at Maharana Pratap Govt.
College Amb Distt. Una (H.P.) w.e.f. 23rd October, 2024 to 24th October
Weight Category U-63 (Men/Women)



Positions

(I)
(II)

Signatures

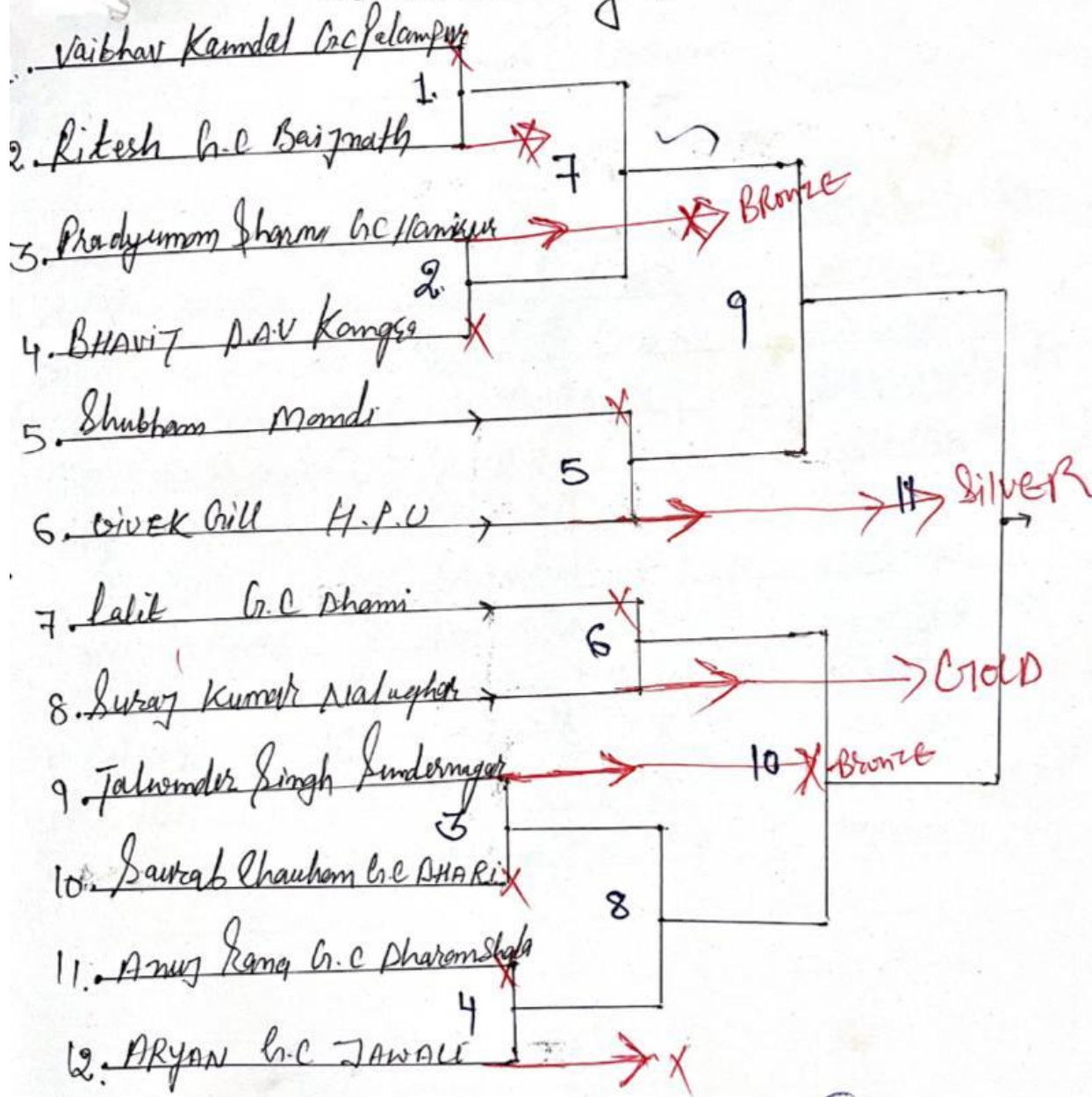
Technical Official:

Organising Secretary:

Observer:

Fixture Sheet

H.P. University Inter College Taekwondo (Men & Women) Championship held at Maharana Pratap Govt. College Amb Distt. Una (H.P.) w.e.f. 23rd October, 2024 to 24th October
Weight Category U-68 Kg (Men/Women)



Positions

(I)

(II)

Signatures

Technical Official:-

(III)

(IV)

Organising Secretary:

Observer:

HIMACHAL PRADESH UNIVERSITY SPORTS & CO-CURRICULAR ACTIVITIES COUNCIL SUMMER HILL SHIMLA-171005. ELIGIBILITY PERFORMA FOR INTER-COLLEGE CHAMPIONSHIP

Name of the Manager/ College Agent Incharge..... (Assistant Professor Physical Education),
Name of the Participating College, Institution, W.R.S. Govt. College Dehri, Session 2024-25

IMPORTANT NOTE: (1) This eligibility performa should be filled legibly neatly and correctly. Incorrect details of any single student, if detected or challenged and proved shall entail the disqualification of the whole team.
(2) Eligibility details as contain herein do not bar any unauthorized over-writing/cutting. The proper verification of the eligibility details is the responsibility of the Principal/Head of the Institution concerned.
(3) The Eligibility Performa be sent directly to the host college duly attested by the Principal/Concerned for checking the Eligibility of the Players by Observer.
(4) Students should being on attested copy of 10+2 exam and college Identity Card duly signed by the Principal at the venue of the Computation.

Sl. No.	Student Name	Father's Name	Mother's Name	Date of Birth	Date and year of Passing qualifying Examination for first admission to college (passing 10+2 or equivalent exam)	Name of exam	Date and year of Passing qualifying Examination for first admission to University (passing Graduate/course)	Date of exam	Present class Roll No.	Date & year of Admission	Class present	Number of years of previous Inter-College Participation while pursuing	Number of times already participated in the Inter-varsity	Signature of the students	* Aadhar No. (Mandatory)
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
1.	ANIKET	RAKESH SINGH	RAJ KIRAN	14-03-2006	10+2	2023	BA. 1 st	2024	23T1M003	2023	BA 2 nd	01	--	--	521685944807
2.	SOURAB CHOUDHARY	SUDARSHA N KUMAR	SEEMA DAVI	02-06-2006	10+2	2024	--	--	24PED021	2024	BA 1 st	0	--	--	231299533754
3	MEHAK CHOUDHARY	JAI PARKASH	PUSHPA DEVI	10-06-2006	10+2	2024	--	--	24PED006	2024	BA. 1 st	0	--	--	836257024295
4.	AKSHITA DEVI	BISHAMBE R DASS	SUSHMA RANI	14-12-2005	10+2	2023	BA. 1 st	2024	23PED009	2023	BA. 2 nd	01	--	--	880649756180

(1) Certified that the above listed students are bonafide full time and duly enrolled students of my college/institution following a University course of duration not less than one academic year.
(2) Certified that the above particulars are true as per record of the college/institution and eligibility of the above listed students has been verified and they are eligible according to H.P.U.S. & C.A.C. rules.
(3) Sports entry fee sent vide cheque No./draft No./No. _____ / deposited vide receipt No. _____

Signature
Asstt./Associate Professor
WRS Govt. College Dehri
Teh Fatehpur Distt. Kanpur
Pin. 176027

Principal
WRS Govt. College Dehri
Teh Fatehpur Distt. Kanpur
Pin. 176022

HIMACHAL PRADESH UNIVERSITY SPORTS & CO-CURRICULAR ACTIVITIES COUNCIL SUMMER HILL, SHIMLA-171005. ELIGIBILITY PERFORMA FOR INTER COLLEGE CHAMPIONSHIP

Name of the Championship: Taekwondo Section Men/Women (Men)

Name of the participating College/Institution: MCM DAV College, Kangra (H.P.)

Name of the Team Manager: Mr. Rajesh Kumar

IMPORTANT NOTE: (1). The eligibility Performa should be filled legibly neatly and correctly. Incorrect details of any single student, if detected or challenged and proved shall entail the disqualification of the whole team.
(2). Eligibility details as contain herein do not bar any unauthorized over-writing/cutting. The proper verification of the eligibility details is the responsibility of the Principal/Head of the institution concerned.
(3). The Performa must be submitted in duplicate in the office of the Director, Physical Education & Youth Programmes, Himachal Pradesh University, Shimla-5.
(4). Student should bring on attested copy of 10+2 exam and College Identity Card duly signed by the Principal at the Venue of the Competition.

Sr.No	Student Name	Father's Name	Mother's Name	Date of birth	University Regd. No.	Date & year of passing qualifying Examination for first admission to college (passing 10+2 or Equivalent Exam.)	Name of Exam	Date & Year	Date & year of passing qualifying Examination for first admission to University (passing Graduate Course)	Name of Exam	Date & Year	Present Class Roll No.	Date & year of first Admission	Class present Course	Graduate Course	P.G. Course	Number of years of previous inter-college participation while pursuing	Number of times already participated in the inter-University	Signature	Aadhar No
1.	2.	3.	4.	5.	6.	7.	8.	9.	10.	11.	12.	13.	14.	15.	16.	17.	18.	19.		
1	Divyansh Dogra	Manoj Kumar	Raksha Devi	16.08.2004	20220120	+2	2022			B.A-III	22PS040	2022	BA	-	-	-	-	-		24480611
2	Paras	Pawan Kumar	Praveen Kumari	06.06.2005	23-DCK-793	+2	2023			B.Sc.-II	23MT119	2023	B.Sc.	-	-	-	-	-		9935759
3	Atul Pathania	Rakesh Kumar	Rani Devi	19.05.2005	A/F	+2	2024			BHM-I	24HM017	2024	BHM	-	-	-	-	-		2409876
4	Eriavit	Karan Singh	Sandiz Devi	22.01.2005	23-DCK-396	+2	2023			B.Sc.-II	23PH067	2023	B.Sc.	-	-	-	-	-		7675827
5	Vinayak Kaushal	Sanjeev Kumar	Seema Kumari	15.02.2005	22-DCK-948	+2	2022			B.A-II	23HS095	2023	BA	-	-	-	-	-		504641

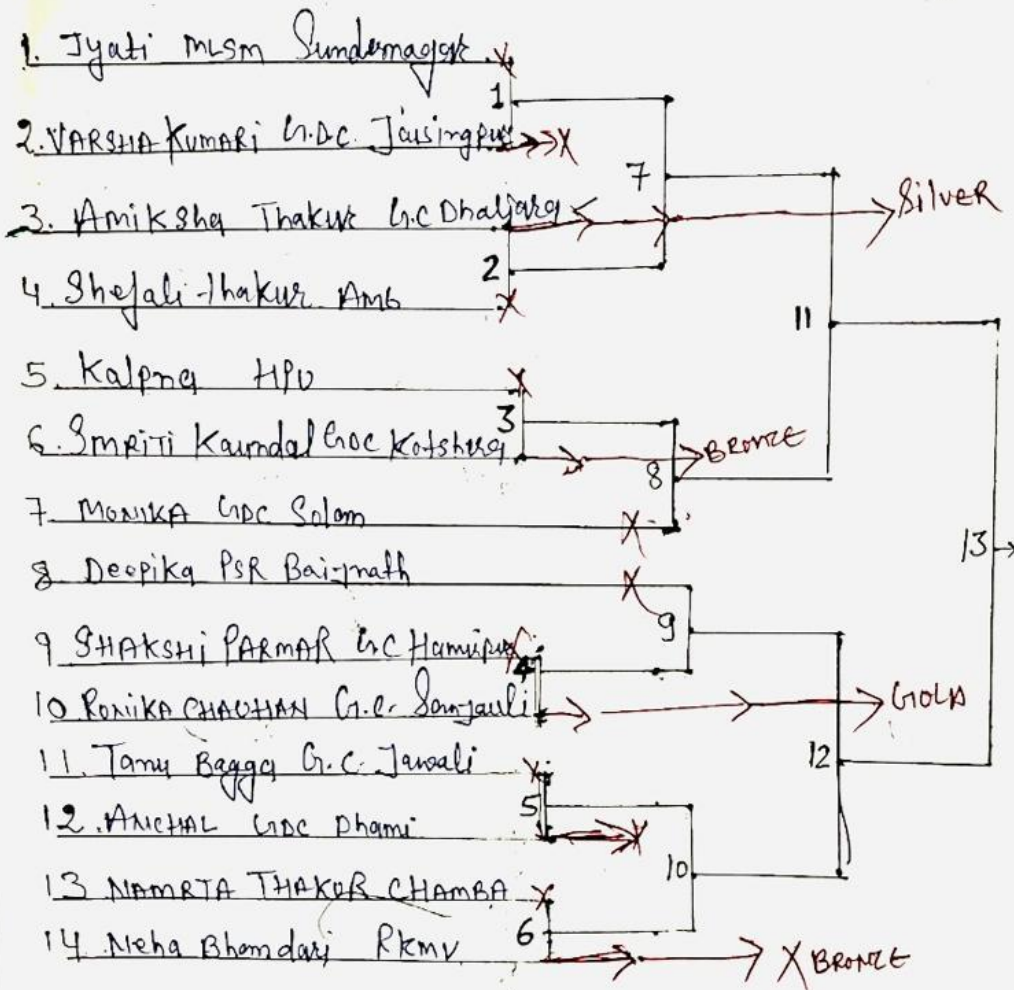
- (1). Certified that the above listed students are bonafide full time and duly enrolled students of my College/Institution following a University Course of duration not less than academic year.
(2). Certified that the above particulars are true as per record of the College/Institution and eligibility of the above listed students have been verified and they are eligible according to H.P.U.S. & C.A.C. rules.
(3). Sports entry Fee sent vide Cheque No./Draft No./Banker Cheque No. Dated/deposited vide receipt.

Signature of Asstt./Associate Prof./Incharge with seal

Principal, Himachal Pradesh University, Shimla

Fixture Sheet

H.P. University Inter College Taekwondo (Men & Women) Championship held at Maharana Pratap Govt.
College Amb Distt. Una (H.P.) w.e.f. 23rd October, 2024 to 24th October
Weight Category U-49 kg (Men/Women)



Positions

(I)

(II)

Signatures

Technical Official:-

Organising Secretary:

Observer:

(III)

(IV)

HIMACHAL PRADESH UNIVERSITY SPORTS & CO-CURRICULAR ACTIVITIES COUNCIL, SUMMER HILL, SHIMLA-171005. ELIGIBILITY PERFORMA FOR INTER-COLLEGE CHAMPIONSHIP

Supervisor: Dr. K. S. Sharma Section (Men/Women) Name of Participating College Institution: M. P. Govt. College, Una, Nalgunda Session: 2024-25

(1) This eligibility performa should be filled legibly neatly and correctly. Incorrect details of any single student, if detected or challenged and proved shall entail the disqualification of the whole team.

(2) The eligibility details as contained herein do not bar any unauthorized over-writing/cutting. The proper verification of the eligibility details is the responsibility of the Principal/Head of the Institution concerned.

(3) The Eligibility Performa is sent directly to the host college duly attested by the Principal/Head of the Institution concerned for checking the Eligibility of the Players by Observer.

Sl. No.	Student Name	Father's Name	Mother's Name	Birth	Date of Birth	Qualifying Examination for first admission to college (passing 10+2 or equivalent exam)	Date & year	University (passing Graduate course)	Date & year	Class present	College Admission	Date & year of First Admission	Number of years of previous Inter-College participation while pursuing	Number of times already participated in the Inter-varsity	Signature of the students	* Aadhar No (Mandatory)
1.	Moh. Ashim	MD. Irshad	Shabnam	13/01/2001	10+2	2022	-	-	-	22524	2022	BPE-1 st Sem.	01	-	<i>[Signature]</i>	98597416767
2.	Vijay Kumar	Sonal Sah	Champa Devi	17/02/2004	10+2	2022	-	-	-	22524	2022	BPE-1 st Sem.	02	01	<i>[Signature]</i>	9842353368
3.	Talwar Patel	Yashpal Singh	Rajkumari	04/05/2005	10+2	2022	-	-	-	22529	2022	BPE-1 st Sem.	02	-	<i>[Signature]</i>	98255879549
4.	Ardash Jyoti	Madan Lal	Savitri Devi	22/02/2002	10+2	2020	-	-	-	22538	2020	BPE-1 st Sem.	-	-	<i>[Signature]</i>	98307181944
5.	Akshay	Sai Kishan	Pooja Devi	27/02/2002	10+2	2019	-	-	-	24555	2024	BPE-1 st Sem.	-	-	<i>[Signature]</i>	27456796866
6.	Prash Kumar	Ketan Singh	Pooja Devi	11/08/2006	10+2	2025	-	-	-	25112	2025	BA 1 st Sem.	01	-	<i>[Signature]</i>	98714572757
7.	Shubham Singh	Singh Kumar	Virendra Devi	06/06/1991	10+2	2016	BA	2022	2025	25453	2025	BPE-1 st Sem.	03	02	<i>[Signature]</i>	9852235028
8.																
9.																
10.																
11.																
12.																
13.																
14.																
15.																
16.																
17.																
18.																

(1) Certified that the above listed students are bonafide full time and duly enrolled students of my college/institution following a University course of duration not less than one academic year.
(2) Certified that the above particulars are true as per record of the college/institution and they are eligible according to H.P.U.S. & C.A.C. rules.
(3) Sports entry fee sent value cheque No. dated deposited vide receipt No.

[Signature]
Principal
M. P. Govt. College, Una

[Signature]
Principal
M. P. Govt. College, Una



[Signature]
Convener IQAC

[Signature]
Principal
M. P. Govt. College, Amb
Distt. Una (H.P.)