

**Maharana Pratap Govt. Degree College Amb-177203**

**District Una HP**



**Co-Educational Institution**

**Affiliated to Himachal Pradesh University Shimla – 5**

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## **Self-Assessment Report SAR 2024-25**

**Criterion 2: Student Support, Services and Progression**

**Sub Criterion 2.16 College Magazine Published**



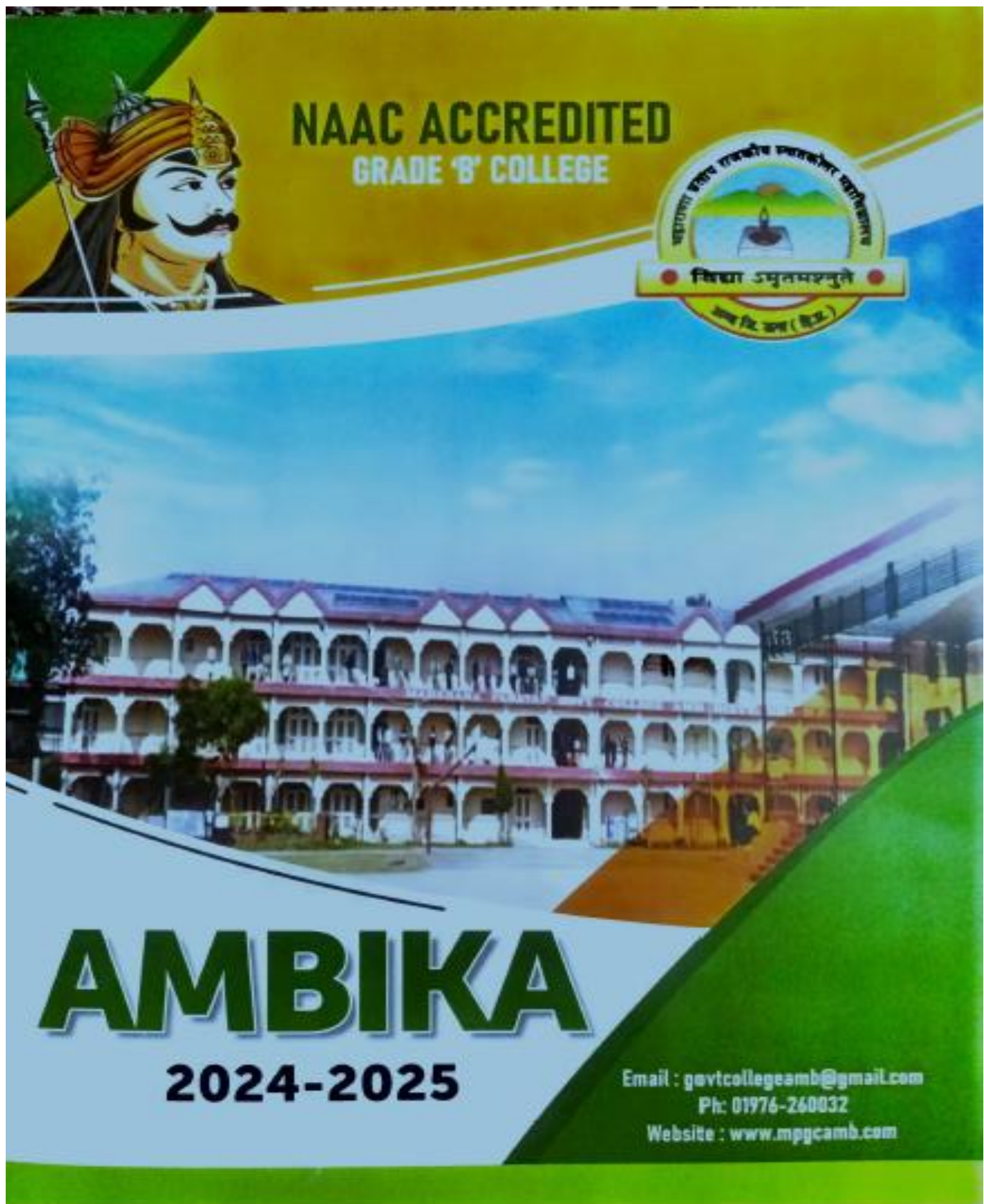
Maharana Pratap Govt. Degree College Amb

District Una (H.P.)-177203



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2.16: College Magazine Published: Yes







## Message from the *Principal*



Dear Students, Faculty, and Staff

It is with immense pride and a deep sense of honour that I extend my warmest greetings to all the readers of this new edition of our college magazine, Ambika. Each edition of this publication marks not just a tradition, but a celebration of the talent, passion, and creativity that thrive within the walls of our institution.

Ambika has always served as a vibrant platform for students to express themselves, explore their thoughts, and share their perspectives on a wide array of topics. Whether it is through poetry that touches the heart, articles that provoke thought, essays that showcase intellectual rigor, or stories that captivate the imagination, every contribution is a reflection of the diverse and dynamic spirit of our student community.

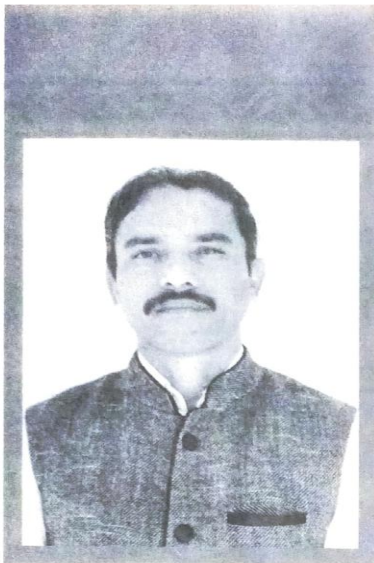
The magazine not only nurtures a culture of literary and artistic expression but also encourages students to challenge themselves and strive for excellence. These creative endeavours often serve as the stepping stones for higher aspirations, motivating others to participate, engage, and develop their own voices. It fosters a sense of community, collaboration, and healthy competition—an essential part of holistic education.

I would like to take this opportunity to convey my heartfelt congratulations to the entire editorial team, faculty coordinators, and especially the student contributors whose tireless efforts have brought this edition to life. Your commitment to excellence, attention to detail, and creative vision are truly commendable.

My sincere thanks also to the printing agency for their professionalism and timely support in ensuring the magazine reaches our readers in its finest form.

As you turn the pages of Ambika, I hope you find inspiration, joy, and a deeper connection to the vibrant life of our college. May this magazine continue to flourish as a beacon of student expression and academic enthusiasm in the years to come.

Warm regards,  
Jai Hind!  
Prof. Darshan Kumar Principal.



## Message from the *Chief Editor*



I am grateful to the administration of the college to provide me the opportunity to be the chief Editor of the magazine, Ambika for the current session.

I am thankful to all the staff editors, student editors and my worthy colleagues for their cooperation during the preparation of Ambika. I feel that the publication of the magazine every year provides an opportunity to all the creative students to bring forth their hidden talent in the shape of Poetry, Articles, Essays etc.

I convey my good wishes to all the readers for the publication of the annual edition of 'Ambika.' The creative works of all the students will surely benefit all the readers. My thanks to the printing Agency and all the associate staff for the printing of the magazine timely.

Sukh Dev  
Chief Editor





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# AMBIKA

MAHARANA PRATAP GOVT. COLLEGE  
AMB UNA (H.P.)

2024-25

ENGLISH SECTION



STAFF EDITOR  
DR. VANDNA KAUNDAL



STUDENT EDITOR  
NIDHI THAKUR  
23M.A.ENG001



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### Women's Safety in India

Women's safety in this country is a major concern and therefore should be talked about as much as possible. She is strong, she is worshiped in this country. She is a mother, she is a sister, a grandmother and a wife. She plays many roles and yet, she is not safe. She lives in terror and fear. She is scared to go from her house to a shop nearby at night. Women's safety is a big concern that must be addressed in a country that has been known for worshipping goddesses like The Durga, Laxmi and the Kali. We clearly need to start worrying about the issue of how unsafe women have become in country. Women of all ages are currently facing some sort of crime against their rights and are suffering in the worst ways. The more we keep letting things like these happen, the more they will continue to grow. We need to make sure that the safety of the women in our country is something that we talk about all the time. Only when we plan on making the most regular everyday activities for the women in our country safe, will we be able to call ourselves a successful nation.

Name Nidhi Thakur  
Roll No. 23MAENG001

### Teamwork

Teamwork is working together of people to achieve a certain goal. Teamwork is the basic need for an organization to function. Every organization has a division of several teams to perform specific tasks. Without teamwork nothing is possible. Individuals have their own set of skills and strengths. When the whole team works as a unit, everyone has an opportunity to learn from each other. This process leads to resource building and enable the team to become better equipped to deal with new challenges. Teamwork can improve efficiency and productivity.

Name :- Prachi Sandal  
Roll No. :- 24BCM01

### Artificial Intelligence

With the advent of chat GPT, Google Board, Midjourney and canva's magic features, Artificial Intelligence (AI) is quickly becoming an integral part of our everyday lives, transforming industries and reshaping the way we work, learn and communicate. This rapid technological advancement highlights the importance of incorporating AI education into the curriculum not only to ensure that all student are well- equipped for their academic futures but also workforce development. AI has the potential to revolutionized the education sector by enhancing learning experiences, supporting teachers and offering more personalized learning opportunities for students. We must equip teachers with the knowledge and strategies, they will need to use this new technology to improve and streamline everyday process as well as classroom implementation. AI - Powered virtual tutors can provide round- the clock support to students, while customized learning solutions can improve students with special needs to reach their full potential. More over, AI is transforming the job



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# अम्बिका

महाराणा प्रताप राजकीय महाविद्यालय  
अम्ब, जिला रुना (हि० प्र०)

2024-25

हिन्दी अनुभाग



प्राध्यापक सम्पादिका  
डॉ० कुमारी सुजाता



छात्र सम्पादिका  
नवल जस्सी  
बी० ए० तृतीय वर्ष





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### सम्पादिका की कल्पना से

प्रिय साथियों,

महाविद्यालय की पत्रिका अधिवक्ता के हिन्दी अनुभाग की छात्रा - सम्पादिका का कल्पना इस बार मुझे सौंपा गया है। मैं आभारी हूँ हिन्दी की प्राध्यापिका डॉ० सुनता का, शिक्षकों के मार्गदर्शन एवं पियों के सुझावों ने मुझे इस कठिन कार्य को सरल बनाने में मदद की है। रचनाओं में "मौलिकता" को सबसे बड़ी चुनौती रहती है इसलिए प्रामाणिकता, गुणवत्ता तथा सृजनशीलता को अभिव्यक्त करने वाली रचनाओं एवं प्रेरक प्रसंगों को प्रकाश में लाने का प्रयास इस पत्रिका में किया गया है। विद्यार्थी चिंतन, मनन और अध्ययन करने के बाद यदि लेखन करें, तभी पत्रिका की सार्थकता होगी। इन्हें प्रश्नों और घण्टाघर कठमनाओं के साथ प्रस्तुत है अधिवक्ता का 2024-2025 का हिन्दी अनुभाग।

छात्रा सम्पादिका ( हिन्दी अनुभाग )

नाम जयन्त ज्ञवाही

कक्षा बी,ए, तृतीय वर्ष

अनुक्रमांक 22HIN045

### कितना सुंदर लिखा है किसी ने

प्यास लगी थी गजब की.....मगर पानी में जहर था.....पीते तो मर जाते और ना पीते तो भी मर जाते.....बस यही दो समस्याएँ, जिंदगीभर ना हल हुए !!

ना बींद पूरी हुई, ना ख्वाब मुकम्मल हुए !!

बक्स ने कहा.....काश थोड़ा और सब होता !!

सब ने कहा.....काश थोड़ा और बक्स होता !!

शिकायते तो बहुत हैं तुझसे ऐ जिंदगी, पर चुप

इसलिये हूँ कि, जो दिया तुने, वो भी बहुतों को नसीब नहीं होता.....

नाम साहसी

कक्षा बी,ए, तृतीय वर्ष

रोल 21HIN009

### गिरना भी अच्छा है

गिरना भी अच्छा है,

औकाल का पता चलता है

बहुते हैं जब हाथ उठाने को

अपनों का पता चलता है।

जिन्हें गुस्सा आता है

वो लोग सच्चे होते हैं

मैंने झूठों को अक्सर

मुस्कुराने हुए देखा है

सीख रहा हूँ मैं भी,

मनुष्यों को पढ़ने का हुनर,

मुना है चेहरे पर.....

किताबों से ज्यादा लिखा होता है।

नाम सुनीती

अनुक्रमांक 22ZOO003

### एक किताब लिखूंगी.....

मैंने सोचा था एक किताब लिखूंगी,

जिसमें दर्द बेहिसाब लिखूंगी,





### विश्वास रख खुद पर

जब दृढ़ सपना यूँ अक्सर बिखरता  
दिखाई पड़ता है ।  
तब अपने और घराएँ वाला भेद दिखाई पड़ता है ।  
बस बढ़लता इन बातों को  
ध्यान जरा रख लेना तुम  
एकजित कर सारी ऊर्जा हर काम साझा कर लेना तुम ।  
नाममकिन को मुमकिन करना,  
माना आसान नहीं होता,  
पर मानों नहीं समस्या कोई  
जिसका समाधान नहीं होता ।  
बचपन से सीखा करते हो  
कोशिश करने वालों की हार नहीं होती,  
कुछ बस भले लग जाए पर  
कोशिश होती बेकार नहीं ।  
बेहतर कल के लिए जरूरत  
प्रतिफल कडे प्रयास की,  
मन के हारे हार है मित्रों मन  
के जीते जीत भी है ।

नाम अरितिका शर्मा  
अनुक्रमांक 22BCM000

### जीवन की राह

जीवन की राहें कभी आसान नहीं होती  
कभी दुख, कभी खुशी, कभी सियाही सी होती ।  
जो खुद पर विश्वास रखता है,  
उसकी भोजिल कभी दूर नहीं होती ।  
हर कदम पर मिलती है कोई नई चुनौती,  
पर उसे पार करना ही है असली जिम्मेदारी,  
हार से डरना नहीं, उसे अपनाओ,  
जिंदगी से जुड़ी हर बात को समझाओ ।  
हर कठिनाई का हल होता है  
बस सही दिशा में कदम बढ़ाओ ।

नाम विनय कुमार  
अनुक्रमांक 22BBA05



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# AMBIKA

MAHARANA PRATAP GOVT. COLLEGE  
AMB UNA (H.P.)

2024-25

COMPUTER SECTION



STAFF EDITOR  
PROF. ANIL VERMA



STUDENT EDITOR  
DEEPIKA DADWAL  
22BCS039





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### Communication is the Key: Sharpen Your Skills with Oral Talk Language Lab

In today's competitive world, knowledge alone is not enough. Whether you're a student of Arts, Science, Commerce, Business, or Computer Applications, your ability to communicate effectively can make all the difference in academic success, job interviews, group discussions, presentations, and professional life. Communication skills are no longer optional—they are essential.

#### Why Communication Skills Matter

Communication is more than just speaking English. It includes listening actively, expressing ideas clearly, writing professionally, and interacting confidently. Here's how communication impacts different streams:

- BA Students need excellent verbal and written communication for essays, debates, and public speaking.
- BSc Students must explain scientific findings in reports and presentations.
- B.Com. and BBA Students require persuasive skills for marketing, sales, finance discussions, and teamwork.
- BCA Students need to communicate technical ideas and work in collaborative development environments.

No matter your field, communication builds your confidence, improves your interpersonal relationships, and enhances your employability.

#### Introducing Oral Talk Language Lab

To support students in mastering communication, our college proudly hosts the Oral Talk Language Lab—a state-of-the-art software-based solution designed to improve English language and communication skills through interactive learning.

#### What is Oral Talk Language Lab?

Oral Talk is a modern, digital language learning software that uses audio-visual content, AI-based pronunciation correction, interactive exercises, and voice recording features to help learners at all levels.

#### Key Features:

- Listening Comprehension:** Practice understanding spoken English from different accents and contexts.
- Speaking Practice:** Record your voice, compare with native speakers, and get real-time feedback.
- Reading and Writing Modules:** Improve vocabulary, grammar, sentence formation, and writing style.
- AI-Powered Pronunciation Trainer:** Corrects your pronunciation, intonation, and fluency.
- Progress Tracking:** Monitors your improvement over time and adapts lessons accordingly.

#### How It Helps You

- Overcome Stage Fear:** Practice group discussions and speeches in a virtual environment.
- Crack Interviews:** Learn how to introduce yourself confidently and answer common interview questions.
- Present Ideas Effectively:** Improve your presentation and storytelling abilities.
- Enhance Listening Skills:** Essential for understanding lectures, webinars, and professional communication.

#### Available Right Here in Your College!

We are proud to share that Maharana Pratap Government Degree College, Amb has established a fully functional Oral Talk Language Lab on campus. All students BA, BSc, B.Com., BBA, and BCA are encouraged to make use of this excellent facility.

You can schedule your sessions, take guided practice modules, and work on your communication skills with the support of trained faculty and the latest AI-enabled software.

#### Final Word

The ability to speak clearly, listen actively, and write correctly is a skill that will open doors academically and professionally. Make the most of this opportunity. Whether you're preparing for higher studies, placements, or





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# AMBIKA

MAHARANA PRATAP GOVT. COLLEGE  
AMB UNA (H.P.)

**2024-25**

**MANAGEMENT  
SECTION**



STAFF EDITOR  
PROF. REKHA RANI



STUDENT EDITOR  
ANKITA  
BBA 6TH SEM.





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## COMPETENCY-MAPPING A TOOL FOR ORGANISATIONAL EXCELLENCE

Competency Mapping is a vital strategic-tool used by organizations to enhance employee performance, align workforce capabilities with business objectives, and drive overall organizational excellence. It involves identifying, defining and analyzing the core competencies that are essential for success in specific roles and, aligning them with the strategic roles and goals of the organization.

Competencies are often categorized into the technical, behavioral and leadership skills, covering the knowledge, Abilities and Attitude Required To Perform a Job Effectively. Through Competency Mapping, organizations can establish clear performance kind standards, create structural career development paths, And design the targeted training programs. Through Competency Mapping, Organizations establish Uninterrupted activities.

This process enable businesses to Ensure That The RIGHT PEOPLE With The RIGHT SKILLS are Placed in the RIGHT ROLES, Optimizing Both Individual and Organizational Productivity.

Moreover, Competency Mapping is Crucial in Various Aspect of the management such as:

- \* In recruitment, as it helps in Selecting Candidates Whose Skills and Attributes Closely align with Requirements of the Position.
- \* In Employee Retention, by Fostering a Culture of Growth, Where The employees understand their career and have acces to Tools For Their continuous Development.
- \* For HR Managers, it serves as a foundation for performance Evaluations, helping to make them more objective and linked to Measurable Competencies.

Additionally, Competency mapping is instrumental in organizational change management , as it identifies Potential Gaps in Skills During Transitions and helps Develop Strategies to Develop Them.

Name :- ANKITA  
Roll No. 22BBA027

## TALENT ACQUISITION AND RETENTION STRATEGIES

Talent Acquisition and Retention are Critical Components of Organizational Success, requiring a Strategic approach to Attract, develop and Retain top Talent Acquisition in Competitive markets. Effective Talent Acquisition Begins with Building a Strong Employer Brand, Show casing the Organization as desirable Workplace Through Positive Employee Experiences Diversity and Career Development Opportunities. Leveraging TECHNOLOGY such AI Driven Recruitment tools and Social Media Platform helps Organizations target and Engage Skilled candidates Efficiently. Equally important is creating a Seamless onboarding Process to integrate new hires and align them with organizational values and goals. Retention strategies focus on fostering a supportive and engaging work environment through competitive compensation, recognition programs and opportunities for professional growth providing training , upskilling and clear career progression





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# AMBIKA

MAHARANA PRATAP GOVT. COLLEGE  
AMB UNA (H.P.)

2024-25

PLANNING FORUM



STAFF EDITOR  
PROF JAMEET KUMAR



STUDENT EDITOR  
ANJALI KUMAR  
M.COM 4TH SEM.



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### REGIONAL ECONOMIC INTEGRATION

Regional Economic integration can best be defined as an agreement between group of countries in geographic region, to reduce and Ultimately remove tariffs and non- tariff barriers to free flow Of goods, services, and factor of production between each other →

Advantages of Economic Integration :-

1. Trade benefits
2. Employment and Political cooperation. Levels of Regional Economic Integrations-1 preferential Trading Area → Also known as Economic Cooperation. → Reduces the tariffs among the member countries.
2. Free Trade Area → Eliminate the tariffs among the member countries.
3. Custom Union → Common external tariffs.
4. Common market → Free movement of factor of production.
5. Economic Union → Common Currency, harmonized tax and monetary policies.
6. Political Union. Highest level of integration →

Regional Trade Agreements :-

(i) European Union (EU) → Established - 1993 → (Under Maastricht Treaty)

→ Headquarter - Brussels (Belgium) → Members

-27 Countries (After Brexit 2020) Last entered member country (2013) (Croatia)

1951-52-(Treaty of Paris) → EU Steel Commission

1957-(Treaty of Rome) → EU (common Market)

1985-(Schengen Agreement) → (Travel Visa)

1993-(EU Maastricht Treaty) → Netherland.

1999-EU Monetary → Euro launched for international trade.

(ii) Association of southeast Asian nations (ASEAN)-

Established- 8 Aug. 1967 in Bangkok, Thailand. Headquarter- Indonesia Jakarta.

Members- 10 member states

\* The Motto of ASEAN is " One Vision, one identity, one community.

\* India is the part of ASEAN+6 countries.

(iii) South Asian association for regional cooperation (SAARC).

Established- 8 December, 1985 in Dhaka( Bangladesh )

Headquarter- Kathmandu , Nepal

Members- 8 member countries (including India ).

Objectives - 1. To promote the welfare of the people of South Asia and improve their quality of life.

2. To accelerate economic growth, social progress and cultural development.

\* Areas of cooperation - HRD Tourism, agriculture & rural development, economic trade and finance, education, security & culture.

Name:- Anjali Kumari.

Roll No.23MCOM026.



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# अम्बिका

महाराणा प्रताप राजकीय महाविद्यालय  
अम्ब, जिला ऊना (हि० प्र०)

2024-25

संस्कृत अनुभाग



प्राध्यापक सम्पादक  
डॉ० अजय शर्मा



छात्र सम्पादिका  
विशारदा शर्मा  
बी० ए० तृतीय वर्ष





### अनुक्रमणिका

| क्रमांक | विषय                                             | विद्यार्थी का नाम |
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| 3       | आचार्य जीवनस्य परिवर्तनकर्ता                     | विशारदा शर्मा     |
| 4       | प्रकृति:                                         | युक्ति देवी       |
| 5       | डॉ० ए० पी० जे० अब्दुल कलाम् शिक्षायाः परिवर्तनम् | शिवानी            |
| 6       | सर्वेभ्यः शिक्षिकाभ्यः शिक्षकेभ्यः च समर्पितम्   | यास्मीन           |
| 7       | संस्कृतभाषायाः महत्त्वम्                         | पायल चौधरी        |
| 8       | जीवने जलस्य महत्त्वम्                            | कोमल              |
| 9       | पर्यावरणम्                                       | प्रियंका          |
| 10.     | दूरदर्शनस्य लाभः नष्टाः च                        | दिव्या सूद        |
| 11      | वसुधैव कुटुम्बकम्                                | दिशा गौतम         |



### सम्पादिका की कलम से -

प्रिय साधियों,

महाविद्यालय की पत्रिका अम्बिका के संस्कृत अनुभाग की छात्रा सम्पादिका का कार्य मुझे सौंपा गया है। मैं आभारी हूँ संस्कृत के प्राध्यापक डा० अजय शर्मा के मार्गदर्शन एवं मित्रों के सुझावों ने मुझे इस कठिन कार्य को सरल बनाने में मदद की है। रचनाओं में मौलिकता की खबर बड़ी चुनौती है। इसलिए मौलिकता, गुणात्मकता तथा सृजनात्मकता को अभिव्यक्त करने वाली रचनाओं एवं प्रेरक प्रसंगों को यथावत स्थान देने का प्रयास किया गया है। विद्यार्थी चिंतन, मनन और अध्ययन करने के बाद यदि लेखन करें, तभी पत्रिका की सार्थकता होगी। इन्हीं शब्दों और मंगलमय कामनाओं के साथ प्रस्तुत है महाविद्यालय की पत्रिका अम्बिका का 2024-25 का संस्कृत अनुभाग।

छात्रा संपादिका (संस्कृत अनुभाग)

नाम विशारदा शर्मा

कक्षा बी.ए. तृतीय वर्ष

अनुक्रमांक 22HIS084

### योगस्य महत्त्वम्

योगः अस्माकं सर्वेषां कृते अतीव लाभप्रदः अस्ति ।  
योगः एकः प्रकारः प्राचीनः अभ्यासः अस्ति ।  
योगं कृत्वा शरीरं स्वस्थं भवति ।  
योगेन अनेके रोगाः चिकित्सिताः ।  
योगः मनसः शरीरस्य च कृते अतीव लाभप्रदः अस्ति ।  
योगं कुर्वन् सर्वः रोगाभ्यां दूरं तिष्ठति ।  
योगेन शरीरं योग्यं वपलं च भवति ।  
योगः अस्माकं मनः चिन्ताभ्यः मुक्तौ अपि सहायकः भवति ।  
योगः सर्वेषां बालकानां प्रौढानां च कृते अतीव लाभप्रदः अस्ति ।

नाम कोमल

कक्षा बी.ए. तृतीय वर्ष

रोल 22HIS078

### आचार्यः जीवनस्य परिवर्तनकर्ता

आचार्यस्य महत्त्वं केवलं परस्वस्य शिक्षकेन न निर्धारितं अस्ति, अपितु तस्य जीवनस्य हरिणेण दीप्त्या पिश्याणां अन्तःकरणं आलोकयन् भवति । आचार्यः स एव यो विशयस्य हृदयम् स्पृष्ट्वा, तस्मिन् ज्ञानसंपदा, नेतिकता, आत्मविश्वासं च निर्माति । सः केवलं पाठान् न सिध्यति, अपितु विशयस्य आत्मान् चिन्तयितुम्, संपन्नानां पथं परिश्रमयितुम्, तदा जीवनस्य अर्थं सङ्ग्राह्यं प्रेरयति ।

यथा उपनिषद्देशु कथितम्—

विद्यया अमृतमणुते

अर्थात् विद्यायां मनुष्यः अमृतत्वं प्राप्नुते, आचार्यः

सः सेतुर्भवति यः विशयं तस्मै मार्गं प्रेरयति ।

गुरुवः सः न केवलं पुस्तकमधिष्ठितं ज्ञानं प्रदत्ते अपितु विशयस्य अन्तरात्मनि दीपः प्रज्वालयति । यथा





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**2024-25**

**SCIENCE SECTION**



**STAFF EDITOR**  
**DR. SHRUTI KUMARI**



**STUDENT EDITOR**  
**ANCHAL BHOGAL**  
**B.SC. 3RD YEAR**



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eye. Then the tear drain into puncta, tiny holes in the corners of the your upper and lower eyelids.

- # Basal tears- lubricate and protect the cornea and kept dirt and debris away.
- # Reflex tears wash away harmful irritants like smoke, foreign bodies or onion fumes.
- # Emotional tears- produce in response to strong feeling like joy, sadness or fear. Some scientists have proposed that emotional tears contain additional hormones and protein, not present in the basal or reflex tears.

Is crying good for you?

Tears are a part of healing. It allows you to express pain and emotions regulates emotions and calms you down. It helps other understand that you need support and sometimes you just need a good cry even if you do not know the reason why you are, crying.

Name:- Payal Goswami.

Class : B.Sc 3rd year

### CURIOUS MINDS NAMED IT SCIENCE.

From the universe to the atom,  
From Magnetic field, to the Phantom,  
and the waves of the sea  
Its all physics that you see!  
In this matter its never few,  
every time you dive in, you come up with something new!  
Cosmetics, Perfumes and protein for ABS.  
every product is created in chemistry labs!  
On the Canvas, is it a green art?  
It is obviously an autotrophic plant!  
From a cell to human psychology  
every creation happens due to biology!  
This what would not be possible without maths!  
Probably, it led us to the lost paths,  
every possible subject holds numbers and calculations,  
I pay mathematicians my respectful salutations!  
The thermodynamic laws and Archimedes's principal  
From Einstein's relativity to Sir Newton's Apple;  
From the creation of world, to the destruction of lives,  
Curious minds invented it and named it science.

Name: Anchal Bhogal

Class: B.Sc. 3rd year



## SPORTS ACHIEVEMENTS 2024 -25



Our College Cross-Country (Women) team receiving overall 2nd Runner-up Trophy from District H.P. Sports, Dr. Sanjay Sharma during IPU Inter College Cross Country (Women) Championship held at Govt. College Karipur, Manali, held on 27<sup>th</sup> Sept, 2024.



Our College organised IPU Inter College Basketball (M/W) Championship on 23rd to 24th Oct. 2024



International Day of Yoga Celebrations



International of Volleyball



International of Chess



Sanjana Devi of B.Sc. 3rd Year Dist. 5th Position in the IPU Merit.



Prisha Devi of BA 3rd Year Dist. 4th Position in the IPU Merit.





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**NON TEACHING STAFF**

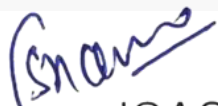


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